

KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN RIAU  
PROGRAM STUDI D III KEBIDANAN

LAPORAN TUGAS AKHIR, JUNI 2025  
RINDU PERMATA SARI

ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. M  
DI PMB ROSITA KOTA PEKANBARU

xii ± 136 Halaman, 8 Tabel, 9 Lampiran

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ABSTRAK

Keberhasilan Program kesehatan ibu dapat dinilai melalui indikator utama Angka Kematian Ibu. Salah satu upaya percepatan penurunan AKI dilakukan oleh bidan dengan metode *Continuity of Midwifery Care*, merupakan layanan kebidanan melalui model pelayanan berkelanjutan selama kehamilan, persalinan, nifas, dan neonatus. Laporan tugas akhir ini bertujuan untuk memberikan asuhan kebidanan yang menyeluruh dan berkesinambungan dimulai sejak hamil, bersalin, nifas serta KB dan neonatus yang dilakukan dari bulan Oktober 2024 - Januari 2025 pada Ny.M usia 28 tahun di PMB Rosita kota Pekanbaru, dengan 3 kali kunjungan hamil, 4 kali kunjungan nifas dan 3 kali kunjungan neonatus. Keluhan ibu pada masa kehamilan yaitu kram pada kaki. Asuhan yang diberikan yaitu senam hamil dan merendam kaki dengan air hangat sehingga keluhan dapat diatasi. Proses persalinan berlangsung secara *Sectio Caesarea* atas indikasi Ketuban Pecah Dini (KPD) di RSIA Hermina. Bayi lahir tanggal 9 Desember 2024, pukul 09.30 WIB, jenis kelamin perempuan, berat badan 3.700 gram dan panjang badan 50 cm. Pada masa nifas ditemukan masalah nyeri pada luka bekas operasi. Asuhan yang diberikan yaitu, teknik relaksasi, dan skrining *Edinburgh Postnatal Depression Scale* (EPDS), memberikan konseling KB. Ibu memilih menjadi akseptor KB suntik Progestin. Pada masa neonatus diberikan edukasi pemberian ASI eksklusif dan asuhan pijat bayi, terjadi peningkatan berat badan bayi 200 gram pada hari ke 10. Diharapkan kepada bidan sebagai tenaga kesehatan tetap mempertahankan pemberian pelayanan kebidanan secara komprehensif dan berkesinambungan terutama asuhan ibu hamil, bersalin, nifas dan neonatus.

Kata Kunci: ***Asuhan Kebidanan Komprehensif, hamil, bersalin, nifas, neonatus***  
Referensi : 59 Referensi (2011-2024)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA  
HEALTH POLYTECHNIC OF RIAU  
STUDY PROGRAM OF DIII MIDWIFERY**

**FINAL PROJECT REPORT, JUNE 2025  
RINDU PERMATA SARI**

**COMPREHENSIF MIDWIFERY CARE FOR NY. M  
AT PMB ROSITA PEKANBARU CITY  
xii, ± 136 Pages, 8 Tables, 9 Attachment**

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**ABSTRACT**

*The success of the maternal health program can be assessed through the main indicator of maternal mortality rate. One of the efforts to accelerate the reduction of MMR is carried out by midwives using the Continuity of Midwifery Care method, which is a midwifery service through a continuous service model during pregnancy, childbirth, postpartum, and neonates. This final project report aims to provide comprehensive and continuous midwifery care starting from pregnancy, childbirth, postpartum and family planning and neonates carried out from Oktober 2024 - January 2025 on Mrs.M at PMB Rosita Pekanbaru city, with 3 pregnancy visits, 4 postpartum visits and 3 neonate visits. The mother's complaint during pregnancy was swelling of the legs, the care given was soaking the feet with warm water so that complaints could be resolved. The delivery process took place by Sectio Caesarea on the indication of Early Rupture of Membranes (KPD) at Hermina Hospital Pekanbaru. The baby was born on December 09, 2024, at 3:30 pm, female gender, weight 3,700 grams and length 50 cm. In the postpartum period, there was a problem of pain in the surgical wound, the care given was surgical wound care, as well as screening the Edinburgh Postnatal Depression Scale (EPDS), providing family planning counseling and the mother chose to become a 3-month injectable family planning acceptor. In the neonate period, baby massage care was given, there was an increase in baby weight of 200 grams for 10 days. It is expected that midwives as health workers continue to maintain the provision of*

**Keywords: Comprehensive Midwifery Care, pregnancy, delivery, postpartum, neonate**

**References: 59 References (2011-2024)**