

## LAMPIRAN

### Lampiran 1 Kartu Kontrol Konsumsi PMT

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**DAFTAR KONTAK PERSONAL DAN ORGANISASI YANG BERKAITAN DENGAN PENELITIAN**

Tempat dan Waktu Pengumpulan Data: ...  
 Nama dan Alamat: ...  
 Jenis Hubungan: ...

| No  | Nama | Alamat | Jenis Hubungan | Tempat dan Waktu Pengumpulan Data |
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Daftar Kontak Personal dan Organisasi yang Berkaitan dengan Penelitian

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| 56  | ...  | ...    | ...            | ...                               | 56  | ...  | ...    | ...            | ...                               |
| 57  | ...  | ...    | ...            | ...                               | 57  | ...  | ...    | ...            | ...                               |
| 58  | ...  | ...    | ...            | ...                               | 58  | ...  | ...    | ...            | ...                               |
| 59  | ...  | ...    | ...            | ...                               | 59  | ...  | ...    | ...            | ...                               |
| 60  | ...  | ...    | ...            | ...                               | 60  | ...  | ...    | ...            | ...                               |
| 61  | ...  | ...    | ...            | ...                               | 61  | ...  | ...    | ...            | ...                               |
| 62  | ...  | ...    | ...            | ...                               | 62  | ...  | ...    | ...            | ...                               |
| 63  | ...  | ...    | ...            | ...                               | 63  | ...  | ...    | ...            | ...                               |
| 64  | ...  | ...    | ...            | ...                               | 64  | ...  | ...    | ...            | ...                               |
| 65  | ...  | ...    | ...            | ...                               | 65  | ...  | ...    | ...            | ...                               |
| 66  | ...  | ...    | ...            | ...                               | 66  | ...  | ...    | ...            | ...                               |
| 67  | ...  | ...    | ...            | ...                               | 67  | ...  | ...    | ...            | ...                               |
| 68  | ...  | ...    | ...            | ...                               | 68  | ...  | ...    | ...            | ...                               |
| 69  | ...  | ...    | ...            | ...                               | 69  | ...  | ...    | ...            | ...                               |
| 70  | ...  | ...    | ...            | ...                               | 70  | ...  | ...    | ...            | ...                               |
| 71  | ...  | ...    | ...            | ...                               | 71  | ...  | ...    | ...            | ...                               |
| 72  | ...  | ...    | ...            | ...                               | 72  | ...  | ...    | ...            | ...                               |
| 73  | ...  | ...    | ...            | ...                               | 73  | ...  | ...    | ...            | ...                               |
| 74  | ...  | ...    | ...            | ...                               | 74  | ...  | ...    | ...            | ...                               |
| 75  | ...  | ...    | ...            | ...                               | 75  | ...  | ...    | ...            | ...                               |
| 76  | ...  | ...    | ...            | ...                               | 76  | ...  | ...    | ...            | ...                               |
| 77  | ...  | ...    | ...            | ...                               | 77  | ...  | ...    | ...            | ...                               |
| 78  | ...  | ...    | ...            | ...                               | 78  | ...  | ...    | ...            | ...                               |
| 79  | ...  | ...    | ...            | ...                               | 79  | ...  | ...    | ...            | ...                               |
| 80  | ...  | ...    | ...            | ...                               | 80  | ...  | ...    | ...            | ...                               |
| 81  | ...  | ...    | ...            | ...                               | 81  | ...  | ...    | ...            | ...                               |
| 82  | ...  | ...    | ...            | ...                               | 82  | ...  | ...    | ...            | ...                               |
| 83  | ...  | ...    | ...            | ...                               | 83  | ...  | ...    | ...            | ...                               |
| 84  | ...  | ...    | ...            | ...                               | 84  | ...  | ...    | ...            | ...                               |
| 85  | ...  | ...    | ...            | ...                               | 85  | ...  | ...    | ...            | ...                               |
| 86  | ...  | ...    | ...            | ...                               | 86  | ...  | ...    | ...            | ...                               |
| 87  | ...  | ...    | ...            | ...                               | 87  | ...  | ...    | ...            | ...                               |
| 88  | ...  | ...    | ...            | ...                               | 88  | ...  | ...    | ...            | ...                               |
| 89  | ...  | ...    | ...            | ...                               | 89  | ...  | ...    | ...            | ...                               |
| 90  | ...  | ...    | ...            | ...                               | 90  | ...  | ...    | ...            | ...                               |
| 91  | ...  | ...    | ...            | ...                               | 91  | ...  | ...    | ...            | ...                               |
| 92  | ...  | ...    | ...            | ...                               | 92  | ...  | ...    | ...            | ...                               |
| 93  | ...  | ...    | ...            | ...                               | 93  | ...  | ...    | ...            | ...                               |
| 94  | ...  | ...    | ...            | ...                               | 94  | ...  | ...    | ...            | ...                               |
| 95  | ...  | ...    | ...            | ...                               | 95  | ...  | ...    | ...            | ...                               |
| 96  | ...  | ...    | ...            | ...                               | 96  | ...  | ...    | ...            | ...                               |
| 97  | ...  | ...    | ...            | ...                               | 97  | ...  | ...    | ...            | ...                               |
| 98  | ...  | ...    | ...            | ...                               | 98  | ...  | ...    | ...            | ...                               |
| 99  | ...  | ...    | ...            | ...                               | 99  | ...  | ...    | ...            | ...                               |
| 100 | ...  | ...    | ...            | ...                               | 100 | ...  | ...    | ...            | ...                               |









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| Tanggal  |     | Kategori |   | Status |   | Detail |   |
|----------|-----|----------|---|--------|---|--------|---|
| 1        | 2   | 3        | 4 | 5      | 6 | 7      | 8 |
| 1/1/2014 | 1   | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 2   | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 3   | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 4   | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 5   | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 6   | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 7   | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 8   | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 9   | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 10  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 11  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 12  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 13  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 14  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 15  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 16  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 17  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 18  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 19  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 20  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 21  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 22  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 23  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 24  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 25  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 26  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 27  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 28  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 29  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 30  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 31  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 32  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 33  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 34  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 35  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 36  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 37  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 38  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 39  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 40  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 41  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 42  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 43  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 44  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 45  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 46  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 47  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 48  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 49  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 50  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 51  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 52  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 53  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 54  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 55  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 56  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 57  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 58  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 59  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 60  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 61  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 62  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 63  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 64  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 65  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 66  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 67  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 68  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 69  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 70  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 71  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 72  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 73  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 74  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 75  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 76  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 77  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 78  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 79  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 80  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 81  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 82  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 83  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 84  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 85  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 86  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 87  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 88  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 89  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 90  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 91  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 92  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 93  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 94  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 95  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 96  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 97  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 98  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 99  | ✓        | ✓ |        |   |        |   |
| 1/1/2014 | 100 | ✓        | ✓ |        |   |        |   |

