

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2025
HELMI HIDAYAH**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.T DI PMB
ROSITA PEKANBARU**

xiii + 113 Halaman, 6 Tabel, 2 Gambar, 9 Lampiran

ABSTRAK

Asuhan Kebidanan Komprehensif merupakan asuhan yang diberikan secara menyeluruh dimulai dari hamil, bersalin, nifas, dan neonatus penting bagi keberlangsungan hidup ibu dan bayi. Laporan Tugas Akhir ini bertujuan untuk memberikan dan menerapkan asuhan kebidanan pada Ny.T, G2P1A0H1, usia kehamilan 36 minggu di PMB Rosita Kota Pekanbaru pada bulan November 2024 sampai Desember 2024. Asuhan yang diberikan berupa kunjungan sebanyak 3 kali selama kehamilan trimester III, bersalin, nifas 4 kali dan neonatus 3 kali. Pada usia kehamilan 39 minggu ibu mengeluh nyeri perut bagian bawah yang dapat diatasi dengan mengajarkan ibu senam hamil. Persalinan dilakukan sesuai dengan standar Asuhan Persalinan Normal (APN). Pada kala I dilakukan massage punggung untuk mengurangi rasa nyeri persalinan. Bayi lahir spontan, menangis kuat, tonus otot baik, pergerakan aktif, dengan BB 3500 gram, PB 48 cm, dan jenis kelamin perempuan. Pada awal nifas ibu mengeluh ASI nya sedikit yang dapat diatasi dengan mengajarkan pijat oksitosin. Asuhan lain yang dilakukan yaitu senam nifas dan konseling KB. Ibu menggunakan KB pil progestin. Pada masa neonatus dilakukan perawatan tali pusat, edukasi ASI eksklusif dan pijat bayi. Tali pusat puput pada hari ke 6 dan terjadi peningkatan berat badan bayi sebanyak 900 gram pada hari ke 23. Diharapkan agar bidan dapat mempertahankan pemberian layanan kebidanan secara komprehensif dan berkesinambungan.

Kata kunci: Asuhan Kebidanan Komprehensif, hamil, bersalin, nifas, dan neonatus neonatus

Referensi: 55 Referensi (2015-2023)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
DIII MIDWIFERY STUDY PROGRAM**

FINAL PROJECT REPORT, JUNI 2025 HELMI HIDAYAH

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. T AT PMB ROSITA
PEKANBARU**

xiii + 113 Pages, 6 Tables, 2 Figures, 9 Appendices

ABSTRACT

Comprehensive Midwifery Care is holistic care provided from pregnancy, childbirth, postpartum, and neonates which is important for the survival of the mother and baby. This final report aims to provide and implement midwifery care for Mrs. T, G2P1A0H1, at 36 weeks of gestation in PMB Rosita Pekanbaru from November 2024 to December 2024. The care provided includes 3 visits during the third trimester, 4 during postpartum, and 3 for neonates. At 39 weeks of gestation, the mother complained of lower abdominal pain which was addressed by teaching her pregnancy exercises. Delivery was performed according to the standards of Normal Delivery Care (APN). During the first stage, back massage was conducted to alleviate labor pain. The baby was born spontaneously, cried loudly, had good muscle tone, active movement, weighing 3500 grams, measuring 48 cm in length, and was female. At the beginning of the postpartum period, the mother complained that her breast milk was scant, which could be addressed by teaching oxytocin massage. Other care provided included postpartum exercises and family planning counseling. The mother used progestin birth control pills. During the neonatal period, care for the umbilical cord was performed, along with education on exclusive breastfeeding and baby massage. The umbilical cord fell off on the 6th day and the baby's weight increased by 900 grams by the 23rd day. It is hoped that midwives can maintain comprehensive and continuous maternal healthcare services.

Keywords: Comprehensive Midwifery Care, pregnancy, childbirth, puerperium and neonate

References: 55 References (2015-2023)