

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2025
WIDAD ZUHDIYYAH**

**ASUHAN KEBIDANAN KOMPREHENSIF NY.I DI PMB DARLIANA
PEKANBARU TAHUN 2025**

xii+ 118 Halaman, 7 Tabel, 2 Gambar, 10 Lampiran

ABSTRAK

Bidan merupakan tenaga kesehatan lini terdepan dalam memberikan pelayanan kesehatan ibu dan anak (KIA) yang dituntut memiliki kompetensi tinggi serta mampu memberikan pelayanan yang menyeluruh dan berkelanjutan. Salah satu pendekatan yang mendukung hal ini adalah model *Continuity of Midwifery Care* (CoMC), yaitu asuhan kebidanan yang berkesinambungan dari masa kehamilan, persalinan, nifas, bayi baru lahir, hingga pelayanan keluarga berencana. Asuhan secara menyeluruh dan berkesinambungan pada Ny.I G4P3A0H3 diberikan di PMB Darliana kota Pekanbaru dari bulan November 2024 - Januari 2025. Pada masa kehamilan dilakukan sebanyak 3 kali kunjungan, persalinan, nifas 4 kali kunjungan, neonatus 3 kali kunjungan. Keluhan yang dialami saat kehamilan oleh Ny.I adalah sering BAK, diberikan asuhan sesuai kebutuhan dan masalah dapat diatasi. Asuhan persalinan sesuai dengan Asuhan Persalinan Normal (APN), bayi lahir spontan tanggal 27 November 2024 pukul 19.40, jenis kelamin perempuan, berat badan 3200 gram dan panjang badan 50 cm, perdarahan ± 130 cc, kontraksi baik, plasenta lahir lengkap, tidak ada laserasi jalan lahir. Pada kunjungan masa nifas P4A0H4 dengan masalah ASI belum lancar dilakukan asuhan teknik menyusui, pijat oksitosin dan perencanaan keluarga, sehingga ASI lancar dan ibu menjadi akseptor KB IUD. Pada kunjungan neonatus dilakukan pijat bayi, terjadi peningkatan berat badan bayi sebanyak 800 gram. Diharapkan tenaga kesehatan khususnya bidan dapat melakukan asuhan kebidanan secara berkesinambungan dan berkelanjutan dimulai dari masa kehamilan, persalinan, nifas dan neonatus.

Kata Kunci: ***Asuhan Kebidanan Komprehensif, hamil, bersalin, nifas, neonatus***
Daftar Pustaka: 55 Referensi (2015-2024)

**MINISTRY OF HEALTH REPUBLIC INDONESIA
RIAU MINISTRY OF HEALTH POLYTECHNIC
STUDY PROGRAM DIII MIDWIFERY**

**FINAL PROJECT REPORT, JUNE 2025
WIDAD ZUHDIYYAH**

**COMPREHENSIVE MIDWIFERY CARE FOR NY.I AT PMB DARLIANA
PEKANBARU CITY IN 2025**

xii+ 118 Pages, 7 Tables, 2 Images, 10 Attachments

ABSTRACT

Midwives are frontline health workers in providing maternal and child health services (KIA) who are required to have high competence and be able to provide comprehensive and sustainable services. One approach that supports this is the Continuity of Midwifery Care (CoMC) model, namely continuous midwifery care from pregnancy, childbirth, postpartum, newborns, to family planning services. Comprehensive and continuous care for Mrs. I G4P3A0H3 was provided at PMB Darliana, Pekanbaru City from November 2024 - January 2025. During pregnancy, there were 3 visits, childbirth, postpartum 4 visits, neonates 3 visits. The complaint experienced by Mrs. I during pregnancy was frequent urination, care was given according to needs and the problem could be resolved. Delivery care is in accordance with Normal Delivery Care (APN), the baby was born spontaneously on November 27, 2024 at 19.40, female gender, weight 3200 grams and body length 50 cm, bleeding $\pm$ 130 cc, good contractions, complete placenta, no lacerations of the birth canal. During the postpartum visit P4A0H4 with the problem of breast milk not being smooth, breastfeeding technique care, oxytocin massage and family planning were carried out, so that breast milk was smooth and the mother became an IUD KB acceptor. During the neonatal visit, baby massage was carried out, there was an increase in the baby's weight by 800 grams. It is hoped that health workers, especially midwives, can carry out midwifery care continuously and sustainably starting from pregnancy, childbirth, postpartum and neonates.

Keywords: *Comprehensive Midwifery Care, pregnancy, delivery, postpartum, neonate*

Reading List: 55 References (2015-2024)