

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU**

PROGRAM STUDI D-III KEBIDANAN

**LAPORAN TUGAS AKHIR, JUNI 2025
AURA FATIMAH AZZAHRA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. L DI PRAKTIK
MANDIRI BIDAN SITI JULAEHA KOTA PEKANBARU**

xiii + 159 Halaman + 11 Tabel +9 Lampiran

ABSTRAK

Continuity Midwifery of Care merupakan serangkaian kegiatan pelayanan kebidanan yang berkesinambungan. Metode *CoMC* ini bertujuan untuk memantau kesejahteraan dan menjamin ibu mampu mengakses pelayanan kesehatan yang berkualitas mulai kehamilan, persalinan, nifas dan neonatus. Studi kasus ini bertujuan untuk memberikan asuhan secara menyeluruh dan berkesinambungan pada Ny. L $G_2P_1A_0H_1$ di Praktik Mandiri Bidan Siti Julaeha Kota Pekanbaru dari bulan Januari - Maret 2025. Asuhan kehamilan diberikan sebanyak 3 kali kunjungan, pertolongan persalinan, 4 kali kunjungan nifas dan 3 kali kunjungan neonatus. Selama kehamilan Trimester III, ditemukan keluhan adanya hemoroid namun tidak mengganggu. Ibu diberikan pendidikan kesehatan tentang memperbanyak makan makanan yang tinggi akan serat serta banyak minum air putih. Persalinan berlangsung pada usia kehamilan 38 minggu 3 hari. Pertolongan persalinan dilakukan sesuai standar Asuhan Persalinan Normal (APN). Bayi lahir spontan, menangis kuat, tonus otot baik, pergerakan aktif, berat badan 2.500 gram, panjang badan 47 cm. Pada masa nifas asuhan yang diberikan yaitu pijat oksitosin dan laktasi, edukasi nutrisi ibu menyusui serta konseling KB. Ibu memutuskan untuk menggunakan metode KB jenis Kondom. Pada neonatus diberikan asuhan rutin yaitu perawatan tali pusat, perawatan bayi sehari-hari dan pijat bayi. Terjadi kenaikan berat badan bayi sebesar 1.155 gram dari berat badan lahir pada usia 25 hari. Diharapkan kepada bidan sebagai tenaga kesehatan dapat mempertahankan pemberian pelayanan kebidanan secara komprehensif.

**Kata Kunci : Asuhan Kebidanan Komprehensif, Kehamilan, Persalinan,
Nifas, dan Neonatus**

Referensi : 66 Referensi (2015–2023)

**MINISTRY OF HEALTH OF THE REPUBLIC OF
INDONESIA HEALTH POLYTECHNIC OF RIAU
STUDY PROGRAM OF D III MIDWIFERY**

**FINAL PROJECT REPORT, JUNE
2025 AURA FATIMAH AZZAHRA**

**COMPREHENSIVE MIDWIFERY CARE IN MRS. L AT
INDEPENDENT MIDWIFERY PRACTICE SITI JULAEHA
PEKANBARU CITY, 2025**

xiii+ 159 Pages + 11 Tabels + 9 Appendices

ABSTRACT

Continuity Midwifery of Care is a series of continuous midwifery service activities. This CoMC method aims to monitor welfare and ensure that mothers are able to access quality health services from pregnancy, childbirth, postpartum and neonates. This case study aims to provide comprehensive and continuous care to Mrs. L *G2P1A0H1* at Siti Julaeha Midwife Independent Practice Pekanbaru City from January - March 2025. Pregnancy care was given for 3 visits, childbirth assistance, 4 postpartum visits and 3 neonate visits. During pregnancy Trimester III, complaints of hemorrhoids were found but did not interfere. The mother was given health education about eating foods that are high in fiber and drinking lots of water. Delivery took place at 38 weeks 3 days gestation. Delivery assistance was carried out according to the standards of Normal Labor Care (APN). The baby was born spontaneously, strong crying, good muscle tone, active movement, weight 2,500 grams, length 47 cm. In the postpartum period, the care provided was oxytocin and lactation massage, nutrition education for breastfeeding mothers and family planning counseling. Mother decided to use condom type family planning method. In the neonate, routine care was given, namely umbilical cord care, daily baby care and baby massage. There was an increase in baby weight of 1,155 grams from birth weight at the age of 25 days. It is expected that midwives as health workers can maintain the provision of comprehensive midwifery services.

Keywords : Midwifery care, pregnancy, childbirth, postpartum, neonates

References : 66 References (2015–2023)