

**KEMENTERIAN KESEHATAN REPUBLIK
INDONESIA POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, 5 JUNI 2025
DELLA WINDIANI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. A
DI PRAKTIK MANDIRI BIDAN MURTINAWITA KOTA PEKANBARU
xii Halaman, 171 Halaman, 12 Tabel, 11 Lampiran, 3 Gambar**

ABSTRAK

Salah satu upaya dalam pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas dan neonatus adalah dengan asuhan kebidanan komprehensif atau *Continuity of Midwifery Care* (CoMC). Studi kasus ini bertujuan untuk memberikan asuhan kebidanan secara menyeluruh dan berkesinambungan pada Ny. A G₁P₀A₀H₀ di Praktik Mandiri Bidan Murtinawita Kota Pekanbaru dari bulan Oktober 2024-Juni 2025. Pada masa kehamilan dilakukan sebanyak 3 kali asuhan, pertolongan persalinan, nifas 4 kali asuhan dan neonatus 3 kali asuhan. Saat trimester III keluhan yang dialami oleh Ny. A adalah nyeri punggung bagian bawah dapat diatasi dengan gerakan senam ibu hamil. Asuhan persalinan sesuai dengan Asuhan Persalinan Normal (APN). Diberikan asuhan pengurangan rasa nyeri dengan *deepback massage*. Bayi lahir spontan BB: 3300 gr, PB: 49 cm, pengeluaran darah $\pm$ 250 cc, kontraksi baik, plasenta lahir lengkap, laserasi jalan lahir derajat 1. Pada kunjungan nifas P₁A₀H₁ involusi berjalan dengan normal diberikan asuhan senam nifas. dan didapati keluhan ibu yaitu pengeluaran ASI yang kurang pada kunjungan nifas pertama dapat diatasi dengan menganjurkan ibu untuk mencukupi gizi ibu dan pijat oksitosin. Pada masa neonatus BB bayi sudah diberikan vitamin K, dan juga imunisasi HB0 pada bayi juga mengalami penurunan berat badan sebanyak 100 gram dan kenaikan sebanyak 200 gram dari berat badan lahir dengan asuhan pijat bayi. Setelah habis masa nifas ibu menggunakan KB implan. Diharapkan bidan PMB Murtinawita, dapat meningkatkan asuhan kebidanan secara komprehensif dan berkesinambungan sesuai dengan standar pelayanan kebidanan, pada kunjungan nifas, dan kunjungan neonatus.

Kata kunci: *Asuhan kebidanan Komprehensif, Hamil, Bersalin, Nifas, Neonatus*

Referensi: 56 Referensi (2014-2024)

**MINISTRY OF HEALTH REPUBLIC OF
INDONESIA RIAU HEALTH POLYTECHNIC
D III MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, 5 JUNE 2025
DELLA WINDIANI**

**COMPREHENSIVE MIDWIFERY CARE FOR NY. A
AT INDEPENDENT MIDWIFE PRACTICE MURTINAWITA MIDWIFE,
PEKANBARU CITY
xii page, 171 Page, 12 Table, 11 Attachment, 3 Image**

ABSTRAK

One of the efforts in preventing and handling complications in pregnancy, childbirth, postpartum and neonates is with comprehensive midwifery care or *Continuity of Midwifery Care* (CoMC). This case study aims to provide comprehensive and continuous midwifery care to Mrs. A G1P0A0H0 at the Murtinawita Midwife Independent Practice in Pekanbaru City from October 2024-June 2025. During pregnancy, there were 3 times of care, delivery assistance, 4 times of postpartum care and 3 times of neonatal care. During the third trimester, Mrs. A's complaint was lower back pain which could be overcome with prenatal exercise movements. Delivery care was in accordance with Normal Delivery Care (APN). Pain reduction care was provided with deepback massage. The baby was born spontaneously with a weight of 3300 grams, a weight of 49 cm, blood loss of ± 250 cc, good contractions, complete placental birth, first-degree laceration of the birth canal. During the postpartum visit P1A0H1, involution proceeded normally and postpartum exercise care was given. and the mother's complaint was that the lack of breast milk production during the first postpartum visit could be overcome by encouraging the mother to fulfill her nutritional needs and oxytocin massage. During the neonatal period, the baby's weight was given vitamin K, and the baby's HB0 immunization also experienced a decrease in weight of 100 grams and an increase of 200 grams from birth weight with infant massage care. After the postpartum period, the mother used an implant birth control. It is hoped that midwives of PMB Murtinawita can improve midwifery care comprehensively and continuously in accordance with midwifery service standards, during postpartum visits, and neonatal visits.

Keywords: *Comprehensive Midwifery Care, Pregnancy, Childbirth, Postpartum, Neonate*

References: 56 References (2014-2024)