

KEMENTERIAN KESEHATAN REPUBLIK INDONESIA

POLITEKNIK KESEHATAN KEMENKES RIAU

PROGRAM STUDI D III KEBIDANAN

LAPORAN TUGAS AKHIR, JUNI 2025

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**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. N DI KLINIK AFIYAH KOTA
PEKANBARU**

xi + 157 Halaman + 1 1 Tabel + 11 Lampiran

ABSTRAK

Bidan memiliki peran penting dalam memberikan pelayanan ibu dan anak yang menyeluruh dan berkesinambungan. Asuhan kebidanan komprehensif dilakukan untuk mendeteksi dini serta mencegah komplikasi selama masa kehamilan, persalinan, nifas, dan neonatus. Asuhan ini diberikan kepada Ny. N (G3P2A0H2) di Klinik Afiyah Kota Pekanbaru selama bulan November 2024 hingga Juni 2025. Selama kehamilan dilakukan 3 kali kunjungan, masa nifas 4 kali kunjungan, dan masa neonatus 3 kali kunjungan. Keluhan utama Ny. N adalah hemoroid pada usia kehamilan 40 minggu, yang berhasil diatasi dengan asuhan sesuai kebutuhan. Persalinan berlangsung secara spontan dengan bayi lahir berat 3.500 gram dan panjang 50 cm, perdarahan ± 150 cc, plasenta lengkap, dan terdapat laserasi derajat II. Pada masa nifas, Ny. N mengalami nyeri pada luka jahitan dan ASI belum lancar, yang diatasi melalui teknik menyusui, pijat oksitosin, dan konseling KB. Pada masa neonatus, dilakukan pijat bayi dan terjadi peningkatan berat badan bayi sebanyak 900 gram. Diharapkan bidan dapat terus memberikan asuhan kebidanan secara komprehensif dan berkesinambungan sesuai standar pelayanan.

Kata Kunci: ***Asuhan Kebidanan Komprehensif, hamil, bersalin, nifas, neonatus***

Referensi : 50 Referensi (2010-2023)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA HEALTH
POLYTECHNIC OF THE MINISTRY OF HEALTH OF RIAU D III
MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNE 2025 ELI
FITRIANI**

**COMPREHENSIVE MIDWIFERY CARE IN NY. N AT AFIYAH CLINIC PEKANBARU
CITY**

Xi + 157 Pages + 11 Tables + 11 Attachments

ABSTRACT

Midwives play an essential role in providing comprehensive and continuous care for mothers and children. Comprehensive midwifery care is essential for early detection and prevention of complications during pregnancy, childbirth, postpartum, and neonatal periods. This report presents the care provided to Mrs. N (G3P2A0H2) at Afiyah Clinic, Pekanbaru, from November 2024 to June 2025. The care included 3 antenatal visits, 4 postpartum visits, and 3 neonatal visits. The primary complaint during pregnancy was hemorrhoids, which was resolved with appropriate management. Delivery occurred spontaneously with a baby weighing 3,500 grams and 50 cm in length, estimated blood loss ± 150 cc, complete placenta, and a second-degree perineal tear. During postpartum, Mrs. N experienced pain and inadequate lactation, addressed with breastfeeding techniques, oxytocin massage, and family planning counseling. Neonatal care involved baby massage and resulted in a 900-gram weight gain. It is expected that midwives will continue providing comprehensive and continuous care in accordance with professional standards.

Keywords: Comprehensive Midwifery Care, Pregnancy, Childbirth, Postpartum, Neonatal

References List: 50 references (2010–2023)