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| 1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12. 13. 14. 15. 16. 17. 18. 19. 20. 21. 22. 23. 24. 25. 26. 27. 28. 29. 30. 31. 32. 33. 34. 35. 36. 37. 38. 39. 40. 41. 42. 43. 44. 45. 46. 47. 48. 49. 50. 51. 52. 53. 54. 55. 56. 57. 58. 59. 60. 61. 62. 63. 64. 65. 66. 67. 68. 69. 70. 71. 72. 73. 74. 75. 76. 77. 78. 79. 80. 81. 82. 83. 84. 85. 86. 87. 88. 89. 90. 91. 92. 93. 94. 95. 96. 97. 98. 99. 100. 101. 102. 103. 104. 105. 106. 107. 108. 109. 110. 111. 112. 113. 114. 115. 116. 117. 118. 119. 120. 121. 122. 123. 124. 125. 126. 127. 128. 129. 130. 131. 132. 133. 134. 135. 136. 137. 138. 139. 140. 141. 142. 143. 144. 145. 146. 147. 148. 149. 150. 151. 152. 153. 154. 155. 156. 157. 158. 159. 160. 161. 162. 163. 164. 165. 166. 167. 168. 169. 170. 171. 172. 173. 174. 175. 176. 177. 178. 179. 180. 181. 182. 183. 184. 185. 186. 187. 188. 189. 190. 191. 192. 193. 194. 195. 196. 197. 198. 199. 200. 201. 202. 203. 204. 205. 206. 207. 208. 209. 210. 211. 212. 213. 214. 215. 216. 217. 218. 219. 220. 221. 222. 223. 224. 225. 226. 227. 228. 229. 230. 231. 232. 233. 234. 235. 236. 237. 238. 239. 240. 241. 242. 243. 244. 245. 246. 247. 248. 249. 250. 251. 252. 253. 254. 255. 256. 257. 258. 259. 260. 261. 262. 263. 264. 265. 266. 267. 268. 269. 270. 271. 272. 273. 274. 275. 276. 277. 278. 279. 280. 281. 282. 283. 284. 285. 286. 287. 288. 289. 290. 291. 292. 293. 294. 295. 296. 297. 298. 299. 300. 301. 302. 303. 304. 305. 306. 307. 308. 309. 310. 311. 312. 313. 314. 315. 316. 317. 318. 319. 320. 321. 322. 323. 324. 325. 326. 327. 328. 329. 330. 331. 332. 333. 334. 335. 336. 337. 338. 339. 340. 341. 342. 343. 344. 345. 346. 347. 348. 349. 350. 351. 352. 353. 354. 355. 356. 357. 358. 359. 360. 361. 362. 363. 364. 365. 366. 367. 368. 369. 370. 371. 372. 373. 374. 375. 376. 377. 378. 379. 380. 381. 382. 383. 384. 385. 386. 387. 388. 389. 390. 391. 392. 393. 394. 395. 396. 397. 398. 399. 400. 401. 402. 403. 404. 405. 406. 407. 408. 409. 410. 411. 412. 413. 414. 415. 416. 417. 418. 419. 420. 421. 422. 423. 424. 425. 426. 427. 428. 429. 430. 431. 432. 433. 434. 435. 436. 437. 438. 439. 440. 441. 442. 443. 444. 445. 446. 447. 448. 449. 450. 451. 452. 453. 454. 455. 456. 457. 458. 459. 460. 461. 462. 463. 464. 465. 466. 467. 468. 469. 470. 471. 472. 473. 474. 475. 476. 477. 478. 479. 480. 481. 482. 483. 484. 485. 486. 487. 488. 489. 490. 491. 492. 493. 494. 495. 496. 497. 498. 499. 500. 501. 502. 503. 504. 505. 506. 507. 508. 509. 510. 511. 512. 513. 514. 515. 516. 517. 518. 519. 520. 521. 522. 523. 524. 525. 526. 527. 528. 529. 530. 531. 532. 533. 534. 535. 536. 537. 538. 539. 540. 541. 542. 543. 544. 545. 546. 547. 548. 549. 550. 551. 552. 553. 554. 555. 556. 557. 558. 559. 560. 561. 562. 563. 564. 565. 566. 567. 568. 569. 570. 571. 572. 573. 574. 575. 576. 577. 578. 579. 580. 581. 582. 583. 584. 585. 586. 587. 588. 589. 590. 591. 592. 593. 594. 595. 596. 597. 598. 599. 600. 601. 602. 603. 604. 605. 606. 607. 608. 609. 610. 611. 612. 613. 614. 615. 616. 617. 618. 619. 620. 621. 622. 623. 624. 625. 626. 627. 628. 629. 630. 631. 632. 633. 634. 635. 636. 637. 638. 639. 640. 641. 642. 643. 644. 645. 646. 647. 648. 649. 650. 651. 652. 653. 654. 655. 656. 657. 658. 659. 660. 661. 662. 663. 664. 665. 666. 667. 668. 669. 670. 671. 672. 673. 674. 675. 676. 677. 678. 679. 680. 681. 682. 683. 684. 685. 686. 687. 688. 689. 690. 691. 692. 693. 694. 695. 696. 697. 698. 699. 700. 701. 702. 703. 704. 705. 706. 707. 708. 709. 710. 711. 712. 713. 714. 715. 716. 717. 718. 719. 720. 721. 722. 723. 724. 725. 726. 727. 728. 729. 730. 731. 732. 733. 734. 735. 736. 737. 738. 739. 740. 741. 742. 743. 744. 745. 746. 747. 748. 749. 750. 751. 752. 753. 754. 755. 756. 757. 758. 759. 760. 761. 762. 763. 764. 765. 766. 767. 768. 769. 770. 771. 772. 773. 774. 775. 776. 777. 778. 779. 780. 781. 782. 783. 784. 785. 786. 787. 788. 789. 790. 791. 792. 793. 794. 795. 796. 797. 798. 799. 800. 801. 802. 803. 804. 805. 806. 807. 808. 809. 810. 811. 812. 813. 814. 815. 816. 817. 818. 819. 820. 821. 822. 823. 824. 825. 826. 827. 828. 829. 830. 831. 832. 833. 834. 835. 836. 837 |  |  |  |  |  |  |  |  |  |
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| Karya Bakti<br>Karya Sosial<br>Karya Kemanusiaan |          | Karya Bakti<br>Karya Sosial<br>Karya Kemanusiaan |              | Karya Bakti<br>Karya Sosial<br>Karya Kemanusiaan |            | Karya Bakti<br>Karya Sosial<br>Karya Kemanusiaan |                   |              |                                       |
|--------------------------------------------------|----------|--------------------------------------------------|--------------|--------------------------------------------------|------------|--------------------------------------------------|-------------------|--------------|---------------------------------------|
| Tanggal                                          | No. Urut | Kategori Kegiatan                                |              | Tempat Kegiatan<br>(Lokasi aktivitas)            | Tanggal    | No. Urut                                         | Kategori Kegiatan |              | Tempat Kegiatan<br>(Lokasi aktivitas) |
|                                                  |          | Sub Kategori                                     | Sub Kategori |                                                  |            |                                                  | Sub Kategori      | Sub Kategori |                                       |
| 10/01/2021                                       | 1        | ✓                                                | ✓            | ✓                                                | 05/01/2021 | 25                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 2        | ✓                                                | ✓            | ✓                                                | 06/01/2021 | 26                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 3        | ✓                                                | ✓            | ✓                                                | 07/01/2021 | 27                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 4        | ✓                                                | ✓            | ✓                                                | 08/01/2021 | 28                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 5        | ✓                                                | ✓            | ✓                                                | 09/01/2021 | 29                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 6        | ✓                                                | ✓            | ✓                                                | 10/01/2021 | 30                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 7        | ✓                                                | ✓            | ✓                                                | 11/01/2021 | 31                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 8        | ✓                                                | ✓            | ✓                                                | 12/01/2021 | 32                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 9        | ✓                                                | ✓            | ✓                                                | 13/01/2021 | 33                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 10       | ✓                                                | ✓            | ✓                                                | 14/01/2021 | 34                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 11       | ✓                                                | ✓            | ✓                                                | 15/01/2021 | 35                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 12       | ✓                                                | ✓            | ✓                                                | 16/01/2021 | 36                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 13       | ✓                                                | ✓            | ✓                                                | 17/01/2021 | 37                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 14       | ✓                                                | ✓            | ✓                                                | 18/01/2021 | 38                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 15       | ✓                                                | ✓            | ✓                                                | 19/01/2021 | 39                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 16       | ✓                                                | ✓            | ✓                                                | 20/01/2021 | 40                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 17       | ✓                                                | ✓            | ✓                                                | 21/01/2021 | 41                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 18       | ✓                                                | ✓            | ✓                                                | 22/01/2021 | 42                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 19       | ✓                                                | ✓            | ✓                                                | 23/01/2021 | 43                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 20       | ✓                                                | ✓            | ✓                                                | 24/01/2021 | 44                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 21       | ✓                                                | ✓            | ✓                                                | 25/01/2021 | 45                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 22       | ✓                                                | ✓            | ✓                                                | 26/01/2021 | 46                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 23       | ✓                                                | ✓            | ✓                                                | 27/01/2021 | 47                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 24       | ✓                                                | ✓            | ✓                                                | 28/01/2021 | 48                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 25       | ✓                                                | ✓            | ✓                                                | 29/01/2021 | 49                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 26       | ✓                                                | ✓            | ✓                                                | 30/01/2021 | 50                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 27       | ✓                                                | ✓            | ✓                                                | 31/01/2021 | 51                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 28       | ✓                                                | ✓            | ✓                                                | 01/02/2021 | 52                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 29       | ✓                                                | ✓            | ✓                                                | 02/02/2021 | 53                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 30       | ✓                                                | ✓            | ✓                                                | 03/02/2021 | 54                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 31       | ✓                                                | ✓            | ✓                                                | 04/02/2021 | 55                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 32       | ✓                                                | ✓            | ✓                                                | 05/02/2021 | 56                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 33       | ✓                                                | ✓            | ✓                                                | 06/02/2021 | 57                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 34       | ✓                                                | ✓            | ✓                                                | 07/02/2021 | 58                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 35       | ✓                                                | ✓            | ✓                                                | 08/02/2021 | 59                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 36       | ✓                                                | ✓            | ✓                                                | 09/02/2021 | 60                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 37       | ✓                                                | ✓            | ✓                                                | 10/02/2021 | 61                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 38       | ✓                                                | ✓            | ✓                                                | 11/02/2021 | 62                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 39       | ✓                                                | ✓            | ✓                                                | 12/02/2021 | 63                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 40       | ✓                                                | ✓            | ✓                                                | 13/02/2021 | 64                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 41       | ✓                                                | ✓            | ✓                                                | 14/02/2021 | 65                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 42       | ✓                                                | ✓            | ✓                                                | 15/02/2021 | 66                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 43       | ✓                                                | ✓            | ✓                                                | 16/02/2021 | 67                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 44       | ✓                                                | ✓            | ✓                                                | 17/02/2021 | 68                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 45       | ✓                                                | ✓            | ✓                                                | 18/02/2021 | 69                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 46       | ✓                                                | ✓            | ✓                                                | 19/02/2021 | 70                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 47       | ✓                                                | ✓            | ✓                                                | 20/02/2021 | 71                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 48       | ✓                                                | ✓            | ✓                                                | 21/02/2021 | 72                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 49       | ✓                                                | ✓            | ✓                                                | 22/02/2021 | 73                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 50       | ✓                                                | ✓            | ✓                                                | 23/02/2021 | 74                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 51       | ✓                                                | ✓            | ✓                                                | 24/02/2021 | 75                                               | ✓                 | ✓            |                                       |
| 10/01/2021                                       | 52       | ✓                                                | ✓            | ✓                                                | 25/02/2021 | 76                                               | ✓                 | ✓            |                                       |

## Lampiran 2 Siklus menu

| Hari | Jenis Makanan   | Nama Menu                          |
|------|-----------------|------------------------------------|
| 1    | Makanan lengkap | Nasi Sup Ayam + Pisang             |
| 2    | Kudapan         | Bakwan Tahu Udang + Pepaya         |
| 3    | Kudapan         | Risol Ayam + Semangka              |
| 4    | Kudapan         | Dimsum Mix + Melon                 |
| 5    | Kudapan         | Tahu Bakso Fantasi + Pepaya        |
| 6    | Kudapan         | Kroket Ayam Teri + Jeruk           |
| 7    | Kudapan         | Bihun Vegie + Buah Naga            |
| 8    | Makanan lengkap | Nasi Patin Krispi + Capcay + Jeruk |
| 9    | Kudapan         | Fuyunghai + Melon Kuning           |
| 10   | Kudapan         | Sempol Ayam + Jeruk                |

### Lampiran 3 Form Pemantauan BB dan PB/TB

**PEMANTAUAN KEJAT BADAN DAN PARANG BADAN/TINGGI BADAN BALOK**

Nama Balok : H. 30x20  
 Nama Balok :  
 Berat Badan Awal (kg) : 50,9  
 Panjang/Tinggi Badan Awal (cm) : 163,4  
 Panjang, Badan, Tinggi Awal : 13 - 15 cm  
 Keluaran/Oles : 1/40000

| Hari, Tanggal | Pemeriksaan Keluaran | Berat Badan (kg) |       | Rasio badan (kg) / Tinggi badan (cm) |       | Parang Badan (mm) / Tinggi badan (cm) |       |
|---------------|----------------------|------------------|-------|--------------------------------------|-------|---------------------------------------|-------|
|               |                      | awal             | akhir | awal                                 | akhir | awal                                  | akhir |
| 08-08-2024    | 1                    | 50,9             | 50,9  | 0,3                                  | 0,3   | 0,1                                   | 0,1   |
| 09-08-2024    | 2                    | 51,0             | 51,0  | 0,3                                  | 0,3   | 0,1                                   | 0,1   |
| 10-08-2024    | 3                    | 51,1             | 51,1  | 0,3                                  | 0,3   | 0,1                                   | 0,1   |
| 11-08-2024    | 4                    | 51,2             | 51,2  | 0,3                                  | 0,3   | 0,1                                   | 0,1   |
| 12-08-2024    | 5                    | 51,3             | 51,3  | 0,3                                  | 0,3   | 0,1                                   | 0,1   |
| 13-08-2024    | 6                    | 51,4             | 51,4  | 0,3                                  | 0,3   | 0,1                                   | 0,1   |
| 14-08-2024    | 7                    | 51,5             | 51,5  | 0,3                                  | 0,3   | 0,1                                   | 0,1   |
| 15-08-2024    | 8                    | 51,6             | 51,6  | 0,3                                  | 0,3   | 0,1                                   | 0,1   |
| 16-08-2024    | 9                    | 51,7             | 51,7  | 0,3                                  | 0,3   | 0,1                                   | 0,1   |
| 17-08-2024    | 10                   | 51,8             | 51,8  | 0,3                                  | 0,3   | 0,1                                   | 0,1   |

Catatan: Hasil pemeriksaan ini akan digunakan untuk analisis data dan laporan berkala.

