

KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI DIII KEBIDANAN

LAPORAN TUGAS AKHIR, JUNI 2025
SRI BULAN

ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.T
DI PMB ROSITA KOTA PEKANBARU 2025

x + 151 Halaman, 6 Tabel, 4Gambar, 10Lampiran

ABSTRAK

Bidan sebagai pemberi asuhan memiliki posisi strategis dalam upaya percepatan penurunan AKI dan AKB melalui asuhan berkesinambungan (*CoMC*). Asuhan ini bertujuan memantau kesehatan ibu dan janin serta mendeteksi adanya kemungkinan komplikasi pada kehamilan, persalinan, nifas dan neonatus. Asuhan diberikan pada Ny.T G1P0A0H0, mulai dari usia kehamilan 28-29 minggu hingga nifas hari ke-42 di PMB Rosita Kota Pekanbaru dan kunjungan rumah. Pengambilan kasus dimulai pada bulan Desember 2024 sampai Maret 2025, meliputi asuhan kehamilan 3x, pertolongan persalinan, Asuhan nifas sebanyak 4x, dan asuhan neonatus 3x. Kehamilan trimester III ada keluhan nyeri pinggang. Asuhan yang diberikan yaitu mengurangi aktivitas, tidak duduk atau berdiri terlalu lama, senam hamil, memijat pinggang, duduk bersandar di kursi dan menggunakan bantal pengganjal saat istirahat. Persalinan dilakukan secara normal dengan usia kehamilan 37 minggu 3 hari. Bayi lahir spontan, BB: 3000 gram dan PB: 49 cm. Masa nifas berlangsung normal dan asuhan yang diberikan yaitu perawatan payudara, pijat laktasi dan oksitosin, perawatan laserasi perineum, dan metode kontrasepsi KB. Ibu memutuskan menggunakan KB suntik 3 bulan. Pada masa neonatus asuhan yang diberikan adalah perawatan tali pusat, pijat bayi, tentang ASI Eksklusif, serta imunisasi. Terjadi peningkatan berat badan bayi sebanyak 600 gram selama 22 hari. Diharapkan bidan tetap mempertahankan dan meningkatkan asuhan kebidanan komprehensif dan berkesinambungan sesuai dengan standar pelayanan kebidanan.

Kata Kunci : *Asuhan Kebidanan, Kehamilan, Persalinan, Nifas, Neonatus*

Referensi : *67 Referensi (2015-2024)*

MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
STUDY PROGRAM OF DIII MIDWIFERY

FINAL PROJECT REPORT, JUNE 2025
SRI BULAN

COMPREHENSIVE MIDWIFERY CARE FOR NY.T
AT PMB ROSITA PEKANBARU CITY IN 2025

x + 151Pages,6Tables,4Pictures,10Attachments

ABSTRACT

Midwives as care providers have a strategic position in accelerating the reduction of maternal and infant mortality through continuous care (CoMC). This care aims to monitor the health of mothers and fetuses and detect potential complications during pregnancy, childbirth, postpartum, and neonatal periods. Care is provided to Ny.T G1P0AoH0, starting from 28-29 weeks of gestation to 42 days postpartum at PMB Rosita Pekanbaru City and home visits. Case collection started from December 2024 to March 2025, including 3 prenatal care visits, childbirth assistance, 4 postpartum care visits, and 3 neonatal care visits. In the third trimester, there was a complaint of back pain. The care provided included reducing activity, not sitting or standing for too long, pregnancy exercises, back massage, sitting with back support, and using a pillow for support during rest. Childbirth was carried out normally at 37 weeks and 3 days of gestation. The baby was born spontaneously, weighing 3000 grams and measuring 49 cm in length. The postpartum period proceeded normally, and care provided included breast care, lactation massage and oxytocin, perineal laceration care, and contraceptive methods. The mother decided to use 3-month injectable contraception. During the neonatal period, care provided included umbilical cord care, baby massage, exclusive breastfeeding education, and immunization. There was a 600-gram weight gain in the baby over 22 days. It is expected that midwives will continue to maintain and improve comprehensive and continuous midwifery care according to midwifery service standards.

Keywords : *Midwifery Care, Pregnancy, Childbirth, Postpartum, Neonates*

References : *67 Reference (2015-2024)*