

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
JURUSAN KEBIDANAN
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2025
NATASYAH NABILAH PUTRI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.P DI PMB DARLIANA
KOTA PEKANBARU TAHUN 2025**

xi + 133 halaman , 8 tabel , 11 lampiran

ABSTRAK

Dalam upaya percepatan penurunan AKI untuk mencapai target *Sustainable Development Goals* (SDGs) yaitu sebesar 70 per 100.000 kelahiran hidup pada tahun 2030. Salah satu upaya yang dilakukan yaitu dengan menerapkan model asuhan kebidanan yang komprehensif dan berkelanjutan atau *Continuity of Midwifery Care* (CoMC). Asuhan komprehensif ini dilakukan untuk mendeteksi dini dan mencegah komplikasi pada masa kehamilan, persalinan, nifas dan neonatus. Asuhan secara menyeluruh dan berkesinambungan pada Ny. P usia 20 tahun diberikan di PMB Darliana Kota Pekanbaru dari bulan Januari 2025 - Maret 2025. Pada masa kehamilan dilakukan sebanyak 3 kali kunjungan, nifas 4 kali kunjungan, neonatus 3 kali kunjungan. Keluhan yang dialami selama trimester 3 oleh Ny. P adalah nyeri perut bagian bawah dan diatasi dengan diberikan asuhan dan diajarkan senam hamil sehingga keluhan dapat diatasi. Asuhan persalinan sesuai dengan Asuhan Persalinan Normal (APN) dan memberikan asuhan *birth ball* untuk mempercepat kemajuan persalinan dan teknik relaksasi untuk mengurangi rasa nyeri. Bayi lahir spontan dengan BB: 2600 gram dan PB: 48 cm, kontraksi baik, plasenta lahir lengkap, ada laserasi jalan lahir. Asuhan nifas selama 42 hari berjalan normal, dilakukan asuhan teknik menyusui, pijat oksitosin dan perencanaan keluarga berencana, sehingga ASI lancar dan ibu berencana menggunakan metode KB suntik 3 bulan. Pada kunjungan neonatus dilakukan pijat bayi, edukasi ASI Eksklusif dan on-demand, bayi menyusu kuat, ASI lancar serta terjadi peningkatan berat badan bayi sebanyak 200 gram. Diharapkan tenaga kesehatan khususnya bidan dapat meningkatkan asuhan kebidanan sesuai standar kebidanan serta meningkatkan kualitas pelayanan kebidanan komprehensif.

Kata Kunci : Asuhan kebidanan komprehensif, kehamilan, persalinan, nifas, neonatus.

Referensi : 75 Referensi (2015-2024)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
DEPARTMENT OF MIDWIFERY
DIPLOMA III MIDWIFERY**

**STUDY PROGRAM FINAL REPORT, JUNE 2025
NATASYAH NABILAH PUTRI**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. P AT DARLIANA
MIDWIFERY CLINIC PEKANBARU CITY, 2025**

X + 133 pages, 8 tables, 11 appendices

ABSTRACT

In an effort to accelerate the reduction of the Maternal Mortality Rate (MMR) and achieve the *Sustainable Development Goals* (SDGs) target of 70 per 100,000 live births by 2030, one of the strategies implemented is the application of a comprehensive and continuous midwifery care model, known as *Continuity of Midwifery Care* (CoMC). This comprehensive care is carried out to enable early detection and prevention of complications during pregnancy, childbirth, postpartum, and the neonatal period. Comprehensive and continuous midwifery care was provided to Mrs. P, aged 20 years, at PMB Darliana, Pekanbaru City, from January to March 2025. The antenatal care consisted of three visits, postpartum care four visits, and neonatal care three visits. During the third trimester, Mrs. P experienced lower abdominal pain, which was managed through midwifery care and pregnancy exercise education. Labor was managed according to the Normal Delivery Care (APN) guidelines and included *birth ball* use to accelerate labor progression and relaxation techniques to reduce labor pain. The baby was born spontaneously with a birth weight of 2600 grams and a body length of 48 c, uterine contractions were effective, the placenta was delivered completely, and a perineal laceration was noted. During the postpartum visits, breastfeeding techniques, oxytocin massage, and family planning counseling were provided. Breast milk production was smooth, and the mother planned to use a 3-month injectable contraceptive method. Neonatal care included infant massage and education on exclusive and on-demand breastfeeding. The baby showed strong suckling reflexes, adequate milk intake, and a weight gain of 200 grams. It is expected that healthcare professionals, especially midwives, will continue to improve midwifery care in accordance with professional standards and enhance the quality of comprehensive midwifery services.

Keywords: Comprehensive midwifery care, pregnancy, childbirth, postpartum, neonate.

References: 75 references (2015–2024)

