

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA POLITEKNIK KESEHATAN  
RIAU  
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2025  
AFIFAH SULISTIAWATI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. A DI PMB NILA TRISNAWATI  
KOTA PEKANBARU  
xii + 176 Halaman + 7 tabel + 9 Lampiran**

---

**ABSTRAK**

Dalam upaya menurunkan AKI di Indonesia, salah satu bentuk asuhan yang dapat dilakukan untuk menekan AKI yaitu dengan metode *Continuity of Midwifery Care* (CoMC). Studi kasus ini bertujuan untuk memberikan asuhan dari masa kehamilan, persalinan, nifas, dan neonatus dengan pendokumentasian SOAP pada Ny. A G<sub>2</sub>P<sub>1</sub>A<sub>0</sub>H<sub>1</sub> di PMB Nila Trisnawati Pekanbaru. Asuhan kebidanan ini dilaksanakan dari bulan November 2024 s/d Februari 2025. Pada masa kehamilan dilakukan 3 kali kunjungan dengan keluhan Braxton Hicks, diberikan asuhan teknik relaksasi, kompres air hangat, memposisikan tubuh menjadi lebih nyaman, melakukan kegiatan yang dapat merileksasikan tubuh dan mengajarkan ibu cara menghitung his. Persalinan dilakukan sesuai standar Asuhan Persalinan Normal (APN) dan berlangsung normal tidak ada masalah. Bayi lahir pukul 04.00 WIB tanggal 05 Januari 2025 jenis kelamin laki-laki, dengan BB 3.200 gram dan PB 49 cm. Asuhan masa nifas dilakukan 4 kali didapatkan keluhan ASI yang keluar masih sedikit dan diberikan pendidikan kesehatan berupa pijat oksitosin. Asuhan neonatus dilakukan berdampingan dengan asuhan nifas yaitu sebanyak 3 kali kunjungan dan terjadi kenaikan BB sesuai dengan usianya sebanyak 500 gram. Diharapkan bidan tetap mempertahankan dan meningkatkan asuhan kebidanan komprehensif dan berkesinambungan sesuai dengan standar pelayanan kebidanan.

Kata Kunci : *Asuhan komprehensif, kehamilan, persalinan, nifas, neonatus.*

Daftar Bacaan : 91 referensi (2013-2023)

## STUDY PROGRAM OF D III MIDWIFERY

FINAL PROJECT REPORT, JUNI 2025

AFIFAH SULISTIAWATI

### COMPREHENSIVE MIDWIFERY CARE FOR MRS.A IN INDEPENDENT PRACTICE OF MIDWIFE NILA TRISNAWATI PEKANBARU CITY

xii + 176 pages + 7 tables + 9 attachments

---

#### ABSTRACT

In an effort to reduce maternal mortality rate in Indonesia, one form of care that can be done to reduce maternal mortality rate is the Continuity of Midwifery Care (CoMC) method. This case study aims to provide care from pregnancy, childbirth, postpartum, and neonates with SOAP documentation on Mrs. A G2P1A0H1 at PMB Nila Trisnawati Pekanbaru. This midwifery care was carried out from November 2024 to February 2025. During pregnancy, 3 visits were made with complaints of Braxton Hicks, given relaxation techniques, warm water compresses, positioning the body to be more comfortable, doing activities that can relax the body and teaching mothers how to count contractions. Delivery was carried out according to the Normal Delivery Care (APN) standards and took place normally without any problems. The baby was born at 04.00 WIB on January 5, 2025, male, with a weight of 3,200 grams and a height of 49 cm. Postpartum care was carried out 4 times, there was a complaint that the breast milk that came out was still small and health education was given in the form of oxytocin massage. Neonatal care was carried out side by side with postpartum care, namely 3 visits and there was an increase in weight according to age of 500 grams. It is hoped that midwives will continue to maintain and improve comprehensive and continuous midwifery care in accordance with midwifery service standards.

Keywords : *Comprehensive care pregnancy, childbirth, postpartum, neonates*

Reference : 91 references (2013-2023)