

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2025
CELSY ISABEL PANGGABEAN**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. G DI
PMB ROSITA PEKANBARU TAHUN 2025**

xiii ± 133 Halaman, 3 tabel, 9 Lampiran

ABSTRAK

Upaya pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas, dan neonates dalam menurunkan angka kematian ibu dan bayi adalah dengan transformasi kesehatan, salah satunya transformasi layanan primer dan mengoptimalisasi peran bidan dalam melakukan asuhan kebidanan melalui metode *Continuity of Midwifery Care (CoMC)*. Studi kasus ini bertujuan untuk memberikan asuhan kebidanan pada Ny. G dari masa kehamilan trimester III, persalinan, nifas dan neonates dimulai pada Oktober 2024 sampai Januari 2025 di PMB Rosita Kota Pekanbaru dan kunjungan rumah Ny.G. Kontak pertama dengan Ny. G G2P1A0H1 dilakukan pada usia kehamilan 32 minggu selanjutnya dilakukan 5 kali kunjungan kehamilan, persalinan, 4 kali pada masa nifas, serta 3 kali pada kunjungan neonatus. Selama kehamilan tidak ditemukan masalah dan tanda tanda vital ibu selama kunjungan hamil tergolong dalam batas normal. Persalinan dilakkan dengan spontan di PMB Rosita. Bayi lahir cukup bulan, jenis kelamin perempuan dengan BB 3.500 gram dan PB 48 cm. Selama masa nifas tidak ditemukan masalah dan komplikasi, dilakukan pijat oksitosin, senam nifas, dan cara tehnik menyusui yang benar. Hasil konseling KB ibu memutuskan untuk menggunakan KB Implan. Asuhan yang diberikan selama masa neonates adalah asuhan pijat bayi dan perawatan tali pusat. Pada akhir asuhan, bayi dalam keadaan sehat dan tetap diberikan ASI saja. Bidan diharapkan dapat meningkatkan dan mempertahankan asuhan kebidanan sesuai dengan kebutuhan pasien berdasarkan *evidence based* dengan pendekatan manajemen kebidanan.

Kata Kunci: *Asuhan Kebidanan, Komprehensif, Kehamilan, Persalinan, Nifas, Neonatus dan KB*

Referensi : 58 Referensi (2016-2024)

**HEALTH POLYTECHNIC OF RIAU
DIPLOMA MIDWIFERY OF STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNE 2025
CELSY ISABEL PANGGABEAN**

**COMPREHENSIVE MIDWIFERY CARE FOR MS. G AT PMB ROSITA
PEKANBARU TAHUN 2025**

xiii ± 133 Pages, 3 tables, 9 Appendices

ABSTRACT

Efforts to prevent and manage complications in pregnancy, childbirth, postpartum, and neonates in reducing maternal and infant mortality rates are through health transformation, one of which is the transformation of primary services and optimizing the role of midwives in providing midwifery care through the Continuity of Midwifery Care (CoMC) method. This case study aims to provide midwifery care to Mrs. G from the third trimester of pregnancy, childbirth, postpartum and neonates starting in October 2024 to January 2025 at PMB Rosita Pekanbaru City and Mrs. G's home visit. The first contact with Mrs. G G2P1A0H1 was carried out at 32 weeks of pregnancy, followed by 5 visits during pregnancy, childbirth, 4 times during the postpartum period, and 3 times during the neonatal visit. During pregnancy, no problems were found and the mother's vital signs during the pregnancy visit were within normal limits. Delivery was carried out spontaneously at PMB Rosita, the baby was born full term, female with a weight of 3,500 grams and a height of 48 cm. During the postpartum period, no problems or complications were found. Oxytocin massage, postpartum gymnastics, and correct breastfeeding techniques were performed. The results of the family planning counseling resulted in the mother deciding to use the implant. Care provided during the neonatal period included infant massage and umbilical cord care. At the time of the postpartum period, the baby was healthy and continued to be exclusively breastfed. Midwives are expected to improve and maintain midwifery care according to the patient's needs based on evidence-based midwifery management approaches.

Keywords: Midwifery Care, Comprehensive, Pregnancy, Childbirth, Postpartum, Neonates and Family Planning

References, 58 References (2016-2024)