

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2025
NABILA KHAIRUNNISA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. N DI PMB
ERMA SURIANTI KOTA PEKANBARU TAHUN 2024**

x, 133 Halaman, 9 Tabel, 10 Lampiran

ABSTRAK

Continuity Midwifery of Care dalam pelayanan kebidanan merupakan serangkaian kegiatan pelayanan berkesinambungan mulai dari kehamilan, persalinan, nifas dan bayi baru lahir. Tujuan studi kasus ini adalah memberikan asuhan kepada Ny. N G₁P₀A₀H₀ secara komprehensif, pada masa kehamilan, persalinan, nifas dan neonatus dengan pendokumentasian SOAP menggunakan pendekatan manajemen kebidanan. Pengambilan kasus dilakukan di PMB Erma Surianti Kota Pekanbaru dan kunjungan rumah. Asuhan kebidanan diberikan mulai dari tanggal 05 Oktober 2024 sampai tanggal 10 Desember 2024 mulai dari kehamilan trimester III sampai dengan masa nifas. Asuhan kehamilan 3 kali, asuhan persalinan 1 kali, asuhan masa nifas 4 kali dan asuhan neonatus sebanyak 3 kali. Keluhan masa kehamilan di trimester III adalah nyeri punggung dan nyeri perut bagian bawah yang diatasi dengan kompres air hangat dan keluhan ibu membaik. Persalinan berlangsung pada UK 37 minggu dilakukan pertolongan sesuai dengan standar Asuhan Persalinan Normal (APN). Bayi lahir spontan, langsung menangis, pergerakan aktif jenis kelamin laki-laki dengan berat badan 3000 gram dan panjang badan 48 cm. Inisiasi menyusui dini berhasil pada menit ke-50. Pada masa nifas terdapat keluhan nyeri pada luka perinium dan *after pain*, yang dapat diatasi dengan relaksasi. Asuhan Neonatus adalah perawatan bayi sehari-hari yaitu, perawatan tali pusat, memandikan bayi dan pijat bayi, Bayi diberikan ASI saja. Pada kunjungan neonatus hari ke 26 didapatkan penambahan BB sebanyak 700 gr berat badan dari 2900 gram menjadi 3600 gram. Tenaga kesehatan khususnya bidan, hendaknya dapat meningkatkan pelayanan yang komprehensif dan berkesinambungan sesuai dengan standar pelayanan kebidanan dimulai dari masa kehamilan, persalinan dan nifas sesuai asuhan *Evidence Based*.

Kata Kunci : *Asuhan kebidanan komprehensif, kehamilan, persalinan, nifas dan neonatus*

Daftar Bacaan: 68 Referensi (2014-2024)

**MINISTRY OF HEALTH OF THE REPUBLIK OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
STUDY PROGRAM OF D III MIDWIFERY**

**FINAL PROJECT REPORT, JUNE 2025
NABILA KHAIRUNNISA**

**COMPREHENSIVE MIDWIFERY CARE TO MRS. N
AT ERMA SURIANTI CLINIC PEKANBARU CITY**

x, 133 Pages, 9 Table, 10 Attachments

ABSTRACT

Continuity Midwifery of Care in midwifery services is a series of continuous service activities starting from pregnancy, childbirth, postpartum and newborn. The general objective is to provide comprehensive care to Mrs. N G1P0A0H0, during pregnancy, childbirth, postpartum and neonate with SOAP documentation using a midwifery management approach. Case taking was carried out at PMB Erma Surianti Pekanbaru City and home visits. Midwifery care was provided from October 5, 2024 to December 10, 2024 starting from the third trimester of pregnancy to the postpartum period. 3 times of pregnancy care, 1 time of delivery care, 4 times of postpartum care and 3 times of neonatal care. Complaints during pregnancy in the third trimester were back pain and lower abdominal pain which were treated with warm water compresses and the mother's complaints improved. The delivery took place at 37 weeks of UK and was assisted according to the Normal Delivery Care (APN) standards. The baby was born spontaneously, crying immediately, active movement, male gender with a body weight of 3000 grams and a body length of 48 cm. Early initiation of breastfeeding was successful in the 50th minute. During the postpartum period there were complaints of pain in the perineal wound and after pain, which can be overcome with relaxation. Neonatal care is daily baby care, namely, umbilical cord care, bathing the baby and baby massage, the baby is given breast milk only. On the 26th day of the neonatal visit, an additional 700 grams of body weight was obtained from 2900 grams to 3600 grams. Health workers, especially midwives, should be able to improve comprehensive and continuous services in accordance with midwifery service standards starting from pregnancy, childbirth and postpartum according to Evidence Based care.

Keywords: *Comprehensive Midwifery Care, pregnancy, childbirth, postpartum and neonates*

Reading List: 68 References (2014-2024)