

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, MARET 2025
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**ASUHAN KEBIDANAN KOMPREHENSIF NY. A DI PMB ROSITA
PEKANBARU TAHUN 2025**

xii+ 179 Halaman, 13 Tabel, 6 Gambar, 10 Lampiran

ABSTRAK

Continuity of Midwifery Care (CoMC) merupakan salah satu model asuhan kebidanan yang dapat meningkatkan kualitas asuhan dalam layanan kesehatan ibu dan bayi. Studi kasus ini bertujuan memberikan asuhan kebidanan pada Ny. A dari masa kehamilan trimester III hingga masa nifas dimulai pada bulan Oktober 2024 sampai dengan bulan Januari 2025 di PMB Rosita dan kunjungan rumah di Jalan Sukakarya, Panam, Pekanbaru. Asuhan diberikan dengan cara wawancara, pemeriksaan fisik, pendidikan kesehatan dan *evidence based* sesuai kebutuhan pasien. Asuhan kehamilan dilakukan sebanyak 3 kali kunjungan di PMB Rosita Kota Pekanbaru. Masa kehamilan Ny. A G1P0A2H0 dengan ketidaknyamanan trimester III adalah sulit tidur karena sering buang air kecil di malam hari, edema, dan nyeri perut bagian bawah. Diberikan asuhan terapi rendam kaki dengan air hangat dan senam hamil sehingga keluhan dapat teratasi. Pada masa persalinan dilakukan penerapan rujukan oleh bidan secara *sectio casearea* atas indikasi preeklampsia berat dan *fetal distress*. Pada masa nifas ibu terdiagnosa hipertensi postpartum diberikan asuhan penatalaksanaan hipertensi postpartum, keluhan produksi ASI sedikit diberikan perawatan payudara dan konsumsi daun katuk, dan pilihan kontrasepsi ibu memilih kontrasepsi kondom. Pada asuhan neonatus dilakukan pijat bayi sehingga membuat tidur bayi menjadi nyenyak dan tidak rewel serta menambah kenaikan berat badan bayi sebanyak 400 gram dari berat lahir 3600 gram. Pada akhir asuhan kebidanan komprehensif mahasiswa mampu memberikan asuhan kebidanan yang berkualitas dan berbasis *evidence based* secara optimal dengan pendekatan manajemen kebidanan selama kehamilan, persalinan, nifas, dan bayi baru lahir.

Kata kunci : ***Asuhan Kebidanan Komprehensif, Kehamilan, Persalinan, Nifas, Neonatus***

Daftar Pustaka : 77 Referensi (2015-2025)

**MINISTRY OF HEALTH REPUBLIC INDONESIA
RIAU MINISTRY OF HEALTH POLYTECHNIC
STUDY PROGRAM DIII MIDWIFERY**

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**COMPREHENSIVE MIDWIFERY CARE FOR NY. A AT PMB ROSITA,
PEKANBARU CITY IN 2025**

xii+ 179 pages, 13 tables, 6 images, 10 attachments

ABSTRACT

Continuity of Midwifery Care (CoMC) is one of the midwifery care models that can improve the quality of maternal and neonatal health services. This case study aimed to provide midwifery care for Mrs. A from the third trimester of pregnancy through the postpartum period, conducted from October 2024 to January 2025 at Rosita Midwife Practice (PMB Rosita) and through home visits on Sukakarya Street, Panam, Pekanbaru. Care was delivered through interviews, physical examinations, health education, and evidence-based interventions according to the patient's needs. Antenatal care was provided through three visits at PMB Rosita in Pekanbaru. Mrs. A, G1P0A2H0, experienced third-trimester discomforts, including difficulty sleeping due to frequent urination at night, edema, and lower abdominal pain. Foot soak therapy with warm water and pregnancy exercises were administered, resulting in symptom relief. During labor, the patient was referred for a cesarean section due to severe preeclampsia and fetal distress. In the postpartum period, the mother was diagnosed with postpartum hypertension and received appropriate management. For complaints of low breast milk production, breast care and consumption of katuk leaves were provided. For contraception, the mother chose condoms. Neonatal care included baby massage, which helped the baby sleep well, reduced fussiness, and increased the baby's weight by 400 grams from a birth weight of 3600 grams. By the end of the comprehensive midwifery care, the student was able to provide high-quality, evidence-based midwifery care through the midwifery management approach during pregnancy, childbirth, postpartum, and newborn periods

Keywords: Comprehensive Midwifery Care, Pregnancy, Childbirth, Postpartum, Neonate

Reading list : 77 references (2015-2025)