**PEMANTAUAN BERAT BADAN DAN PANJANG BADAN/TINGGI BADAN BALITA**

Nama Balita : Adi Pratomo  
 Nama Ibu : Desmananti  
 Berat Badan Awal (kg) : 10.11 kg  
 Panjang/Tinggi Badan Awal (cm) : 75.5 cm  
 Tanggal, Bulan, Tahun Lahir : 15-07-2014  
 Kelurahan/Desa : Glugurwani

| Hari, Tanggal | Pemeriksaan<br>Minggu ke | Berat Badan (kg) |    | Tinggi/Tubuh<br>Tinggi (cm) / Berat (kg) | Panjang Badan/ Tinggi Badan (cm) |    |
|---------------|--------------------------|------------------|----|------------------------------------------|----------------------------------|----|
|               |                          | kg               | kg |                                          | kg                               | cm |
| 01-08-2014    | 1                        | 10.08 kg         | 10 | 75                                       | 80.3 cm                          |    |
| 11-08-2014    | 2                        | 10.55 kg         | 10 | 84                                       | 80.3 cm                          |    |
| 21-08-2014    | 3                        | 10.54 kg         | 10 | 84                                       | 80.3 cm                          |    |
| 31-08-2014    | 4                        | 10.51 kg         | 10 | 84                                       | 80.3 cm                          |    |
| 01-09-2014    | 5                        | 10.50 kg         | 10 | 84                                       | 80.3 cm                          |    |
| 11-09-2014    | 6                        | 10.80 kg         | 10 | 84                                       | 80.3 cm                          |    |
| 21-09-2014    | 7                        | 11 kg            | 10 | 84                                       | 80.3 cm                          |    |
| 01-10-2014    | 8                        | 11.1 kg          | 10 | 84                                       | 80.3 cm                          |    |

....., ....., 2014  
 Kepala Puskesmas/UKM atau TB dalam kelurahan yang terdekat

**PENGANTARAN BERAT BADAN DAN PANJANG BADAN/TINGGI BADAN SALITA**

Nama Salita : Rizka Nur Hafidza  
 Nama Ru : 01040  
 Berat Badan Awal (kg) : 41 kg  
 Panjang Tubuh Badan Awal (cm) : 160 cm  
 Tanggal : Rabu, 14 Maret 2018  
 Sekolah/Kelas : IAIN Ar-Raniry / 1801010001

| Hari, Tanggal  | Pemeriksaan (Minggu ke) | Berat Badan (kg) |       | Kategori Berat (kg) Total | Panjang Badan (cm) atau Tinggi Badan (cm) |       |
|----------------|-------------------------|------------------|-------|---------------------------|-------------------------------------------|-------|
|                |                         | Awal             | Akhir |                           | Awal                                      | Akhir |
| 01 - 03 - 2018 | 1                       | 41,4 kg          |       | T                         | 160                                       |       |
| 03 - 04 - 2018 | 2                       | 41,8 kg          |       | T                         | 161                                       |       |
| 01 - 05 - 2018 | 3                       | 42,1 kg          |       | T                         | 162                                       |       |
| 29 - 05 - 2018 | 4                       | 42,3 kg          |       | T                         | 163                                       |       |
| 26 - 06 - 2018 | 5                       | 42,5 kg          |       | T                         | 164                                       |       |
| 23 - 07 - 2018 | 6                       | 42,7 kg          |       | T                         | 165                                       |       |
| 19 - 08 - 2018 | 7                       | 42,9 kg          |       | T                         | 166                                       |       |
| 17 - 09 - 2018 | 8                       | 43,1 kg          |       | T                         | 167                                       |       |

Catatan: data wawancara 88 dan pemeriksaan 96 atau 100. 88 dan 96 atau 100.

**PEMANFAATAN BERAT BADAN DAN PANJANG BADAN/TINGGI BADAN BALITA**

nama Balita : .....  
 Nama Ibu : .....  
 Berat Badan Awal (kg) : .....  
 Panjang/Tinggi Badan Awal (cm) : .....  
 Tanggal, Bulan, Tahun lahir : .....  
 Kelurahan/Desa : .....

Diukur di Puskesmas : .....  
 diukur oleh : .....  
 (diukur pada tanggal : .....)

| Hari, Tanggal | Persentase Berat badan (kg) | Berat Badan (BB) |        | Kategori Berat (kg) / Tinggi (cm) | Persentase Panjang (Tinggi) Badan (cm) |        |
|---------------|-----------------------------|------------------|--------|-----------------------------------|----------------------------------------|--------|
|               |                             | berat            | tinggi |                                   | berat                                  | tinggi |
| 01-01-2014    | 1                           | 3,45 kg          | 54     | T                                 | 81,5 cm                                |        |
| 02-02-2014    | 2                           | 3,55 kg          | 55     | T                                 | 82,5 cm                                |        |
| 03-03-2014    | 3                           | 3,65 kg          | 56     | T                                 | 83,5 cm                                |        |
| 04-04-2014    | 4                           | 3,75 kg          | 57     | T                                 | 84,5 cm                                |        |
| 05-05-2014    | 5                           | 3,85 kg          | 58     | T                                 | 85,5 cm                                |        |
| 06-06-2014    | 6                           | 3,95 kg          | 59     | T                                 | 86,5 cm                                |        |
| 07-07-2014    | 7                           | 4,05 kg          | 60     | T                                 | 87,5 cm                                |        |
| 08-08-2014    | 8                           | 4,15 kg          | 61     | T                                 | 88,5 cm                                |        |

Catat hasil pengukuran BB dan pengukuran PT atau TB dalam buku yang tertera

**PEMANTAUAN BERAT BADAN DAN PANJANG BADAN/TINGGI BADAN BALITA**

Nama Balita : Reyhan Khairul  
 Nomor Fisik : 181/0100  
 Berat Badan Awal (kg) : 12,00 kg  
 Panjang/Tinggi Badan Awal (cm) : 68 cm  
 Tanggal, Bulan, Tahun Lahir : 15/07/2010  
 Kelurahan/Desa : Kampung Karang

| Hari, Tanggal  | Pemberian Makanan | Berat Badan (kg) |      | Kecukupan Nask (g) Total | Panjang/Tinggi (cm) atau |      |
|----------------|-------------------|------------------|------|--------------------------|--------------------------|------|
|                |                   | Kali             | Kali |                          | Kali                     | Kali |
| Bulan 1/8/2011 | 1                 | 12,4 kg          |      | 67                       | cm                       |      |
| Bulan 2/8/2011 | 2                 | 12,6 kg          |      | 67                       | cm                       |      |
| Bulan 3/8/2011 | 3                 | 12,9 kg          |      | 67                       | cm                       |      |
| Bulan 4/8/2011 | 4                 | 13,1 kg          |      | 67,5                     | cm                       |      |
| Bulan 5/8/2011 | 5                 | 13,3 kg          |      | 67,5                     | cm                       |      |
| Bulan 6/8/2011 | 6                 | 13,4 kg          |      | 67,5                     | cm                       |      |
| Bulan 7/8/2011 | 7                 | 13,5 kg          |      | 67,5                     | cm                       |      |
| Bulan 8/8/2011 | 8                 | 13,6 kg          |      | 67,5                     | cm                       |      |

Catatan hasil pemantauan 90 dan pengkajian 90 akan dilakukan dengan cara

**PEMANTAUAN BERAT BADAN DAN PANJANG BADAN/TINGGI BADAN SAKITA**

Nama Sakita: Amelia, Adama  
 Nama Ibu: Melinda  
 Berat Badan Awal (kg): 120,3 kg  
 Panjang/Tinggi Badan Awal (cm): 168,4 cm  
 Kelamin: Bulan, Tahun Lahir  
 Kelahiran/Gila: 27/11/1981  
Samudra Jember

| Hari, Tanggal     | Pemeriksaan Minggu ke- | Berat Badan (BB) |       | Kekompakan<br>tubuh (%)<br>Tinggi (T) | Panjang Badan (PB) atau<br>Tinggi Badan (TB) |       |
|-------------------|------------------------|------------------|-------|---------------------------------------|----------------------------------------------|-------|
|                   |                        | awal             | akhir |                                       | awal                                         | akhir |
| Senin, 8/11/2021  | 1                      | 119,40 kg        |       | 1                                     | 168,4 cm                                     |       |
| Senin, 12/11/2021 | 2                      | 119,20 kg        |       | 1                                     | 168,3 cm                                     |       |
| Senin, 15/11/2021 | 3                      | 119,10 kg        |       | 1                                     | 168,3 cm                                     |       |
| Senin, 22/11/2021 | 4                      | 119,00 kg        |       | 1                                     | 168,3 cm                                     |       |
| Senin, 29/11/2021 | 5                      | 118,90 kg        |       | 1                                     | 168,3 cm                                     |       |
| Senin, 6/12/2021  | 6                      | 118,80 kg        |       | 1                                     | 168,3 cm                                     |       |
| Senin, 13/12/2021 | 7                      | 118,70 kg        |       | 1                                     | 168,3 cm                                     |       |
| Senin, 20/12/2021 | 8                      | 118,60 kg        |       | 1                                     | 168,3 cm                                     |       |

Catatan: hasil pemeriksaan BB dan pengukuran PB atau TB dalam bulan yang tertera

**PEMANTAUAN BERAT BADAN DAN PANJANG BADAN/TINGGI BADAN BALITA**

Nama Balita: .....  
 Nomor Balita: .....  
 Berat Badan Awal (kg): .....  
 Panjang/Tinggi Badan Awal (cm): .....  
 Tanggal, Bulan, Tahun Lahir: .....  
 Kelurahan/Desa: .....

