

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2025
TIARA DESTRIANTI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. A DI PMB ROSITA
KOTA PEKANBARU TAHUN 2025**

xii + 136 Halaman, 8 tabel, 10 Lampiran

ABSTRAK

Asuhan kebidanan komprehensif dan berkelanjutan atau sering disebut dengan *Continuity of Midwifery Care* (COMC) merupakan asuhan yang diberikan secara menyeluruh dimulai dari hamil, bersalin, nifas dan neonatus, hingga pelayanan keluarga berencana. Tujuan dari asuhan ini adalah untuk pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas, dan neonatus. Studi kasus ini dilakukan pada Ny. A G1P0A0 dimulai pada usia kehamilan 30 minggu di PMB Rosita kota pekanbaru pada bulan Oktober 2024 sampai Januari 2025, dengan metode dokumentasi SOAP. Asuhan yang diberikan berupa kunjungan hamil 4 kali, bersalin 1 kali di pmb Rosita, nifas 4 kali dan neonatus 3 kali. Selama kehamilan tidak ditemukan masalah dan ttv ibu dalam batas normal, Persalinan berlangsung normal pada usia kehamilan 40 minggu. pada masa kehamilan Ny A di Diagnosa memiliki kehamilan resiko rendah dengan KSPR skor 2, Pertolongan persalinan dilakukan sesuai dengan standar Asuhan Persalinan Normal (APN), dan untuk mengurangi rasa nyeri persalinan dilakukan massage effleurage. Bayi lahir spontan, langsung menangis, pergerakan aktif, jenis kelamin Perempuan dengan berat badan 3.000 gram dan panjang badan 48 cm. Pada masa nifas ibu mengalami masalah keluar ASI sedikit lalu dilakukan pijat oksitosin dan cara teknik menyusui dengan benar, ASI bertambah banyak pada hari ke 5. Pada asuhan neonatus diberikan asuhan pijat bayi dan perawatan tali pusat. Terdapat penambahan berat badan bayi 200 gram yaitu dari 3000 – 3.200 gram pada hari ke 5 dan pada hari ke 18 sudah ada peningkatan berat badan bayi yaitu 300 gram dari 3.200 – 3500 gram. Diharapkan bidan dapat meningkatkan asuhan kebidanan sesuai dengan standar pelayanan kebidanan.

Kata kunci : *Asuhan Kebidanan, Kehamilan, Persalinan, Nifas, Neonatus*
Referensi : *80 Referensi (2013-2024)*

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA RIAU
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STUDY PROGRAM OF D III MIDWIFERY**

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TIARA DESTRIANTI

**COMPREHENSIVE MIDWIFERY CARE TO MRS. "A" AT MIDWIFE'S
INDEPENDENT PRACTICE, PEKANBARU CITY IN 2025**

xii + 136 pages, 8 tables, 10 appendices

ABSTRACT

Comprehensive and continuous midwifery care, often referred to as Continuity of Midwifery Care (COMC), is a care that is provided comprehensively starting from pregnancy, childbirth, postpartum, and neonatal care, up to family planning services. The purpose of this care is to prevent and manage complications during pregnancy, childbirth, postpartum, and neonatal period. This case study was conducted on Mrs. A G1P0A0 starting at 30 weeks of gestation at PMB Rosita Pekanbaru City from October 2024 to January 2025, using the SOAP documentation method. The care provided included 4 prenatal visits, 1 childbirth at PMB Rosita, 4 postpartum visits, and 3 neonatal visits. During pregnancy, no problems were found and the mother's vital signs were within normal limits. Childbirth proceeded normally at 40 weeks of gestation. During pregnancy, Mrs. A was diagnosed with low-risk pregnancy with a KSPR score of 2. Childbirth assistance was carried out according to the Normal Childbirth Care (APN) standards, and massage effleurage was performed to reduce pain. The baby was born spontaneously, cried immediately, had active movements, was female, weighed 3000 grams, and measured 48 cm in length. During the postpartum period, the mother experienced a problem with low milk production, so oxytocin massage and proper breastfeeding techniques were performed, and milk production increased on the 5th day. In neonatal care, baby massage and umbilical cord care were provided. There was a weight gain of 200 grams in the baby, from 3000-3200 grams on the 5th day, and on the 18th day, there was a weight gain of 300 grams, from 3200-3500 grams. It is expected that midwives can improve midwifery care according to midwifery service standards.

***Kata Kunci: Midwifery Care, Pregnancy, Childbirth, Postpartum, Neonates
References: 80 References (2013-2024)***