

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU**

PROGRAM STUDI D III KEBIDANAN

**LAPORAN TUGAS AKHIR, JUNI 2025
MUTIARA IVONICHA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. A DI PMB LISA
ANGRIANI KOTA PEKANBARU TAHUN 2025**

xiii, + 122 Halaman, 6 Tabel, 9 Lampiran

ABSTRAK

Salah satu model asuhan kebidanan yang dapat meningkatkan kualitas asuhan dalam pelayanan kesehatan ibu dan bayi yaitu dengan asuhan komprehensif. Tujuan dari studi kasus ini adalah untuk memberikan asuhan kebidanan komprehensif dan berkesinambungan pada Ny. A G1P0A0H0 mulai dari masa kehamilan trimester III, persalinan, masa nifas, neonatus serta mendokumentasikan dengan metode SOAP. Asuhan kebidanan diberikan mulai dari tanggal 15 Desember 2024 sampai 04 Maret 2025 di PMB Lisa Angriani kota Pekanbaru. Keluhan selama trimester III adalah nyeri punggung, nyeri perut bagian bawah dan dapat diatasi dengan kompres hangat serta mengajarkan Teknik relaksasi untuk mengurangi nyeri perut bagian bawah. Persalinan dilakukan sesuai dengan standar Asuhan Persalinan Normal (APN). Bayi lahir spontan, aterm, menangis kuat, pergerakan aktif, jenis kelamin Laki-laki dengan BB 3.700 gram dan PB 51 cm. IMD berhasil pada menit ke 50, Plasenta lahir lengkap dan terdapat laserasi jalan lahir derajat II. Masa nifas berjalan normal asuhan yang diberikan yaitu edukasi perawatan luka laserasi jalan lahir, skrinning EPDS dengan hasil normal serta konseling KB. Ibu berencana menggunakan KB suntik progestin. Asuhan pada neonatus dilakukan sesuai standar yaitu menyuntikan vitamin K 1mg, HB 0, Pemberian salep mata Tetrasiklin 1%, perawatan tali pusat, pencegahan hipotermi, edukasi ASI Eksklusif dan pijat bayi. Didapatkan peningkatan berat badan sebesar 700 gr pada hari ke 28. Diharapkan kepada tenaga kesehatan khususnya bidan, dapat mempertahankan pelayanan yang komprehensif dan berkesinambungan dimulai dari masa hamil, persalinan, bayi baru lahir, nifas dan keluarga berencana.

Kata Kunci : *Asuhan Kebidanan komprehensif, kehamilan, persalinan, Nifas dan Neonatus*

Daftar Bacaan : **68 Referensi (2013-2025)**

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA HEALTH
POLYTECHNIC OF RIAU
MIDWIFERY D III STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNI 2025
MUTIARA IVONICHA**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. A AT
INDEPENDENT PRACTICE OF MIDWIFE LISA ANGRANI
PEKANBARU CITY ON 2025**

xiii, + 122 Pages, 6 Table, 9 Attachments

ABSTRACT

One model of midwifery care that can improve the quality of services in maternal and infant health care is comprehensive care. The purpose of this case study is to provide comprehensive and continuous midwifery care to Mrs. A, G1P0A0H0, starting from the third trimester of pregnancy, labor, postpartum period, neonatal period, and to document the care using the SOAP method. The midwifery care was provided from December 15, 2024, to March 4, 2025, at the Lisa Angriani Midwifery Practice (PMB) in Pekanbaru City. Complaints during the third trimester included back pain and lower abdominal pain, which were managed with warm compresses and by teaching relaxation techniques to reduce lower abdominal pain. Labor was conducted according to the standards of Normal Delivery Care (APN). The birth was spontaneous with a second-degree perineal laceration. The baby was born spontaneously at term, cried strongly, had active movement, female, with a birth weight of 3,700 grams and a length of 51 cm. Early Initiation of Breastfeeding (EIBF) was successfully carried out at the 50th minute. The postpartum period progressed normally with education on perineal wound care and EPDS screening showing normal results. Neonatal care was provided in accordance with standards, including the administration of 1 mg vitamin K and hepatitis B vaccine (HB 0), application of 1% tetracycline eye ointment, umbilical cord care, maintaining the baby's warmth, education on exclusive breastfeeding, and infant massage. At 28 days of age, the neonate showed a weight gain of 700 grams, from 3,700 grams at birth to 4,400 grams, and an increase in length to 54 cm. The mother chose the 3-month injectable contraceptive method. It is expected that healthcare workers, especially midwives, can maintain comprehensive and continuous services starting from pregnancy, labor, newborn care, postpartum care, and family planning.

Keywords : *Comprehensive Care, pregnancy, childbirth, puerperium, neonates*
Reading List : 68 References (2013-2025)