.....  
 (Koruk, Anggah, Balaung)  
 19/1/2015  
 15/1/2015  
 (Koruk, Anggah)

| Hari, Tanggal      | Pemantauan<br>Minggu ke | Berat Badan (BB) |        | Gesukupan<br>Makan (g) /Tahap | Nasi (?) | Panjang Badan (PB) atau<br>Tinggi Badan (TB) |        |
|--------------------|-------------------------|------------------|--------|-------------------------------|----------|----------------------------------------------|--------|
|                    |                         | Kali 1           | Kali 2 |                               |          | Kali 1                                       | Kali 2 |
| Berita, 26/10/2014 | 1                       | 4, 3,8 kg        |        |                               |          | 61 cm                                        |        |
| Berita, 2/11/2014  | 2                       | 5, 4,7 kg        |        |                               |          | 61,5 cm                                      |        |
| Berita, 22/11/2014 | 3                       | 5, 4 kg          |        |                               |          | 61,5 cm                                      |        |
| Berita, 26/12/2014 | 4                       | 5, 5,5 kg        |        |                               |          | 61,5 cm                                      |        |
| Berita, 1/1/2015   | 5                       | 5, 4,5 kg        |        |                               |          | 61,5 cm                                      |        |
| Berita, 16/1/2015  | 6                       | 5, 4,7 kg        |        |                               |          | 61,5 cm                                      |        |
| Berita, 16/1/2015  | 7                       | 5, 5,2 kg        |        |                               |          | 61,5 cm                                      |        |
| Berita, 20/1/2015  | 8                       | 5, 5 kg          |        |                               |          | 61,5 cm                                      |        |

(Koruk, Anggah, Balaung) dan pengamatan PB atau TB dalam kolom yang tersedia

[illegible]

# PEMANTAUAN BERAT BADAN DAN PANJANG BADAN/TINGGI BADAN BALITA

Nama Balita : Jeyza Khadja Nur A.  
 Nama Ibu : Rina  
 Berat Badan Awal (kg) : 8.8 kg  
 Panjang/Tinggi Badan Awal (cm) : 69-69-2014  
 Tanggal, Bulan, Tahun Lahir : 09-09-2014  
 Kelurahan/Desa : Anomayasa

| Hari, Tanggal   | Pemeriksaan Minggu ke- | Berat Badan (BB) |       | Kecukupan Nutrisi (K/T) Tidak | Panjang Badan (PB) atau Tinggi Badan (TB) |       |
|-----------------|------------------------|------------------|-------|-------------------------------|-------------------------------------------|-------|
|                 |                        | Hasil            | Hasil |                               | Hasil                                     | Hasil |
| Kamis, 08/09/18 | 1                      | 9.4 kg           |       | N                             |                                           |       |
| Kamis, 17/09/18 | 2                      | 9.1 kg           |       | T                             |                                           |       |
| Kamis, 22/09/18 | 3                      | 9.8 kg           |       | N                             |                                           |       |
| Kamis, 26/09/18 | 4                      | 9.6 kg           |       | N                             |                                           |       |
| Kamis, 02/10/18 | 5                      | 9.6 kg           |       | N                             |                                           |       |
| Kamis, 04/10/18 | 6                      | 9.6 kg           |       | N                             |                                           |       |
| Kamis, 11/10/18 | 7                      | 9.6 kg           |       | N                             |                                           |       |
| Kamis, 20/10/18 | 8                      | 9.7 kg           |       | T                             |                                           |       |

Catatan hasil pemeriksaan BB dan pengukuran PB atau TB dalam kolom yang tersedia

## PEMANTAUAN BERAT BADAN DAN PANJANG BADAN/TINGGI BADAN BALITA

Nama Balita : Ayoa  
 Nama Ibu : Ayoa  
 Berat Badan Awal (kg) : 4.1 kg  
 Panjang/Tinggi Badan Awal (cm) : 55-55-1000  
 Tanggal, Bulan, Tahun Lahir : 11-09-2014  
 Kelurahan/Desa : Anomayasa

| Hari, Tanggal   | Pemeriksaan Minggu ke- | Berat Badan (BB) |       | Kecukupan Nutrisi (K/T) Tidak | Panjang Badan (PB) atau Tinggi Badan (TB) |       |
|-----------------|------------------------|------------------|-------|-------------------------------|-------------------------------------------|-------|
|                 |                        | Hasil            | Hasil |                               | Hasil                                     | Hasil |
| Kamis, 08/09/18 | 1                      | 4.1 kg           |       | N                             |                                           |       |
| Kamis, 17/09/18 | 2                      | 5.8 kg           |       | N                             |                                           |       |
| Kamis, 22/09/18 | 3                      | 4.8 kg           |       | T                             |                                           |       |
| Kamis, 26/09/18 | 4                      | 4.8 kg           |       | T                             |                                           |       |
| Kamis, 02/10/18 | 5                      | 5.0 kg           |       | N                             |                                           |       |
| Kamis, 04/10/18 | 6                      | 5.0 kg           |       | T                             |                                           |       |
| Kamis, 11/10/18 | 7                      | 5.0 kg           |       | T                             |                                           |       |
| Kamis, 20/10/18 | 8                      | 5.0 kg           |       | N                             |                                           |       |

Catatan hasil pemeriksaan BB dan pengukuran PB atau TB dalam kolom yang tersedia

## PEMANTAUAN BERAT BADAN DAN PANJANG BADAN/TINGGI BADAN BALITA

Nama Balita : Jeyza Khadja Nur A.  
 Nama Ibu : Rina  
 Berat Badan Awal (kg) : 10.1 kg  
 Panjang/Tinggi Badan Awal (cm) : 71.8 cm  
 Tanggal, Bulan, Tahun Lahir : 09-09-2014  
 Kelurahan/Desa : Anomayasa

| Hari, Tanggal   | Pemeriksaan Minggu ke- | Berat Badan (BB) |       | Kecukupan Nutrisi (K/T) Tidak | Panjang Badan (PB) atau Tinggi Badan (TB) |       |
|-----------------|------------------------|------------------|-------|-------------------------------|-------------------------------------------|-------|
|                 |                        | Hasil            | Hasil |                               | Hasil                                     | Hasil |
| Kamis, 08/09/18 | 1                      | 10.1 kg          |       | T                             |                                           |       |
| Kamis, 17/09/18 | 2                      | 10 kg            |       | T                             |                                           |       |
| Kamis, 22/09/18 | 3                      | 10.1 kg          |       | N                             |                                           |       |
| Kamis, 26/09/18 | 4                      | 10.1 kg          |       | T                             |                                           |       |
| Kamis, 02/10/18 | 5                      | 10.1 kg          |       | N                             |                                           |       |
| Kamis, 04/10/18 | 6                      | 10.1 kg          |       | N                             |                                           |       |
| Kamis, 11/10/18 | 7                      | 10.1 kg          |       | T                             |                                           |       |
| Kamis, 20/10/18 | 8                      | 10.1 kg          |       | N                             |                                           |       |

Catatan hasil pemeriksaan BB dan pengukuran PB atau TB dalam kolom yang tersedia

## PEMANTAUAN BERAT BADAN DAN PANJANG BADAN/TINGGI BADAN BALITA

Nama Balita : Jeyza Khadja Nur A.  
 Nama Ibu : Rina  
 Berat Badan Awal (kg) : 10.1 kg  
 Panjang/Tinggi Badan Awal (cm) : 71.8 cm  
 Tanggal, Bulan, Tahun Lahir : 09-09-2014  
 Kelurahan/Desa : Anomayasa

| Hari, Tanggal   | Pemeriksaan Minggu ke- | Berat Badan (BB) |       | Kecukupan Nutrisi (K/T) Tidak | Panjang Badan (PB) atau Tinggi Badan (TB) |       |
|-----------------|------------------------|------------------|-------|-------------------------------|-------------------------------------------|-------|
|                 |                        | Hasil            | Hasil |                               | Hasil                                     | Hasil |
| Kamis, 08/09/18 | 1                      | 10.1 kg          |       | N                             |                                           |       |
| Kamis, 17/09/18 | 2                      | 10.1 kg          |       | T                             |                                           |       |
| Kamis, 22/09/18 | 3                      | 10.1 kg          |       | N                             |                                           |       |
| Kamis, 26/09/18 | 4                      | 10.1 kg          |       | N                             |                                           |       |
| Kamis, 02/10/18 | 5                      | 10.1 kg          |       | T                             |                                           |       |
| Kamis, 04/10/18 | 6                      | 10.1 kg          |       | T                             |                                           |       |
| Kamis, 11/10/18 | 7                      | 10.1 kg          |       | T                             |                                           |       |
| Kamis, 20/10/18 | 8                      | 10.1 kg          |       | N                             |                                           |       |

Catatan hasil pemeriksaan BB dan pengukuran PB atau TB dalam kolom yang tersedia

# PEMANTAUAN BERAT BADAN DAN PANJANG BADAN/TINGGI BADAN BALITA

Nama Balita : Jeyza Khadja Nur A.  
 Nama Ibu : Rina  
 Berat Badan Awal (kg) : 10.1 kg  
 Panjang/Tinggi Badan Awal (cm) : 71.8 cm  
 Tanggal, Bulan, Tahun Lahir : 09-09-2014  
 Kelurahan/Desa : Anomayasa

| Hari, Tanggal   | Pemeriksaan Minggu ke- | Berat Badan (BB) |       | Kecukupan Nutrisi (K/T) Tidak | Panjang Badan (PB) atau Tinggi Badan (TB) |       |
|-----------------|------------------------|------------------|-------|-------------------------------|-------------------------------------------|-------|
|                 |                        | Hasil            | Hasil |                               | Hasil                                     | Hasil |
| Kamis, 08/09/18 | 1                      | 9.4 kg           |       | T                             |                                           |       |
| Kamis, 17/09/18 | 2                      | 11.8 kg          |       | N                             |                                           |       |
| Kamis, 22/09/18 | 3                      | 10 kg            |       | T                             |                                           |       |
| Kamis, 26/09/18 | 4                      | 9.6 kg           |       | T                             |                                           |       |
| Kamis, 02/10/18 | 5                      | 9.6 kg           |       | N                             |                                           |       |
| Kamis, 04/10/18 | 6                      | 9.6 kg           |       | N                             |                                           |       |
| Kamis, 11/10/18 | 7                      | 9 kg             |       | N                             |                                           |       |
| Kamis, 20/10/18 | 8                      | 11.4 kg          |       | N                             |                                           |       |

