

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2025
EPO RASWA NIKITA SINAGA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. W DI PMB
FATMAWATI KOTA PEKANBARU**

xiii + 131 halaman, 12 tabel, 3 gambar, 10 lampiran

ABSTRAK

Kehamilan dan persalinan merupakan proses fisiologis yang apabila tidak ditangani dengan tepat dapat berkembang menjadi kondisi patologis. Oleh karena itu, pelayanan kesehatan yang berkelanjutan menjadi sangat penting, terutama pada masa kehamilan, persalinan, nifas, dan neonatal. Laporan Tugas Akhir ini bertujuan untuk menggambarkan pelaksanaan asuhan kebidanan komprehensif menggunakan pendekatan *Continuity of Midwifery Care (CoMC)*, secara menyeluruh dan berkesinambungan sesuai standar asuhan kebidanan. Asuhan diberikan kepada Ny. W, G1P0A0H0 usia 26 tahun, di PMB Fatmawati Kota Pekanbaru selama Oktober 2024 hingga Januari 2025. Asuhan Kebidanan dilakukan melalui empat kali kunjungan kehamilan, pertolongan persalinan, 4x kunjungan nifas, dan 3x kunjungan neonatus. Pada trimester ketiga, Ny. W mengalami nyeri perut bagian diberikan asuhan mengenai senam hamil. Pertolongan Persalinan dilakukan pada usia kehamilan 39 minggu 3 hari, dengan penanganan nyeri menggunakan teknik *endorphin massage*. Bayi lahir spontan dengan berat 2900 gram, panjang badan 49 cm, jenis kelamin perempuan. Pada masa nifas, masalah pengeluaran ASI sedikit diatasi dengan pijat oksitosin dan ASI mulai lancar pada hari ke-4. Asuhan nifas lainnya adalah memberikan konseling KB dan ibu akseptor KB suntik 3 bulan. Kunjungan neonatus mencakup perawatan tali pusat dan tali pusat puput pada hari ke-4, edukasi ASI Eksklusif dan ASI lancar serta terjadi peningkatan berat badan bayi sebesar 1200 gram. Disarankan agar *Continuity of Midwifery Care (CoMC)* terus dikembangkan dan diterapkan secara luas oleh tenaga kesehatan karena terbukti mampu memberikan pemantauan yang optimal terhadap ibu dan bayi secara menyeluruh.

**Kata Kunci : Asuhan kebidanan komprehensif, kehamilan, persalinan, nifas,
neonates**

Referensi : 73 referensi (2015–2024)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
DIPLOMA III MIDWIFERY STUDY PROGRAM**

**FINAL REPORT, JUNE 2025
EPO RASWA NIKITA SINAGA**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. W AT FATMAWATI
MIDWIFERY CLINIC, PEKANBARU CITY**

xiii + 131 pages, 12 tables, 3 figures, 10 appendices

ABSTRACT

Pregnancy and childbirth are physiological processes that, if not managed properly, can develop into pathological conditions. Therefore, continuous healthcare services are crucial, especially during pregnancy, childbirth, the postpartum period, and the neonatal period. This Final Report aims to describe the implementation of comprehensive midwifery care using the Continuity of Midwifery Care (CoMC) approach, in a holistic and continuous manner according to midwifery care standards. Care was provided to Mrs. W, G1P0A0H0, 26 years old, at Fatmawati Midwifery Clinic in Pekanbaru City from October 2024 to January 2025. The midwifery care included four antenatal visits, childbirth assistance, four postpartum visits, and three neonatal visits. During the third trimester, Mrs. W experienced lower abdominal pain and was provided with antenatal exercise care. Labor assistance was given at 39 weeks and 3 days of gestation, with pain management using the endorphin massage technique. The baby was born spontaneously, weighing 2900 grams, with a body length of 49 cm, and was female. During the postpartum period, a problem with low breast milk production was resolved with oxytocin massage, and milk flow began to improve on the fourth day. Other postpartum care included family planning counseling, and the mother chose the 3-month injectable contraceptive method. Neonatal visits included umbilical cord care, with the cord detaching on the fourth day, exclusive breastfeeding education, and an increase in the baby's weight by 1200 grams. It is recommended that the Continuity of Midwifery Care (CoMC) approach continue to be developed and widely implemented by healthcare providers, as it has proven effective in providing optimal and comprehensive monitoring of both mother and baby.

Keywords : *Comprehensive midwifery care, pregnancy, childbirth, postpartum, neonates*

References : 73 references (2015–2024)