

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2025
MIRANDA AULIA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. A DI
KLINIK TAMAN SARI 1 KOTA PEKANBARU TAHUN 2025**

xii + 133 Halaman, 9 Tabel, 10 Lampiran

ABSTRAK

Upaya pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas, dan neonatus dalam menurunkan kematian ibu dan bayi adalah dengan mengoptimalkan peran bidan dalam melakukan asuhan kebidanan melalui metode *Continuity of Midwifery Care* (CoMC). CoMC ini bertujuan untuk meningkatkan Kesehatan ibu dan janin dengan memberikan asuhan kebidanan komprehensif pada Ny. A dari masa kehamilan, persalinan, nifas, dan neonatus di mulai pada Desember 2024 sampai Februari 2025 di klinik Taman Sari 1 Kota Pekanbaru dan kunjungan rumah. Kontak pertama dengan Ny. A G2P1A0H1 dilakukan pada usia kehamilan 33 minggu. Dilakukan 3 kali asuhan kehamilan, pertolongan persalina, 4 kali asuhan nifas, serta 3 kali asuhan neonatus. Selama kehamilan ditemukan ketidaknyamanan nyeri pinggang yang dapat diatasi dengan senam hamil. Pertolongan persalinan dilakukan sesuai standar APN. Bayi lahir spontan, cukup bulan, jenis kelamin perempuan, BB 2800 gram dan PB 49 cm. Pada masa nifas tidak ditemukan masalah dan komplikasi, kemudian dilakukan perawatan luka jahitan, pijat oksitosin dan senam nifas. Hasil konseling KB ibu memutuskan akan menggunakan metode kontrasepsi suntik 3 bulan. Asuhan pada masa neonatus adalah perawatan bayi sehari hari dan pijat bayi. Pada hari ke 25 BB bayi mengalami kenaikan sebanyak 700 gram dari berat lahir, dan bayi tetap menyusui dengan eksklusif. Bidan dan lahan praktik diharapkan dapat mempertahankan asuhan kebidanan sesuai dengan kebutuhan pasien berdasarkan evidence based dengan pendekatan manajemen kebidanan yang baik dan benar.

Kata Kunci : ***Asuhan Kebidanan, Komprehensif, Kehamilan, Persalinan, Nifas, Neonatus***

Referensi : 80 Referensi (2007-2024)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
STUDY PROGRAM OF D III MIDWIFERY**

**FINAL PROJECT REPORT, JUNI 2025
MIRANDA AULIA**

**COMPREHENSIVE MIDWIFERY CARE FOR NY. A AT
CLINIC TAMAN SARI 1 PEKANBARU CITY IN 2025**

xii + 133 Page, 9 Table, 10 Attachment

ABSTRAK

Efforts to prevent and handle complications in pregnancy, childbirth, postpartum, and neonates in reducing maternal and infant mortality are by optimizing the role of midwives in providing midwifery care through the Continuity of Midwifery Care (COMC) method. This CoMC aims to improve maternal and fetal health by providing comprehensive midwifery care to Mrs. A from pregnancy, childbirth, postpartum, and neonates starting in December 2024 to February 2025 at the Taman Sari 1 clinic in Pekanbaru City and home visits. The first contact with Mrs. A G2P1A0H1 was carried out at 33 weeks of gestation. There were 3 pregnancy care, delivery assistance, 4 postpartum care, and 3 neonatal care. During pregnancy, discomfort in the lower back was found, maternal discomfort could be overcome with pregnancy exercises. Delivery was carried out spontaneously according to APN standards. The baby was born full term, female, weighing 2800 grams and PB 49 cm. During the postpartum period, no problems and complications were found, then stitches, oxytocin massage and postpartum gymnastics were carried out. The results of the mother's family planning counseling decided to use the 3-month injection contraceptive method. Care during the neonatal period is daily baby care and baby massage. On the 25th day, the baby's weight increased by 700 grams from birth weight, and the baby continued to breastfeed exclusively. Midwives and practice areas are expected to be able to maintain midwifery care according to patient needs based on evidence based with a midwifery management approach.

Keywords : ***Midwifery Care, Comprehensive, Pregnancy, Childbirth, Postpartum, Neonates***

References : 80 References (2007-2024)