

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, 12 JUNI 2025
SITI MARHAMAH RAMADANI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. A DI PRAKTIK
MANDIRI BIDAN ROSITA KOTA PRKANBARU TAHUN 2025**

xii ± 145 Halaman + 8 Tabel + 10 Lampiran

ABSTRAK

Dalam rangka mempercepat pencapaian target penurunan Angka Kematian Ibu dan Angka Kematian Bayi, Indonesia memiliki program yang sudah terfokus pada pelayanan kebidanan yang berkesinambungan *Continuity of Midwifery Care* (CoMC). Studi kasus ini bertujuan untuk memberikan asuhan komprehensif dari masa kehamilan, persalinan, masa nifas serta KB, dan neonatus dengan pendokumentasian SOAP pada Ny. A usia 28 tahun G2P1A0H1 di PMB Rosita Kota Pekanbaru. Asuhan Kebidanan ini dilaksanakan dari bulan Desember 2024 hingga Maret 2025 sebanyak 3 kali kunjungan selama kehamilan dengan keluhan Nyeri pinggang, diberikan asuhan kompres hangat dan senam hamil sehingga keluhan dapat diatasi. Pada saat persalinan dilakukan secara spontan di PMB Rosita, pada saat persalinan untuk mengurangi nyeri serta mempercepat persalinan diberikan asuhan berupa *Deep Back Massage*, *Birth Ball*, teknik pernafasan. Bayi lahir spontan pada tanggal 25 Januari 2025, pukul 05.30 WIB, jenis kelamin perempuan, BB 3.100 gram. Asuhan masa nifas dilakukan 4 kali didapatkan keluhan ASI yang keluar masih sedikit dan diberikan asuhan pijat laktasi serta, memberitahu ibu untuk terus menyusui bayinya secara on demand, dan ibu menjadi akseptor KB IUD. Asuhan neonatus dilakukan berdampingan dengan asuhan nifas yaitu sebanyak 3 kali kunjungan, diberikan asuhan perawatan tali pusat, memandikan bayi, pijat bayi dan terjadi kenaikan BB sebanyak 900 gram selama 26 hari. Diharapkan bidan tetap mempertahankan dan meningkatkan asuhan kebidanan komprehensif dan berkesinambungan sesuai dengan standar pelayanan kebidanan.

Kata Kunci : *Asuhan Kebidanan Komprehensif, hamil, bersalin, nifas, neonatus.*

Referensi : 73 Referensi (2015-2025)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
DIII MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, 12 JUNE 2025
SITI MARHAMAH RAMADANI**

**COMPREHENSIVE MIDWIFERY CARE IN NYA AT PMB
ROSITA PEKANBARU CITY**

xii ± 145 Pages + 8 Tables + 10 Attachments

ABSTRACT

In order to accelerate the achievement of the target of reducing the Maternal Mortality Rate and Infant Mortality Rate, Indonesia has a program that has focused on continuous midwifery services Continuity of Midwifery Care (CoMC). This case study aims to provide comprehensive care from pregnancy, childbirth, postpartum and family planning, and neonates with SOAP documentation in Mrs. A aged 28 years G2P1A0H1 at PMB Rosita Pekanbaru City. This Midwifery Care was carried out from December 2024 to March 2025 as many as 3 visits during pregnancy with complaints of low back pain, given warm compress care and pregnancy exercises so that complaints could be overcome. At the time of childbirth, it was carried out spontaneously at PMB Rosita, during childbirth to reduce pain and improve childbirth, care was given in the form of Deep Back Massage, Birth Ball, and breathing techniques. The baby was born spontaneously on January 25, 2025, at 05.30 WIB, female gender, BB 3,100 grams. Postpartum care was carried out 4 times, there were complaints of breast milk that came out still small and were given lactation massage care as well as, telling mothers to continue breastfeeding their babies on demand, and mothers became acceptors of IUD birth control. Neonatal care was carried out side by side with postpartum care, namely 3 visits, provided cord care, baby bathing, baby massage and an increase in BB of 900 grams for 26 days. It is hoped that midwives will continue to maintain and improve comprehensive and sustainable midwifery care in accordance with midwifery service standards.

Keywords: Comprehensive Midwifery Care, pregnancy, delivery, postpartum, neonate

References: 73 References (2015-2025)