Catatan hasil pemeriksaan BB dan pengukuran PB atau TB dalam kolom yang tersedia

## PEMANTAUAN BERAT BADAN DAN PANJANG BADAN/TINGGI BADAN BALITA

Nama Balita : Jeyza Khadja Nur A.  
 Nama Ibu : Rina  
 Berat Badan Awal (kg) : 7.5 kg  
 Panjang/Tinggi Badan Awal (cm) : 65-65-1000  
 Tanggal, Bulan, Tahun Lahir : 09-09-2014  
 Kelurahan/Desa : Anomayasa

| Hari, Tanggal   | Pemeriksaan Minggu ke- | Berat Badan (BB) |       | Kecukupan Nutrisi (K/T) Tidak | Panjang Badan (PB) atau Tinggi Badan (TB) |       |
|-----------------|------------------------|------------------|-------|-------------------------------|-------------------------------------------|-------|
|                 |                        | Hasil            | Hasil |                               | Hasil                                     | Hasil |
| Kamis, 08/09/18 | 1                      | 7.5 kg           |       | N                             |                                           |       |
| Kamis, 17/09/18 | 2                      | 7.4 kg           |       | N                             |                                           |       |
| Kamis, 22/09/18 | 3                      | 7.4 kg           |       | T                             |                                           |       |
| Kamis, 26/09/18 | 4                      | 7.4 kg           |       | T                             |                                           |       |
| Kamis, 02/10/18 | 5                      | 7.4 kg           |       | N                             |                                           |       |
| Kamis, 04/10/18 | 6                      | 7.4 kg           |       | N                             |                                           |       |
| Kamis, 11/10/18 | 7                      | 7.5 kg           |       | N                             |                                           |       |
| Kamis, 20/10/18 | 8                      | 7.8 kg           |       | N                             |                                           |       |

Catatan hasil pemeriksaan BB dan pengukuran PB atau TB dalam kolom yang tersedia

## PEMANTAUAN BERAT BADAN DAN PANJANG BADAN/TINGGI BADAN BALITA

Nama Balita : Raniah Rasmah  
 Nama Ibu : Raniah Rasmah  
 Berat Badan Awal (kg) : 16.5 kg  
 Panjang/Tinggi Badan Awal (cm) : 85 cm  
 Tanggal, Bulan, Tahun Lahir : 02/09/2014  
 Kelurahan/Desa : Anomayasa

| Hari, Tanggal   | Pemeriksaan Minggu ke- | Berat Badan (BB) |       | Kecukupan Nutrisi (K/T) Tidak | Panjang Badan (PB) atau Tinggi Badan (TB) |       |
|-----------------|------------------------|------------------|-------|-------------------------------|-------------------------------------------|-------|
|                 |                        | Hasil            | Hasil |                               | Hasil                                     | Hasil |
| Kamis, 08/09/18 | 1                      | 16.5 kg          |       | N                             |                                           |       |
| Kamis, 17/09/18 | 2                      | 16.5 kg          |       | N                             |                                           |       |
| Kamis, 22/09/18 | 3                      | 16.5 kg          |       | N                             |                                           |       |
| Kamis, 26/09/18 | 4                      | 16.5 kg          |       | N                             |                                           |       |
| Kamis, 02/10/18 | 5                      | 16.5 kg          |       | N                             |                                           |       |
| Kamis, 04/10/18 | 6                      | 16.5 kg          |       | N                             |                                           |       |
| Kamis, 11/10/18 | 7                      | 16.5 kg          |       | N                             |                                           |       |
| Kamis, 20/10/18 | 8                      | 16.5 kg          |       | N                             |                                           |       |

Catatan hasil pemeriksaan BB dan pengukuran PB atau TB dalam kolom yang tersedia

## PEMANTAUAN BERAT BADAN DAN PANJANG BADAN/TINGGI BADAN BALITA

Nama Balita : Andrew Mafira  
 Nama Ibu : Raniah Rasmah  
 Berat Badan Awal (kg) : 16.5 kg  
 Panjang/Tinggi Badan Awal (cm) : 85 cm  
 Tanggal, Bulan, Tahun Lahir : 02/09/2014  
 Kelurahan/Desa : Anomayasa

| Hari, Tanggal   | Pemeriksaan Minggu ke- | Berat Badan (BB) |       | Kecukupan Nutrisi (K/T) Tidak | Panjang Badan (PB) atau Tinggi Badan (TB) |       |
|-----------------|------------------------|------------------|-------|-------------------------------|-------------------------------------------|-------|
|                 |                        | Hasil            | Hasil |                               | Hasil                                     | Hasil |
| Kamis, 08/09/18 | 1                      | 16.5 kg          |       | N                             |                                           |       |
| Kamis, 17/09/18 | 2                      | 16.5 kg          |       | N                             |                                           |       |
| Kamis, 22/09/18 | 3                      | 16 kg            |       | N                             |                                           |       |
| Kamis, 26/09/18 | 4                      | 16.5 kg          |       | N                             |                                           |       |
| Kamis, 02/10/18 | 5                      | 16.5 kg          |       | T                             |                                           |       |
| Kamis, 04/10/18 | 6                      | 16.5 kg          |       | T                             |                                           |       |
| Kamis, 11/10/18 | 7                      | 16.5 kg          |       | N                             |                                           |       |
| Kamis, 20/10/18 | 8                      | 16.5 kg          |       | N                             |                                           |       |

Catatan hasil pemeriksaan BB dan pengukuran PB atau TB dalam kolom yang tersedia

# PEMANTAUAN BERAT BADAN DAN PANJANG BADAN/TINGGI BADAN BALITA

Nama Balita : Zulhanzi  
 Nama Ibu : Enza N. Padi  
 Berat Badan Awal (kg) : 6,64 kg  
 Panjang/Tinggi Badan Awal (cm) : 75 cm  
 Tanggal, Bulan, Tahun Lahir : 04/01/2022  
 Kelurahan/Desa : Agungrejo

| Hari, Tanggal   | Pemeriksaan Minggu ke- | Berat Badan (BB) |       | Kecukupan Nask (N) Total Nask (T) | Panjang Badan (PB) atau Tinggi Badan (TB) |       |
|-----------------|------------------------|------------------|-------|-----------------------------------|-------------------------------------------|-------|
|                 |                        | Hasil            | Hasil |                                   | Hasil                                     | Hasil |
| Kamis, 04/01/22 | 1                      | 6,68 kg          |       | T                                 | 75 cm                                     |       |
| Kamis, 10/01/22 | 2                      | 6,64 kg          |       | A                                 | 76 cm                                     |       |
| Kamis, 17/01/22 | 3                      | 6,46 kg          |       | T                                 | 75,5 cm                                   |       |
| Kamis, 24/01/22 | 4                      | 6,3 kg           |       | T                                 | 75,7 cm                                   |       |
| Kamis, 31/01/22 | 5                      | 6,18 kg          |       | N                                 | 75,1 cm                                   |       |
| Kamis, 07/02/22 | 6                      | 6,05 kg          |       | A                                 | 75,1 cm                                   |       |
| Kamis, 14/02/22 | 7                      | 6,15 kg          |       | A                                 | 75,1 cm                                   |       |
| Rabu, 23/02/22  | 8                      | 6,10 kg          |       | A                                 | 75,3 cm                                   |       |

Catatan hasil pemantauan BB dan pengukuran PB atau TB dalam kolom yang tersedia

# PEMANTAUAN BERAT BADAN DAN PANJANG BADAN/TINGGI BADAN BALITA

Nama Balita : Yoris A. - Zahra  
 Nama Ibu : Anisa  
 Berat Badan Awal (kg) : 8,4 kg  
 Panjang/Tinggi Badan Awal (cm) : 81 cm  
 Tanggal, Bulan, Tahun Lahir : 01/01/2020  
 Kelurahan/Desa : Agungrejo

| Hari, Tanggal   | Pemeriksaan Minggu ke- | Berat Badan (BB) |       | Kecukupan Nask (N) Total Nask (T) | Panjang Badan (PB) atau Tinggi Badan (TB) |       |
|-----------------|------------------------|------------------|-------|-----------------------------------|-------------------------------------------|-------|
|                 |                        | Hasil            | Hasil |                                   | Hasil                                     | Hasil |
| Kamis, 04/01/22 | 1                      | 8,36             |       | T                                 | 81,8 cm                                   |       |
| Kamis, 10/01/22 | 2                      | 8,4              |       | N                                 | 81,8 cm                                   |       |
| Kamis, 17/01/22 | 3                      | 8,18             |       | T                                 | 81,8 cm                                   |       |
| Kamis, 24/01/22 | 4                      | 8,22             |       | N                                 | 81,8 cm                                   |       |
| Kamis, 31/01/22 | 5                      | 8,1              |       | T                                 | 81 cm                                     |       |
| Kamis, 07/02/22 | 6                      | 8,15             |       | N                                 | 81 cm                                     |       |
| Kamis, 14/02/22 | 7                      | 8,48             |       | N                                 | 81 cm                                     |       |
| Rabu, 23/02/22  | 8                      | 8,4              |       | T                                 | 81 cm                                     |       |

Catatan hasil pemantauan BB dan pengukuran PB atau TB dalam kolom yang tersedia

# PEMANTAUAN BERAT BADAN DAN PANJANG BADAN/TINGGI BADAN BALITA

Nama Balita : Tiara Sora Gustaf  
 Nama Ibu : Hotenda Sinaga  
 Berat Badan Awal (kg) : 8 kg  
 Panjang/Tinggi Badan Awal (cm) : 76,5 cm  
 Tanggal, Bulan, Tahun Lahir : 12-01-2022  
 Kelurahan/Desa : Agungrejo

| Hari, Tanggal   | Pemeriksaan Minggu ke- | Berat Badan (BB) |       | Kecukupan Nask (N) Total Nask (T) | Panjang Badan (PB) atau Tinggi Badan (TB) |       |
|-----------------|------------------------|------------------|-------|-----------------------------------|-------------------------------------------|-------|
|                 |                        | Hasil            | Hasil |                                   | Hasil                                     | Hasil |
| Kamis, 04/01/22 | 1                      | 8,14 kg          |       | N                                 | 76,5 cm                                   |       |
| Kamis, 10/01/22 | 2                      | 8 kg             |       | T                                 | 76 cm                                     |       |
| Kamis, 17/01/22 | 3                      | 8,05 kg          |       | N                                 | 76 cm                                     |       |
| Kamis, 24/01/22 | 4                      | 7,95 kg          |       | T                                 | 76,2 cm                                   |       |
| Kamis, 31/01/22 | 5                      | 8,05 kg          |       | N                                 | 76,5 cm                                   |       |
| Kamis, 07/02/22 | 6                      | 8,15 kg          |       | T                                 | 76,5 cm                                   |       |
| Kamis, 14/02/22 | 7                      | 8 kg             |       | T                                 | 76,5 cm                                   |       |
| Rabu, 23/02/22  | 8                      | 8,50 kg          |       | T                                 | 76,7 cm                                   |       |

