

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA POLITEKNIK
KESEHATAN RIAU**

PROGRAM STUDI DIII KEBIDANAN

LAPORAN TUGAS AKHIR, JUNI 2025

TIARA ANGGERWATI

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. “K” DI PMB
ROSITA KOTA PEKANBARU 2025**

xii, 119 halaman, 7 Tabel, 11 Lampiran

ABSTRAK

Salah satu upaya dalam pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas dan neonatus adalah dengan asuhan kebidanan *Continuity of Midwifery Care (CoMC)*. Laporan Tugas Akhir ini bertujuan memberikan asuhan kebidanan yang menyeluruh dan berkesinambungan pada Ny.K dimulai sejak hamil, bersalin, nifas, dan neonatus. Asuhan dilakukan pada Ny. K G₄P₃A₀H₃ dimulai pada usia kehamilan 30-31 minggu di PMB Rosita Kota Pekanbaru dari bulan November 2024 s/d Juni 2025. Asuhan kebidanan meliputi 4 kali kunjungan kehamilan, persalinan, 4 kali kunjungan nifas dan 3 kali kunjungan neonatus. Keluhan yang dialami Ny. K selama kehamilan trimester III adalah kebas tangan asuhan yang diberikan adalah edukasi pemenuhan nutrisi kaya akan kalsium. Keluhan selama hamil lainnya adalah nyeri pinggang, asuhan yang diberikan adalah senam hamil. Persalinan dilakukan secara seksio sesarea atas indikasi Fetal Distres. Bayi lahir langsung menangis jenis kelamin Perempuan, berat badan 2.800 gram dan panjang badan 48 cm. Asuhan nifas dilakukan pada Ny. K P₄A₀H₄ post SC + post tubektomi dengan masalah nyeri pada luka sc, asuhan yang diberikan perawatan luka SC dan nyeri luka SC dan mobilisasi dini yang membantu mengurangi rasa nyeri. Asuhan neonatus normal dilakukan 3 kali kunjungan dan tidak ditemukan masalah pada bayi. Bayi diberikan asuhan rutin bayi baru lahir dan perawatan tali pusat. Pada akhir asuhan usia 25 hari berat badan bayi mengalami peningkatan sebanyak 1000 gr dari berat badan lahir 2800 gram hingga 3800 gram. Diharapkan bidan dapat mempertahankan dan meningkatkan asuhan yang komprehensif dan berkesinambungan sesuai standar pelayanan kebidanan dimulai dari masa hamil, bersalin, nifas dan neonatus.

**Kata Kunci : Asuhan Kebidanan Komprehensif, Kehamilan, Persalinan,
Nifas, Neonatus**

Daftar Bacaan : 52 referensi (2015-2024).

MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA RIAU

HEALTH POLYTECHNIC DIII MIDWIFERY

STUDY PROGRAM FINAL PROJECT REPORT, JUNE 2025

TIARA ANGGERWATI

COMPREHENSIVE MIDWIFERY CARE FOR MRS. "K" AT PMB
ROSITA PEKANBARU CITY 2025

xii, 119 pages, 7 Tables, 11 Attachments

ABSTRACT

One of the efforts in preventing and handling complications in pregnancy, childbirth, postpartum and neonates is with Continuity of Midwifery Care (CoMC) midwifery care. This Final Assignment Report aims to provide comprehensive and continuous midwifery care to Mrs. K starting from pregnancy, childbirth, postpartum, and neonates. Care was carried out on Mrs. K $G_4P_3A_0H_3$ starting at 30-31 weeks of gestation at PMB Rosita Pekanbaru City from November 2024 to June 2025. Midwifery care includes 4 pregnancy visits, childbirth, 4 postpartum visits and 3 neonatal visits. The complaint experienced by Mrs. K during the third trimester of pregnancy was numb hands, the care provided was education on the fulfillment of calcium-rich nutrition. Other complaints during pregnancy were back pain, the care provided was pregnancy exercises. Delivery was carried out by cesarean section for indications of Fetal Distress. The baby was born crying immediately, female gender, weight 2,800 grams and body length 48 cm. Postpartum care was carried out on Mrs. K $P_4A_0H_4$ post SC + post tubectomy with the problem of pain in the sc wound, the care provided was sc wound care and SC wound pain and early mobilization which helped reduce pain. Normal neonatal care was carried out 3 times and no problems were found in the baby. The baby was given routine newborn care and umbilical cord care. At the end of the 25-day care, the baby's weight increased by 1000 grams from a birth weight of 2800 grams to 3800 grams. It is hoped that midwives can maintain and improve comprehensive and continuous care according to midwifery service standards starting from pregnancy, childbirth, postpartum and neonates.

Keywords: *Comprehensive Midwifery Care, Pregnancy, Childbirth, Postpartum, Neonate*

Reading List: 52 references (2015-2024).