

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2025
AJENG GITA PERTIWI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA Ny. I DI PMB
MURTINAWITA KOTA PEKANBARU**

xii + 132 Halaman + 7 Tabel +11 Lampiran

ABSTRAK

Program Kesehatan Ibu dan Anak (KIA) menjadi prioritas utama dalam pembangunan kesehatan di Indonesia. Transformasi layanan primer dilakukan secara promotif dan preventif untuk meningkatkan mutu serta kesinambungan pelayanan. Salah satu upayanya adalah penerapan metode *Continuity of Midwifery Care* (CoMC). Studi kasus ini bertujuan untuk memberikan Asuhan Kebidanan Komprehensif dari kehamilan trimester III, persalinan, nifas, dan neonatus dengan pendokumentasian SOAP pada Ny.I di PMB Murtinawita Kota Pekanbaru. Asuhan kebidanan ini di mulai dari 13 Oktober 2023 – 12 Juni 2025. Pada masa kehamilan dilakukan sebanyak 3 kali kunjungan, nifas 4 kali kunjungan, neonatus 3 kali kunjungan. Asuhan kehamilan pada Ny.I G4P3A0H3 ditemukan keluhan ibu sering BAK, nyeri pinggang. Asuhan yang dibeikan yaitu senam hamil. Persalinan dilakukan sesuai standar Asuhan Persalinan Normal (APN) dan berlangsung normal. Saat kala I dilakukan asuhan *Massage Efflurage*. Bayi lahir tanggal 08 November 2024 pukul 22.15 WIB jenis kelamin perempuan dengan BB 2800 gram dan PB 49 cm. Pada masa nifas dilakukan senam nifas dan pijat oksitosin. Ny.I menggunakan KB alami (*coitus interruptus*). Asuhan neonatus yang diberikan adalah perawatan bayi sehari-hari, perawatan tali pusat, dan pijat bayi. Terjadi peningkatan BB bayi sebanyak 300 gram pada hari ke 14. Diharapkan bagi bidan dapat meningkatkan pelayanan asuhan secara menyeluruh, sehingga dapat mendeteksi dan mencegah komplikasi terutama saat masa kehamilan, persalinan, nifas, bayi baru lahir, serta keluarga berencana (KB).

Kata kunci: *Asuhan kebidanan, kehamilan, persalinan, nifas, neonatus.*

Referensi : 75 Referensi (2014-2025)

**MINISTRY OF HEALTH THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
STUDY PROGRAM D III MIDWIFERY**

**FINAL PROJECT REPORT, JUNE 2025
AJENG GITA PERTIWI**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. I IN PMB
PEKANBARU CITY IN 2025**

xii + 132 Pages + 7 Tables + 10 Attachments

ABSTRACT

The Maternal and Child Health (MCH) Program is a top priority in health development in Indonesia. Primary care transformation is being carried out through promotive and preventive approaches to improve the quality and continuity of services. One such effort is the implementation of the Continuity of Midwifery Care (CoMC) method. This case study aims to provide comprehensive midwifery care from the third trimester of pregnancy, childbirth, postpartum, and neonatal care using SOAP documentation for Mrs. I at Murtinawita Midwifery Clinic (PMB Murtinawita) in Pekanbaru City. The care was provided from October 13, 2023, to June 12, 2025. During the pregnancy period, there were 3 visits; 4 visits during postpartum, and 3 visits for neonatal care. During pregnancy, Mrs. I (G4P3A0H3) experienced frequent urination and back pain. Antenatal care included prenatal exercise. Labor was conducted according to the Normal Delivery Care (APN) standard and progressed normally. Effleurage massage was performed during the first stage of labor. The baby was born on November 8, 2024, at 22:15 WIB, female, weighing 2800 grams and 49 cm in length. During the postpartum period, postpartum exercises and oxytocin massage were provided. Mrs. I used natural family planning (coitus interruptus). Neonatal care included daily baby care, umbilical cord care, and infant massage. The baby's weight increased by 300 grams on the 14th day. It is expected that midwives can enhance the delivery of comprehensive care services to detect and prevent complications, especially during pregnancy, childbirth, postpartum, newborn care, and family planning.

Keywords: Midwifery care, pregnancy, childbirth, postpartum, neonates.

References: 75 References (2014-2025)