Catatan hasil pemantauan BB dan pengukuran PB atau TB dalam kolom yang tersedia

# PEMANTAUAN BERAT BADAN DAN PANJANG BADAN/TINGGI BADAN BALITA

Nama Balita : Khatulistiwa Jihan  
 Nama Ibu : Yuni Hafidha  
 Berat Badan Awal (kg) : 8 kg  
 Panjang/Tinggi Badan Awal (cm) : 80 cm  
 Tanggal, Bulan, Tahun Lahir : 01-01-2022  
 Kelurahan/Desa : Agungrejo

| Hari, Tanggal   | Pemeriksaan Minggu ke- | Berat Badan (BB) |       | Kecukupan Nask (N) Total Nask (T) | Panjang Badan (PB) atau Tinggi Badan (TB) |       |
|-----------------|------------------------|------------------|-------|-----------------------------------|-------------------------------------------|-------|
|                 |                        | Hasil            | Hasil |                                   | Hasil                                     | Hasil |
| Kamis, 04/01/22 | 1                      | 7,25 kg          |       | N                                 | 80 cm                                     |       |
| Kamis, 10/01/22 | 2                      | 7,2 kg           |       | N                                 | 80 cm                                     |       |
| Kamis, 17/01/22 | 3                      | 7,2 kg           |       | T                                 | 80,1 cm                                   |       |
| Kamis, 24/01/22 | 4                      | 7,4 kg           |       | T                                 | 80 cm                                     |       |
| Kamis, 31/01/22 | 5                      | 7,6 kg           |       | N                                 | 80 cm                                     |       |
| Kamis, 07/02/22 | 6                      | 7,6 kg           |       | N                                 | 80 cm                                     |       |
| Kamis, 14/02/22 | 7                      | 7,8 kg           |       | N                                 | 80 cm                                     |       |
| Rabu, 23/02/22  | 8                      | 8,4 kg           |       | N                                 | 80 cm                                     |       |

Catatan hasil pemantauan BB dan pengukuran PB atau TB dalam kolom yang tersedia

# PEMANTAUAN BERAT BADAN DAN PANJANG BADAN/TINGGI BADAN BALITA

Nama Balita : Tabah Agustin  
 Nama Ibu : Is Haryati  
 Berat Badan Awal (kg) : 10,1 kg  
 Panjang/Tinggi Badan Awal (cm) : 85 cm  
 Tanggal, Bulan, Tahun Lahir : 11/01/2021  
 Kelurahan/Desa : Agungrejo

| Hari, Tanggal   | Pemeriksaan Minggu ke- | Berat Badan (BB) |       | Kecukupan Nask (N) Total Nask (T) | Panjang Badan (PB) atau Tinggi Badan (TB) |       |
|-----------------|------------------------|------------------|-------|-----------------------------------|-------------------------------------------|-------|
|                 |                        | Hasil            | Hasil |                                   | Hasil                                     | Hasil |
| Kamis, 04/01/22 | 1                      | 10,1 kg          |       | N                                 | 85 cm                                     |       |
| Kamis, 10/01/22 | 2                      | 10,1 kg          |       | T                                 | 85,2 cm                                   |       |
| Kamis, 17/01/22 | 3                      | 10,05 kg         |       | T                                 | 85,5 cm                                   |       |
| Kamis, 24/01/22 | 4                      | 10 kg            |       | T                                 | 85,5 cm                                   |       |
| Kamis, 31/01/22 | 5                      | 10,1 kg          |       | N                                 | 85,5 cm                                   |       |
| Kamis, 07/02/22 | 6                      | 10,4 kg          |       | T                                 | 85 cm                                     |       |
| Kamis, 14/02/22 | 7                      | 10,1 kg          |       | T                                 | 85 cm                                     |       |
| Rabu, 23/02/22  | 8                      | 10,2 kg          |       | N                                 | 85 cm                                     |       |

Catatan hasil pemantauan BB dan pengukuran PB atau TB dalam kolom yang tersedia

# PEMANTAUAN BERAT BADAN DAN PANJANG BADAN/TINGGI BADAN BALITA

Nama Balita : Rufa Rendi  
 Nama Ibu : Laili Iqbal Zahara  
 Berat Badan Awal (kg) : 9,3 kg  
 Panjang/Tinggi Badan Awal (cm) : 81,8 cm  
 Tanggal, Bulan, Tahun Lahir : 04/01/2022  
 Kelurahan/Desa : Agungrejo

| Hari, Tanggal   | Pemeriksaan Minggu ke- | Berat Badan (BB) |       | Kecukupan Nask (N) Total Nask (T) | Panjang Badan (PB) atau Tinggi Badan (TB) |       |
|-----------------|------------------------|------------------|-------|-----------------------------------|-------------------------------------------|-------|
|                 |                        | Hasil            | Hasil |                                   | Hasil                                     | Hasil |
| Kamis, 04/01/22 | 1                      | 9,3 kg           |       | N                                 | 81,8 cm                                   |       |
| Kamis, 10/01/22 | 2                      | 9,1 kg           |       | N                                 | 81,8 cm                                   |       |
| Kamis, 17/01/22 | 3                      | 9,11 kg          |       | T                                 | 81,8 cm                                   |       |
| Kamis, 24/01/22 | 4                      | 9,25 kg          |       | N                                 | 81,8 cm                                   |       |
| Kamis, 31/01/22 | 5                      | 9,1 kg           |       | N                                 | 81,8 cm                                   |       |
| Kamis, 07/02/22 | 6                      | 9,4 kg           |       | N                                 | 81,8 cm                                   |       |
| Kamis, 14/02/22 | 7                      | 9,5 kg           |       | N                                 | 81 cm                                     |       |
| Rabu, 23/02/22  | 8                      | 9,4 kg           |       | N                                 | 81 cm                                     |       |

Catatan hasil pemantauan BB dan pengukuran PB atau TB dalam kolom yang tersedia

# PEMANTAUAN BERAT BADAN DAN PANJANG BADAN/TINGGI BADAN BALITA

Nama Balita : Ajiro Eshwary  
 Nama Ibu : Laili Yanti  
 Berat Badan Awal (kg) : 9,1 kg  
 Panjang/Tinggi Badan Awal (cm) : 81,5 cm  
 Tanggal, Bulan, Tahun Lahir : 01-01-2022  
 Kelurahan/Desa : Agungrejo

| Hari, Tanggal   | Pemeriksaan Minggu ke- | Berat Badan (BB) |       | Kecukupan Nask (N) Total Nask (T) | Panjang Badan (PB) atau Tinggi Badan (TB) |       |
|-----------------|------------------------|------------------|-------|-----------------------------------|-------------------------------------------|-------|
|                 |                        | Hasil            | Hasil |                                   | Hasil                                     | Hasil |
| Kamis, 04/01/22 | 1                      | 9,14 kg          |       | N                                 | 81,5 cm                                   |       |
| Kamis, 10/01/22 | 2                      | 9,1 kg           |       | T                                 | 81,5 cm                                   |       |
| Kamis, 17/01/22 | 3                      | 9,0 kg           |       | N                                 | 81,5 cm                                   |       |
| Kamis, 24/01/22 | 4                      | 9,1 kg           |       | N                                 | 81,5 cm                                   |       |
| Kamis, 31/01/22 | 5                      | 9,4 kg           |       | N                                 | 81 cm                                     |       |
| Kamis, 07/02/22 | 6                      | 9,6 kg           |       | T                                 | 81 cm                                     |       |
| Kamis, 14/02/22 | 7                      | 9,8 kg           |       | N                                 | 81 cm                                     |       |
| Rabu, 23/02/22  | 8                      | 10,1 kg          |       | N                                 | 81 cm                                     |       |

Catatan hasil pemantauan BB dan pengukuran PB atau TB dalam kolom yang tersedia

# PEMANTAUAN BERAT BADAN DAN PANJANG BADAN/TINGGI BADAN BALITA

Nama Balita : Miki Yogi  
 Nama Ibu : Dini Jangah  
 Berat Badan Awal (kg) : 7,4 kg  
 Panjang/Tinggi Badan Awal (cm) : 78 cm  
 Tanggal, Bulan, Tahun Lahir : 05-01-2022  
 Kelurahan/Desa : Agungrejo

| Hari, Tanggal   | Pemeriksaan Minggu ke- | Berat Badan (BB) |       | Kecukupan Nask (N) Total Nask (T) | Panjang Badan (PB) atau Tinggi Badan (TB) |       |
|-----------------|------------------------|------------------|-------|-----------------------------------|-------------------------------------------|-------|
|                 |                        | Hasil            | Hasil |                                   | Hasil                                     | Hasil |
| Kamis, 04/01/22 | 1                      | 7,45 kg          |       | N                                 | 78 cm                                     |       |
| Kamis, 10/01/22 | 2                      | 7,4 kg           |       | N                                 | 78 cm                                     |       |
| Kamis, 17/01/22 | 3                      | 7,5 kg           |       | T                                 | 78,1 cm                                   |       |
| Kamis, 24/01/22 | 4                      | 7,4 kg           |       | N                                 | 78,1 cm                                   |       |
| Kamis, 31/01/22 | 5                      | 7,5 kg           |       | N                                 | 78,1 cm                                   |       |
| Kamis, 07/02/22 | 6                      | 7,6 kg           |       | N                                 | 78,1 cm                                   |       |
| Kamis, 14/02/22 | 7                      | 7,8 kg           |       | T                                 | 78,1 cm                                   |       |
| Rabu, 23/02/22  | 8                      | 8,4 kg           |       | N                                 | 78,1 cm                                   |       |

Catatan hasil pemantauan BB dan pengukuran PB atau TB dalam kolom yang tersedia

# PEMANTAUAN BERAT BADAN DAN PANJANG BADAN/TINGGI BADAN BALITA

Nama Balita : Sulawati D. Dindang  
 Nama Ibu : Harnada  
 Berat Badan Awal (kg) : 4,8 kg  
 Panjang/Tinggi Badan Awal (cm) : 67 cm  
 Tanggal, Bulan, Tahun Lahir : 11-11-2013  
 Kelurahan/Desa : Banawa Batak

| Hari, Tanggal | Pemeriksaan Minggu ke- | Berat Badan (BB) |       | Kasimpuhan Berat (kg) Total Anak (T) | Panjang Badan (PB) atau Tinggi Badan (TB) |       |
|---------------|------------------------|------------------|-------|--------------------------------------|-------------------------------------------|-------|
|               |                        | Hasil            | Hasil |                                      | Hasil                                     | Hasil |
| 06-08-2014    | 1                      | 5,40 kg          |       | T                                    | 67 cm                                     |       |
| 15-08-2014    | 2                      | 5,80 kg          |       | T                                    | 67 cm                                     |       |
| 22-08-2014    | 3                      | 5,45 kg          |       | M                                    | 67 cm                                     |       |
| 29-08-2014    | 4                      | 5,0 kg           |       | M                                    | 67 cm                                     |       |
| 05-09-2014    | 5                      | 5,10 kg          |       | T                                    | 67 cm                                     |       |
| 12-09-2014    | 6                      | 5,2 kg           |       | M                                    | 67 cm                                     |       |
| 19-09-2014    | 7                      | 5,47 kg          |       | T                                    | 67 cm                                     |       |
| 26-09-2014    | 8                      | 5,10 kg          |       | M                                    | 67 cm                                     |       |

