

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2025
SAMSIA SIMANJUNTAK
ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.R
DI PMB ERMA SURIANTI KOTA PEKANBARU 2025**

xi, ±134 Halaman, 6 Tabel, 10 Lampiran

ABSTRAK

Berbagai upaya dalam meningkatkan pelayanan yang diberikan Bidan salah satunya adalah dengan melakukan pendekatan manajemen kebidanan yang baik dan benar melalui model asuhan kebidanan yang berkesinambungan atau *Continuity of Midwifery Care (CoMC)*. Asuhan ini bertujuan memantau kesehatan ibu dan janin serta mendeteksi adanya kemungkinan komplikasi pada kehamilan, persalinan, nifas dan neonatus. Asuhan diberikan pada Ny.R G2P1A0H1, di usia kehamilan 31 minggu 1 hari PMB Erma Surianti Kota Pekanbaru dan kunjungan rumah. Pengambilan kasus dimulai pada bulan Oktober 2024 sampai Januari 2025, meliputi asuhan kehamilan 5x, pertolongan persalinan, Asuhan nifas sebanyak 4x, dan asuhan neonatus 3x. Kehamilan trimester III ada keluhan nyeri pinggang, anemia dan BAK. Asuhan yang diberikan senam hamil, mengonsumsi buah naga dan sayuran hijau yang mengandung zat besi, serta mengurangi minum sebelum tidur dan vulva hygiene. Persalinan dilakukan secara normal dengan usia kehamilan 37 minggu 3 hari. Bayi lahir spontan, BB: 3100 gram dan PB: 49 cm. Masa nifas berlangsung normal dan asuhan yang diberikan yaitu perawatan payudara, pijat laktasi dan oksitosin, perawatan laserasi perineum, dan metode kontrasepsi KB. Ibu memutuskan menggunakan KB suntik 3 bulan. Pada masa neonatus asuhan yang diberikan adalah perawatan tali pusat, pijat bayi, tentang ASI Eksklusif, serta imunisasi. Terjadi peningkatan berat badan bayi sebanyak 700 gram selama 7 hari. Diharapkan bidan tetap mempertahankan dan meningkatkan asuhan kebidanan komprehensif dan berkesinambungan sesuai dengan standar pelayanan kebidanan.

Kata Kunci : Asuhan Kebidanan, Kehamilan, Persalinan, Nifas, Neonatus

Referensi : 71 Referensi (2011-2024)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
STUDY PROGRAM OF DIII MIDWIFERY**

**FINAL PROJECT REPORT, JUNE 2025
SAMSIA SIMANJUNTAK
COMPREHENSIVE MIDWIFERY CARE FOR NY.R
AT PMB ERMA SURIANTI PEKANBARU CITY IN 2025**

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ABSTRACT

Various efforts to improve the services provided by midwives include implementing good and proper midwifery management through a continuity of midwifery care (CoMC) model. This care aims to monitor the health of mothers and fetuses and detect potential complications during pregnancy, childbirth, postpartum, and neonatal care. The care was provided to Ny.R G2P1A0H1 at 31 weeks and 1 day of gestation PMB Erma Surianti Pekanbaru City and home visits. Case collection started from October 2024 to January 2025, including 5 prenatal care visits, childbirth assistance, 4 postpartum care visits, and 3 neonatal care visits. During the third trimester of pregnancy, there were complaints of back pain, anemia, and frequent urination. The care provided included prenatal exercises, consuming dragon fruit and iron-rich green vegetables, reducing fluid intake before bedtime, and vulvar hygiene. The delivery was normal at 37 weeks and 3 days of gestation. The baby was born spontaneously, weighing 3100 grams and measuring 49 cm in length. The postpartum period was normal, and the care provided included breast care, lactation massage and oxytocin, perineal laceration care, and family planning methods. The mother decided to use a 3-month injectable contraceptive. During the neonatal period, the care provided included umbilical cord care, baby massage, exclusive breastfeeding education, and immunization. There was a 700-gram weight gain in the baby over 7 days. It is expected that midwives will continue to maintain and improve comprehensive and continuous midwifery care according to midwifery service standards.

Keywords : Midwifery Care, Pregnancy, Childbirth, Postpartum, Neonates

References : 71 Reference (2011-2024)