

ABSTRAK

EISHA PESONA RAHAYU. Gambaran Sosial Ekonomi Keluarga dan Status Gizi Balita di Kota Pekanbaru. Dibimbing oleh YOLAHUMAROH, SKM, MPH.

Prevalensi stunting pada balita di Indonesia menurun dari 24,4% pada tahun 2021 menjadi 21,5% pada tahun 2023, namun angka tersebut masih tergolong tinggi. Faktor sosial ekonomi keluarga seperti pendidikan, pekerjaan, dan pendapatan sering dikaitkan dengan status gizi balita. Penelitian ini bertujuan untuk menggambarkan kondisi sosial ekonomi keluarga dan status gizi balita di Kota Pekanbaru. Penelitian menggunakan desain deskriptif dengan pendekatan cross-sectional serta data sekunder Program Perencanaan Gizi (PPG) tahun 2024. Sampel terdiri dari 832 balita yang berasal dari 21 puskesmas. Hasil menunjukkan 53,7% keluarga tergolong miskin dengan pengeluaran per kapita di bawah Rp 749.522 per bulan. Sebagian besar balita memiliki status gizi normal berdasarkan BB/U (74,5%), PB/U (65,4%), dan BB/TB (76,3%).

Kata kunci : sosial ekonomi, status gizi balita

ABSTRACT

EISHA PESONA RAHAYU. Overview of Family Socioeconomics and Nutritional Status of Toddlers in Pekanbaru City. Supervised by YOLAHUMAROH, SKM, MPH.

The prevalence of stunting among under-fives in Indonesia decreased from 24.4% in 2021 to 21.5% in 2023, but the figure is still relatively high. Family socioeconomic factors such as education, employment, and income are often associated with the nutritional status of children under five. This study aims to describe the socioeconomic conditions of families and the nutritional status of children under five in Pekanbaru City. The study used a descriptive design with a cross-sectional approach and secondary data from the Nutrition Planning Program (PPG) in 2024. The sample consisted of 832 toddlers from 21 health centers. The results showed that 53.7% of families were classified as poor with per capita expenditure below Rp 749,522 per month. Most under-fives had normal nutritional status based on BB/U (74.5%), PB/U (65.4%), and BB/TB (76.3%).

Keywords: socioeconomics, under-five nutritional status