Catat hasil penimbangan BB dan pengukuran PB atau TB dalam kolom yang tersedia

# PEMANTAUAN BERAT BADAN DAN PANJANG BADAN/TINGGI BADAN BALITA

Nama Balita : Azzahra Ica Idris  
 Nama Ibu : Seti A. Gengaria  
 Berat Badan Awal (kg) : 7,8 kg  
 Panjang/Tinggi Badan Awal (cm) : 70 cm  
 Tanggal, Bulan, Tahun Lahir : 11-11-2013  
 Kelurahan/Desa : Purabaya Batak

| Hari, Tanggal | Pemeriksaan Minggu ke- | Berat Badan (BB) |       | Kasimpuhan Berat (kg) Total Anak (T) | Panjang Badan (PB) atau Tinggi Badan (TB) |       |
|---------------|------------------------|------------------|-------|--------------------------------------|-------------------------------------------|-------|
|               |                        | Hasil            | Hasil |                                      | Hasil                                     | Hasil |
| 06-08-2014    | 1                      | 8 kg             |       | T                                    | 70 cm                                     |       |
| 15-08-2014    | 2                      | 7,5 kg           |       | T                                    | 70 cm                                     |       |
| 22-08-2014    | 3                      | 7,6 kg           |       | M                                    | 70 cm                                     |       |
| 29-08-2014    | 4                      | 7,8 kg           |       | M                                    | 70 cm                                     |       |
| 05-09-2014    | 5                      | 7,9 kg           |       | T                                    | 70 cm                                     |       |
| 12-09-2014    | 6                      | 7,9 kg           |       | M                                    | 70 cm                                     |       |
| 19-09-2014    | 7                      | 8,0 kg           |       | M                                    | 70 cm                                     |       |
| 26-09-2014    | 8                      | 8,1 kg           |       | M                                    | 70 cm                                     |       |

Catat hasil penimbangan BB dan pengukuran PB atau TB dalam kolom yang tersedia

# PEMANTAUAN BERAT BADAN DAN PANJANG BADAN/TINGGI BADAN BALITA

Nama Balita : Alvin Dindang  
 Nama Ibu : Garnita  
 Berat Badan Awal (kg) : 5,5 kg  
 Panjang/Tinggi Badan Awal (cm) : 70 cm  
 Tanggal, Bulan, Tahun Lahir : 11-11-2013  
 Kelurahan/Desa : Banawa Batak

| Hari, Tanggal | Pemeriksaan Minggu ke- | Berat Badan (BB) |       | Kasimpuhan Berat (kg) Total Anak (T) | Panjang Badan (PB) atau Tinggi Badan (TB) |       |
|---------------|------------------------|------------------|-------|--------------------------------------|-------------------------------------------|-------|
|               |                        | Hasil            | Hasil |                                      | Hasil                                     | Hasil |
| 06-08-2014    | 1                      | 5,5 kg           |       | M                                    | 70 cm                                     |       |
| 15-08-2014    | 2                      | 5 kg             |       | T                                    | 70 cm                                     |       |
| 22-08-2014    | 3                      | 5,1 kg           |       | M                                    | 70 cm                                     |       |
| 29-08-2014    | 4                      | 5,1 kg           |       | M                                    | 70 cm                                     |       |
| 05-09-2014    | 5                      | 5,18 kg          |       | T                                    | 70 cm                                     |       |
| 12-09-2014    | 6                      | 5,2 kg           |       | M                                    | 70 cm                                     |       |
| 19-09-2014    | 7                      | 5,2 kg           |       | M                                    | 70 cm                                     |       |
| 26-09-2014    | 8                      | 5,2 kg           |       | M                                    | 70 cm                                     |       |

Catat hasil penimbangan BB dan pengukuran PB atau TB dalam kolom yang tersedia

# PEMANTAUAN BERAT BADAN DAN PANJANG BADAN/TINGGI BADAN BALITA

Nama Balita : Alvin Dindang  
 Nama Ibu : Agustina  
 Berat Badan Awal (kg) : 5 kg  
 Panjang/Tinggi Badan Awal (cm) : 67 cm  
 Tanggal, Bulan, Tahun Lahir : 11-11-2013  
 Kelurahan/Desa : Purabaya Batak

| Hari, Tanggal | Pemeriksaan Minggu ke- | Berat Badan (BB) |       | Kasimpuhan Berat (kg) Total Anak (T) | Panjang Badan (PB) atau Tinggi Badan (TB) |       |
|---------------|------------------------|------------------|-------|--------------------------------------|-------------------------------------------|-------|
|               |                        | Hasil            | Hasil |                                      | Hasil                                     | Hasil |
| 06-08-2014    | 1                      | 5,0 kg           |       | M                                    | 67 cm                                     |       |
| 15-08-2014    | 2                      | 5,0 kg           |       | M                                    | 67 cm                                     |       |
| 22-08-2014    | 3                      | 5,15 kg          |       | M                                    | 67 cm                                     |       |
| 29-08-2014    | 4                      | 5,15 kg          |       | M                                    | 67 cm                                     |       |
| 05-09-2014    | 5                      | 5,2 kg           |       | M                                    | 67 cm                                     |       |
| 12-09-2014    | 6                      | 5,2 kg           |       | M                                    | 67 cm                                     |       |
| 19-09-2014    | 7                      | 5,2 kg           |       | T                                    | 67 cm                                     |       |
| 26-09-2014    | 8                      | 5,2 kg           |       | T                                    | 67 cm                                     |       |

Catat hasil penimbangan BB dan pengukuran PB atau TB dalam kolom yang tersedia

# PEMANTAUAN BERAT BADAN DAN PANJANG BADAN/TINGGI BADAN BALITA

Nama Balita : M. Alvin  
 Nama Ibu : Yeni Wanda  
 Berat Badan Awal (kg) : 5 kg  
 Panjang/Tinggi Badan Awal (cm) : 67 cm  
 Tanggal, Bulan, Tahun Lahir : 11-11-2013  
 Kelurahan/Desa : Banawa Batak

| Hari, Tanggal | Pemeriksaan Minggu ke- | Berat Badan (BB) |       | Kasimpuhan Berat (kg) Total Anak (T) | Panjang Badan (PB) atau Tinggi Badan (TB) |       |
|---------------|------------------------|------------------|-------|--------------------------------------|-------------------------------------------|-------|
|               |                        | Hasil            | Hasil |                                      | Hasil                                     | Hasil |
| 06-08-2014    | 1                      | 5,0 kg           |       | T                                    | 67 cm                                     |       |
| 15-08-2014    | 2                      | 5,1 kg           |       | T                                    | 67 cm                                     |       |
| 22-08-2014    | 3                      | 5,1 kg           |       | M                                    | 67 cm                                     |       |
| 29-08-2014    | 4                      | 5,1 kg           |       | T                                    | 67 cm                                     |       |
| 05-09-2014    | 5                      | 5,2 kg           |       | M                                    | 67 cm                                     |       |
| 12-09-2014    | 6                      | 5,2 kg           |       | M                                    | 67 cm                                     |       |
| 19-09-2014    | 7                      | 5,2 kg           |       | M                                    | 67 cm                                     |       |
| 26-09-2014    | 8                      | 5,2 kg           |       | T                                    | 67 cm                                     |       |

Catat hasil penimbangan BB dan pengukuran PB atau TB dalam kolom yang tersedia

# PEMANTAUAN BERAT BADAN DAN PANJANG BADAN/TINGGI BADAN BALITA

Nama Balita : M. Alvin  
 Nama Ibu : Wanda  
 Berat Badan Awal (kg) : 5 kg  
 Panjang/Tinggi Badan Awal (cm) : 67 cm  
 Tanggal, Bulan, Tahun Lahir : 11-11-2013  
 Kelurahan/Desa : Banawa Batak

| Hari, Tanggal | Pemeriksaan Minggu ke- | Berat Badan (BB) |       | Kasimpuhan Berat (kg) Total Anak (T) | Panjang Badan (PB) atau Tinggi Badan (TB) |       |
|---------------|------------------------|------------------|-------|--------------------------------------|-------------------------------------------|-------|
|               |                        | Hasil            | Hasil |                                      | Hasil                                     | Hasil |
| 06-08-2014    | 1                      | 5,0 kg           |       | T                                    | 67 cm                                     |       |
| 15-08-2014    | 2                      | 5,1 kg           |       | T                                    | 67 cm                                     |       |
| 22-08-2014    | 3                      | 5,1 kg           |       | M                                    | 67 cm                                     |       |
| 29-08-2014    | 4                      | 5,1 kg           |       | T                                    | 67 cm                                     |       |
| 05-09-2014    | 5                      | 5,1 kg           |       | M                                    | 67 cm                                     |       |
| 12-09-2014    | 6                      | 5,1 kg           |       | M                                    | 67 cm                                     |       |
| 19-09-2014    | 7                      | 5,1 kg           |       | M                                    | 67 cm                                     |       |
| 26-09-2014    | 8                      | 5,1 kg           |       | T                                    | 67 cm                                     |       |

Catat hasil penimbangan BB dan pengukuran PB atau TB dalam kolom yang tersedia

# PEMANTAUAN BERAT BADAN DAN PANJANG BADAN/TINGGI BADAN BALITA

Nama Balita : Alvin  
 Nama Ibu : Sopri  
 Berat Badan Awal (kg) : 5,0 kg  
 Panjang/Tinggi Badan Awal (cm) : 67 cm  
 Tanggal, Bulan, Tahun Lahir : 11-11-2013  
 Kelurahan/Desa : Banawa Batak

| Hari, Tanggal | Pemeriksaan Minggu ke- | Berat Badan (BB) |       | Kasimpuhan Berat (kg) Total Anak (T) | Panjang Badan (PB) atau Tinggi Badan (TB) |       |
|---------------|------------------------|------------------|-------|--------------------------------------|-------------------------------------------|-------|
|               |                        | Hasil            | Hasil |                                      | Hasil                                     | Hasil |
| 06-08-2014    | 1                      | 5,0 kg           |       | M                                    | 67 cm                                     |       |
| 15-08-2014    | 2                      | 5,1 kg           |       | T                                    | 67 cm                                     |       |
| 22-08-2014    | 3                      | 5,1 kg           |       | M                                    | 67 cm                                     |       |
| 29-08-2014    | 4                      | 5,1 kg           |       | T                                    | 67 cm                                     |       |
| 05-09-2014    | 5                      | 5,1 kg           |       | M                                    | 67 cm                                     |       |
| 12-09-2014    | 6                      | 5,1 kg           |       | M                                    | 67 cm                                     |       |
| 19-09-2014    | 7                      | 5,1 kg           |       | T                                    | 67 cm                                     |       |
| 26-09-2014    | 8                      | 5,1 kg           |       | M                                    | 67 cm                                     |       |

