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SESARIA MARETHA PUTRI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. “K” DI PMB
ROSITA KOTA PEKANBARU.**

xi + 124 Halaman + 6 Tabel + 12 Lampiran

ABSTRAK

Asuhan kebidanan komprehensif dan berkesinambungan, atau yang dikenal dengan *Continuity of Midwifery Care* (CoMC), merupakan metode pelayanan kebidanan yang diberikan secara menyeluruh dan berkelanjutan kepada pasien. Studi kasus ini bertujuan untuk menerapkan asuhan kebidanan secara komprehensif pada Ny. K, G1P0A0, mulai dari masa kehamilan, persalinan, nifas, hingga perawatan neonatus, serta mendokumentasikannya menggunakan metode SOAP di PMB Rosita, Kota Pekanbaru, pada tahun 2025. Asuhan dilakukan sejak bulan November 2024 hingga Februari 2025, baik di PMB Rosita maupun di rumah pasien. Selama kehamilan, Ny. K mendapatkan asuhan sesuai kebutuhannya, seperti senam hamil dan perawatan payudara. Saat persalinan, dilakukan teknik manajemen nyeri berupa massage punggung, dan pertolongan persalinan dilakukan sesuai standar Asuhan Persalinan Normal (APN). Bayi lahir dalam kondisi sehat, langsung menangis, dengan tonus otot aktif, jenis kelamin perempuan, berat badan 3.500 gram, panjang badan 50 cm, dan plasenta lahir lengkap. Masa nifas berlangsung normal. Ibu diberikan edukasi mengenai senam nifas, pijat oksitosin, serta dilakukan skrining menggunakan *Edinburgh Postnatal Depression Scale* (EPDS). Ibu memilih menjadi akseptor KB pil. Pada masa neonatus, dilakukan perawatan berupa *rooming in*, perawatan tali pusat, dan pijat bayi. Bayi menunjukkan perkembangan baik dengan peningkatan berat badan sebesar 1.100 gram dalam 18 hari, menjadi 4.600 gram. Dari hasil studi kasus ini, untuk selalu mempertahankan dan meningkatkan mutu pelayanan kebidanan yang dilakukan secara *continuity of care* pada ibu hamil, bersalin, nifas, neonatus serta keluarga berencana serta sesuai dengan Standar Pelayanan Minimal Kebidanan.

Kata Kunci : ***Asuhan Hamil, Bersalin, Nifas, Neonatus, Komprehensif***

Daftar Bacaan : 68 referensi (2014-2024)

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RIAU HEALTH POLYTECHNIC
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D3 MIDWIFERY STUDY PROGRAM

FINAL ASSIGNMENT REPORT, JUNE 2025

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**COMPREHENSIVE MIDWIFERY CARE FOR MRS. “K” AT PMB
ROSITA, PEKANBARU CITY.**

xi + 124 Pages + 6 Tables + 12 Appendices

ABSTRACT

Comprehensive and continuous midwifery care, also known as Continuity of Midwifery Care (CoMC), is a method of midwifery services provided comprehensively and continuously to patients. This case study aims to implement comprehensive midwifery care for Mrs. K, G1P0A0, starting from pregnancy, childbirth, postpartum, to neonatal care, and document it using the SOAP method at PMB Rosita, Pekanbaru City, in 2025. Care was carried out from November 2024 to February 2025, both at PMB Rosita and at the patient's home. During pregnancy, Mrs. K received care according to her needs, such as pregnancy exercises and breast care. During labor, pain management techniques in the form of back massage were performed, and delivery assistance was carried out according to Normal Delivery Care (APN) standards. The baby was born in a healthy condition, cried immediately, with active muscle tone, female gender, weight 3,500 grams, body length 50 cm, and a complete placenta delivered. The postpartum period proceeded normally. The mother was educated about postnatal exercises, oxytocin massage, and screened using the Edinburgh Postnatal Depression Scale (EPDS). She chose to accept birth control pills. During the neonatal period, care was provided in the form of rooming in, umbilical cord care, and infant massage. The baby showed good development with a weight increase of 1,100 grams in 18 days, to 4,600 grams. The results of this case study suggest that the quality of midwifery services, including continuity of care for pregnant women, childbirth, postpartum women, neonates, and family planning, should be maintained and improved, in accordance with the Minimum Midwifery Service Standards.

Keywords : *Comprehensive Pregnancy, Maternity, Postpartum, and Neonatal Care*

Reading List : 68 references (2014-2024)