

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU**

PROGRAM STUDI D-III KEBIDANAN

**LAPORAN TUGAS AKHIR, JUNI 2025
AURA FATIMAH AZZAHRA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. L DI PRAKTIK
MANDIRI BIDAN SITI JULAEHA KOTA PEKANBARU**

xiii + 159 Halaman + 11 Tabel +9 Lampiran

ABSTRAK

Continuity Midwifery of Care merupakan serangkaian kegiatan pelayanan kebidanan yang berkesinambungan. Metode *CoMC* ini bertujuan untuk memantau kesejahteraan dan menjamin ibu mampu mengakses pelayanan Kesehatan yang berkualitas mulai kehamilan, persalinan, nifas, dan neonates. Studi kasus ini bertujuan untuk memberikan asuhan secara menyeluruh dan berkesinambungan pada Ny.L G2P1A0H0 di Praktik Mandiri Bidan Siti Julaeha Kota Pekanbaru dari bulan Januari – Maret 2025. Asuhan Kehamilan diberikan sebanyak 3 kali kunjungan, pertolongan persalinan, 4 kali kunjungan nifas dan 3 kali kunjungan neonatus. Selama kehamilan Trimester III, di temukan keluhan adanya hemoroid namun tidak mengganggu. Ibu diberikan Pendidikan Kesehatan tentang memperbanyak makan makanan yang tinggi akan serat serta banyak minum air putih. Persalinan berlangsung pada usia kehamilan 38 minggu 3 hari. Pertolongan persalinan dilakukan sesuai standar Asuhan Persalinan Normal (APN). Bayi lahir spontan, menangis kuat, tonus otot baik, pergerakan aktif, berat badan 2.500 gram, panjang badan 47 cm. Pada masa nifas asuhan yang diberikan yaitu pijat oksitosin dan laktasi, edukasi nutrisi ibu menyusui serta konseling KB. Ibu memutuskan untuk menggunakan metode KB jenis Kondom. Pada neonatus diberikan asuhan rutin yaitu perawatan tali pusat, perawatan bayi sehari-hari dan pijat bayi. Terjadi kenaikan berat badan bayi sebesar 1.155 gram dari berat badan lahir pada usia 25 hari. Diharapkan kepada bidan sebagai tenaga kesehatan dapat mempertahankan pemberian pelayanan kebidanan secara komprehensif.

**Kata Kunci : Asuhan Kebidanan Komprehensif, Kehamilan, Persalinan,
Nifas, dan Neonatus**

Referensi : 66 Referensi (2015–2023)

**MINISTRY OF HEALTH OF THE REPUBLIC OF
INDONESIA HEALTH POLYTECHNIC OF RIAU
STUDY PROGRAM OF D III MIDWIFERY**

**FINAL PROJECT REPORT, JUNE
2025 AURA FATIMAH AZZAHRA**

**COMPREHENSIVE MIDWIFERY CARE IN MRS. L AT
INDEPENDENT MIDWIFERY PRACTICE SITI JULAEHA
PEKANBARU CITY, 2025**

xiii+ 159 Pages + 11 Tabels + 9 Appendices

ABSTRACT

Continuity Midwifery of Care is a series of continuous midwifery service activities. The CoMC method aims to monitor the welfare and ensure that mothers are able to access quality health services starting from pregnancy, childbirth, postpartum, and neonates. This case study aims to provide comprehensive and continuous care to Mrs. L G2P1A0H0 at the Independent Practice of Midwife Siti Juliaha Pekanbaru City from January - March 2025. Pregnancy care was provided 3 times, delivery assistance, 4 postpartum visits and 3 times neonatal visits. During the third trimester of pregnancy, complaints of hemorrhoids were found but did not interfere. The mother was given Health Education about increasing consumption of foods high in fiber and drinking plenty of water. Labor took place at 38 weeks and 3 days of gestation. Delivery assistance was carried out according to Normal Delivery Care (APN) standards. The baby was born spontaneously, cried loudly, had good muscle tone, active movement, weighed 2,500 grams, and was 47 cm long. During the postpartum period, care provided included oxytocin and lactation massage, nutrition education for breastfeeding mothers, and family planning counseling. The mother decided to use condoms as a birth control method. Routine care for the neonate included umbilical cord care, daily baby care, and baby massage. The baby's weight increased by 1,155 grams from birth weight at 25 days. Midwives, as health workers, are expected to maintain comprehensive midwifery care.

Keywords : Midwifery care, pregnancy, childbirth, postpartum, neonates

References : 66 References (2015–2023)