

ABSTRAK

Novia Rahmadhani (2025). *Asuhan Keperawatan Gerontik Pada Pasien Ulkus Diabetikum Dengan Masalah Gangguan Integritas Kulit/Jaringan Di Wilayah Kerja UPTD Puskesmas Air Molek*. Karya Tulis Ilmiah Studi Kasus, Program Studi DIII Keperawatan Di Luar Kampus Utama, Jurusan Keperawatan, Politeknik Kesehatan Kemenkes Riau. Pembimbing
(I) Ns. Elmukhsinur, S.Kep. M.Biomed, (II) Ns. Deswita, M.Kep.

Ulkus diabetikum merupakan komplikasi serius diabetes melitus pada lansia akibat gangguan integritas kulit yang disebabkan oleh neuropati perifer dan sirkulasi darah yang buruk. Di UPTD Puskesmas Air Molek, sebanyak 38 lansia menjalani pengobatan ulkus pada tahun 2024. Penelitian ini bertujuan mendeskripsikan pelaksanaan asuhan keperawatan gerontik pada pasien ulkus diabetikum dengan masalah gangguan integritas kulit. Metode yang digunakan adalah studi kasus pada dua responden dengan ukuran luka berbeda. Hasil pengkajian menunjukkan Responden 1 memiliki luka terbuka 8x4x1 cm dengan jaringan granulasi mulai tumbuh tanpa nekrosis, sedangkan Responden 2 mengalami luka 15x7x1 cm dengan jaringan nekrotik dan warna kulit gelap di sekitar luka. Intervensi keperawatan dilakukan sesuai standar, dengan evaluasi yang menunjukkan perbaikan pada kedua responden. Kesimpulannya, asuhan keperawatan yang tepat dapat memperbaiki kondisi gangguan integritas kulit/jaringan pada pasien ulkus diabetikum. Saran diberikan kepada fasilitas kesehatan untuk meningkatkan edukasi pencegahan ulkus dan kontrol gula darah guna meminimalisir komplikasi. Penelitian ini diharapkan berkontribusi pada pengembangan keilmuan keperawatan gerontik, khususnya dalam penanganan ulkus diabetikum.

Kata kunci: Asuhan Keperawatan, Gerontik, Ulkus Diabetikum, Gangguan integritas kulit/jaringan

ABSTRACT

Novia Rahmadhani (2025). Geriatric Nursing Care for Patients with Diabetic Ulcers with Impaired Skin/Tissue Integrity at the UPTD Air Molek Public Health Center Work Area. Case Study Scientific Paper, Diploma III Nursing Program Outside the Main Campus, Department of Nursing, Health Polytechnic of the Ministry of Health Riau. Supervisors: (I) Ns. Elmukhsinur, S.Kep., M.Biomed; (II) Ns. Deswita, M.Kep.

Diabetic ulcers are a serious complication of diabetes mellitus in the elderly, caused by impaired skin integrity due to peripheral neuropathy and poor blood circulation. At the UPTD Puskesmas Air Molek, 38 elderly patients received treatment for diabetic ulcers in 2024. This study aims to describe the implementation of gerontological nursing care for patients with diabetic ulcers and impaired skin integrity. The method used is a case study involving two respondents with ulcers of different sizes. Assessment results showed that Respondent 1 had an open wound measuring 8x4x1 cm with growing granulation tissue and no necrosis, while Respondent 2 had a wound measuring 15x7x1 cm with necrotic tissue and darkened skin around the ulcer. Nursing interventions were carried out according to standards, with evaluations showing improvement in both respondents. In conclusion, appropriate nursing care can improve skin/tissue integrity in patients with diabetic ulcers. It is recommended that healthcare facilities enhance education on ulcer prevention and blood glucose control to minimize complications. This study is expected to contribute to the development of gerontological nursing science, particularly in the management of diabetic ulcers.

Keywords: Nursing Care, Geriatric, Diabetic Ulcer, Impaired Skin/Tissue Integrity