

## **ABSTRACT**

REGINA MARVEL OLIVE JANUARY. An overview of Inpatient Patient Satisfaction Receiving Regular Diet Related to Nutrition Services at RSUD Bengkalis in 2025. Guided by Muharni, SP, M.Gizi.

Hospital nutrition services play a crucial role in patient recovery; however, challenges remain in ensuring patient satisfaction with food, service staff, and nutritional care. This study aims to provide an overview of inpatient satisfaction among recipients of a regular diet at RSUD Bengkalis in 2025. The research employs a quantitative approach with a cross-sectional design. Data were collected through patient satisfaction questionnaires, involving 61 inpatient recipients of a regular diet, and processed using descriptive analytical methods. The results indicate that the majority of respondents were highly satisfied with the food provided (83.55%), service staff performance (87.9%), and nutritional care (81.58%). However, certain aspects received moderate ratings, particularly regarding food taste and temperature, as well as the distribution of diet leaflets and nutritional information provided by dietitians. Improvements are necessary, including more effective diet education and enhanced competence of nutrition staff aligned with Type B hospital standards. Future studies are encouraged to explore the relationship between patient satisfaction and health recovery rates, as well as examine the impact of technology on nutrition services to improve the effectiveness of dietary education for patients.

**Keywords:** Patient satisfaction, Nutrition services, Hospital meals, RSUD Bengkalis

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