

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2025
SARAH FIRSTARY JONITA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. N DI PMB ROSITA
PEKANBARU**

xiv ± 120 Halaman + 7 Tabel +10 Lampiran

ABSTRAK

Kebijakan nasional untuk meminimalkan angka kematian ibu dan bayinya adalah dengan terus meningkatkan pelayanan kesehatan dengan pemberian asuhan secara berkesinambungan atau *Continuity Of Care* (CoC). Angka Kematian Ibu (AKI) dan Angka Kematian Bayi (AKB) di Indonesia masih menjadi tantangan besar dalam sistem kesehatan, yang sebagian besar disebabkan oleh komplikasi selama masa kehamilan, persalinan, masa nifas, serta periode neonatus. Untuk mengurangi angka tersebut, dibutuhkan asuhan kebidanan komprehensif yang berkesinambungan melalui pendekatan *Continuity Of Care*. Studi Kasus ini bertujuan untuk menggambarkan penerapan asuhan kebidanan menyeluruh pada Ny. N, G1P0A0HO, usia 28 tahun, dimulai pada tanggal 22 Oktober 2024 dimulai dari usia kehamilan 33-41 minggu, yang dilaksanakan di Praktik Mandiri Bidan Rosita Kota Pekanbaru. Metode yang digunakan adalah studi kasus dengan pendekatan manajemen kebidanan. Asuhan diberikan dalam bentuk tiga kali kunjungan kehamilan, satu kali asuhan persalinan, empat kali kunjungan masa nifas, serta tiga kali kunjungan neonatus. Selama kehamilan, ibu mengeluh nyeri perut bagian bawah dan berhasil ditangani dengan edukasi. Persalinan berlangsung spontan pada usia kehamilan 41 minggu, bayi lahir cukup bulan, menangis spontan, aktif bergerak, dengan berat badan 3300 gram dan panjang badan 50 cm. Pada masa nifas, keluhan puting susu lecet di atasi melalui pijat oksitosin, perawatan payudara, pendidikan kesehatan. Asuhan neonatus berjalan lancar, dengan peningkatan berat badan sebesar 500 gram. Hasil menunjukkan keberhasilan *continuity of midwifery care* dalam meningkatkan kesehatan ibu dan bayi. Oleh karena itu, CoMC direkomendasikan untuk diterapkan secara luas dalam praktik kebidanan guna meningkatkan mutu pelayanan KIA dan menurunkan AKI serta AKB di Indonesia.

Kata Kunci : **Asuhan komprehensif, kehamilan, persalinan, nifas, neonatus.**
Daftar Bacaan : 60 Referensi (2015-2025)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
DIII MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, MAY 2025
SARAH FIRSTARY JONITA**

**COMPREHENSIVE MIDWIFERY CARE IN NY. N AT PMB ROSITA
PEKANBARU**

xiv ± 120 Pages + 7 Tables +10 Appendices

ABSTRACT

The national policy to minimize maternal and infant mortality rates is to continuously improve healthcare services by providing continuous care, known as Continuity of Care (CoC). Maternal Mortality Rate (MMR) and Infant Mortality Rate (IMR) in Indonesia remain major challenges in the healthcare system, mostly caused by complications during pregnancy, childbirth, postpartum, and the neonatal period. To reduce these rates, comprehensive and continuous midwifery care through the Continuity of Care approach is required. This case study aims to describe the implementation of comprehensive midwifery care for Mrs. N, G1P0A0H0, 28 years old, starting from October 22, 2024, during the gestational age of 33–41 weeks, conducted at the Independent Midwife Practice of Rosita in Pekanbaru City. The method used is a case study with a midwifery care management approach. The care consisted of three antenatal visits, one childbirth care session, four postpartum visits, and three neonatal visits. During pregnancy, the mother complained of lower abdominal pain, which was successfully managed through education. Labor occurred spontaneously at 41 weeks of gestation, and the baby was born full-term, cried spontaneously, was actively moving, weighed 3300 grams, and measured 50 cm in length. During the postpartum period, nipple soreness was resolved through oxytocin massage, breast care, and health education. Neonatal care proceeded smoothly, with a weight gain of 500 grams. The results show the success of continuity of midwifery care in improving maternal and infant health. Therefore, CoC is recommended to be widely implemented in midwifery practice to improve the quality of maternal and child health services and to reduce MMR and IMR in Indonesia.

Keywords : Comprehensive care pregnancy, childbirth, postpartum, neonates

Reading List : 60 references (2015-2022)