Catat hasil penimbangan BB dan pengukuran PB atau TB dalam kolom yang tersedia

# PEMANTAUAN BERAT BADAN DAN PANJANG BADAN/TINGGI BADAN BALITA

Nama Balita : Alvin  
 Nama Ibu : Sopri  
 Berat Badan Awal (kg) : 5,0 kg  
 Panjang/Tinggi Badan Awal (cm) : 67 cm  
 Tanggal, Bulan, Tahun Lahir : 11-11-2013  
 Kelurahan/Desa : Banawa Batak

| Hari, Tanggal | Pemeriksaan Minggu ke- | Berat Badan (BB) |       | Kasimpuhan Berat (kg) Total Anak (T) | Panjang Badan (PB) atau Tinggi Badan (TB) |       |
|---------------|------------------------|------------------|-------|--------------------------------------|-------------------------------------------|-------|
|               |                        | Hasil            | Hasil |                                      | Hasil                                     | Hasil |
| 06-08-2014    | 1                      | 5,0 kg           |       | M                                    | 67 cm                                     |       |
| 15-08-2014    | 2                      | 5,1 kg           |       | T                                    | 67 cm                                     |       |
| 22-08-2014    | 3                      | 5,1 kg           |       | M                                    | 67 cm                                     |       |
| 29-08-2014    | 4                      | 5,1 kg           |       | T                                    | 67 cm                                     |       |
| 05-09-2014    | 5                      | 5,1 kg           |       | M                                    | 67 cm                                     |       |
| 12-09-2014    | 6                      | 5,1 kg           |       | M                                    | 67 cm                                     |       |
| 19-09-2014    | 7                      | 5,1 kg           |       | T                                    | 67 cm                                     |       |
| 26-09-2014    | 8                      | 5,1 kg           |       | M                                    | 67 cm                                     |       |

Catat hasil penimbangan BB dan pengukuran PB atau TB dalam kolom yang tersedia

### PEMANTAUAN BERAT BADAN DAN PANJANG BADAN/TINGGI BADAN BALITA

Nama Balita : Rani Sifa  
 Nama Ibu : Rani Saprana  
 Berat Badan Awal (kg) : 7,0 kg  
 Panjang/Tinggi Badan Awal (cm) : 60,3 cm  
 Tanggal, Bulan, Tahun Lahir : 9-9-2021  
 Kelurahan/Desa : Rumbek Bukit

| Hari, Tanggal | Pemantauan Minggu ke: | Berat Badan (BB) |       | Kesimpulan Naik (N)/ Tidak Naik (T) | Panjang Badan (PB) atau Tinggi Badan (TB) |       |
|---------------|-----------------------|------------------|-------|-------------------------------------|-------------------------------------------|-------|
|               |                       | Hasil            | Hasil |                                     | Hasil                                     | Hasil |
| 08-08-2024    | 1                     | 8 kg             |       | N                                   | 60,3 cm                                   |       |
| 15-08-2024    | 2                     | 7,0 kg           |       | T                                   | 60,5 cm                                   |       |
| 22-08-2024    | 3                     | 7,0 kg           |       | N                                   | 60,5 cm                                   |       |
| 29-08-2024    | 4                     | 7,2 kg           |       | T                                   | 60,5 cm                                   |       |
| 05-09-2024    | 5                     | 7,2 kg           |       | N                                   | 60,5 cm                                   |       |
| 12-09-2024    | 6                     | 7,8 kg           |       | N                                   | 60,5 cm                                   |       |
| 19-09-2024    | 7                     | 7,7 kg           |       | T                                   | 60,5 cm                                   |       |
| 26-09-2024    | 8                     | 8,4 kg           |       | N                                   | 60,3 cm                                   |       |

Catat hasil penimbangan BB dan pengukuran PB atau TB dalam kolom yang tersedia

### PEMANTAUAN BERAT BADAN DAN PANJANG BADAN/TINGGI BADAN BALITA

Nama Balita : Hanny  
 Nama Ibu : Elina  
 Berat Badan Awal (kg) : 7 kg  
 Panjang/Tinggi Badan Awal (cm) : 71 cm  
 Tanggal, Bulan, Tahun Lahir : 10-9-2023  
 Kelurahan/Desa : Rumbek Bukit

| Hari, Tanggal | Pemantauan Minggu ke: | Berat Badan (BB) |       | Kesimpulan Naik (N)/ Tidak Naik (T) | Panjang Badan (PB) atau Tinggi Badan (TB) |       |
|---------------|-----------------------|------------------|-------|-------------------------------------|-------------------------------------------|-------|
|               |                       | Hasil            | Hasil |                                     | Hasil                                     | Hasil |
| 08-08-2024    | 1                     | 7,3 kg           |       | N                                   | 71 cm                                     |       |
| 15-08-2024    | 2                     | 7,3 kg           |       | T                                   | 71,2 cm                                   |       |
| 22-08-2024    | 3                     | 7,3 kg           |       | T                                   | 71,3 cm                                   |       |
| 29-08-2024    | 4                     | 7,4 kg           |       | N                                   | 71,4 cm                                   |       |
| 05-09-2024    | 5                     | 7,4 kg           |       | N                                   | 71,4 cm                                   |       |
| 12-09-2024    | 6                     | 7,5 kg           |       | N                                   | 71,4 cm                                   |       |
| 19-09-2024    | 7                     | 7,8 kg           |       | T                                   | 71,4 cm                                   |       |
| 26-09-2024    | 8                     | 7,3 kg           |       | N                                   | 71,4 cm                                   |       |

Catat hasil penimbangan BB dan pengukuran PB atau TB dalam kolom yang tersedia

#### Lampiran 4 Contoh PMT Balita



### Lampiran 5 Master Data

| <b>Nama Responden</b> | <b>Umur</b> | <b>Minggu Ke-1</b> | <b>Minggu Ke-2</b> | <b>Minggu Ke-3</b> | <b>Minggu Ke-4</b> | <b>Minggu Ke-5</b> | <b>Minggu Ke-6</b> | <b>Minggu Ke-7</b> | <b>Minggu Ke-8</b> | <b>Kenaikan (gr)</b> |
|-----------------------|-------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|----------------------|
| Zaidan                | 54          | 11.8               | 11.7               | 11.9               | 12.3               | 12.2               | 12.2               | 12.0               | 12.2               | 400                  |
| M.Rasid               | 28          | 10.8               | 12.8               | 13.1               | 13.3               | 13.2               | 13.5               | 11.2               | 10.0               | -800                 |
| Azizah                | 40          | 11.6               | 11.8               | 12.1               | 12.3               | 12.2               | 12.4               | 12.3               | 12.3               | 700                  |
| Julianto              | 39          | 10.5               | 10.5               | 10.9               | 10.5               | 10.8               | 10.8               | 11.0               | 11.1               | 600                  |
| Nayra                 | 22          | 9.4                | 9.3                | 9.4                | 9.3                | 9.2                | 9.0                | 8.8                | 8.7                | -700                 |
| Arsyla                | 48          | 12.3               | 12.4               | 12.3               | 12.2               | 12.3               | 12.4               | 12.3               | 12.4               | 100                  |
| Reyes                 | 20          | 9.3                | 9.4                | 9.4                | 9.3                | 9.4                | 9.5                | 9.6                | 9.8                | 500                  |
| Hanania               | 34          | 10.0               | 10.1               | 10.2               | 10.4               | 10.4               | 10.5               | 10,8               | 11,0               | 1000                 |
| Maulana               | 29          | 10.0               | 10.2               | 10.1               | 10.2               | 10.4               | 10.5               | 10.3               | 10.6               | 600                  |
| Jingga                | 50          | 9.3                | 9.3                | 9.4                | 9.4                | 9.4                | 9.6                | 9.9                | 9.7                | 400                  |
| Anjeli                | 25          | 9.8                | 9.8                | 9.8                | 9.8                | 10.0               | 8.2                | 8.0                | 9.8                | 0                    |
| Khaysa                | 33          | 9.9                | 11.4               | 10.0               | 9.4                | 9.5                | 9.6                | 11.0               | 11.6               | 1,700                |
| Aisyah                | 17          | 7.3                | 7.4                | 7.2                | 7.1                | 7.2                | 7.3                | 7.5                | 7.8                | 500                  |
| Safira                | 27          | 10.4               | 10.0               | 10.3               | 10.2               | 10.3               | 10.4               | 10.3               | 10.8               | 400                  |
| Kiara                 | 38          | 11.1               | 10.3               | 11.2               | 12.5               | 11.2               | 11.5               | 10.5               | 10.6               | -500                 |
| Andrew                | 18          | 8.9                | 8.9                | 9.2                | 9.5                | 9.7                | 9.7                | 9.9                | 10,2               | 1,300                |
| Lentera               | 60          | 6.7                | 6.9                | 7.0                | 7.1                | 7.1                | 6.8                | 7.0                | 7.2                | 500                  |
| Julianto              | 27          | 6.1                | 6.4                | 6.4                | 6.3                | 6.3                | 6.5                | 6.5                | 6.7                | 600                  |

|          |    |      |      |      |      |      |      |      |      |       |
|----------|----|------|------|------|------|------|------|------|------|-------|
| Viona    | 27 | 8.2  | 8.6  | 8.1  | 8.2  | 8.2  | 8.1  | 8.4  | 8.8  | 600   |
| Febby    | 44 | 10.4 | 10.3 | 10.3 | 10.1 | 10.6 | 10.6 | 10.5 | 10.7 | 300   |
| Aulia    | 32 | 9.1  | 9.2  | 9.2  | 9.3  | 9.3  | 9.4  | 9.3  | 9.4  | 300   |
| Tiara    | 24 | 8.2  | 8.0  | 8.0  | 7.7  | 8.1  | 8.1  | 8.0  | 8.3  | 100   |
| Khazana  | 44 | 9.2  | 11.2 | 10.0 | 9.4  | 9.5  | 9.6  | 10.0 | 11.6 | 2,400 |
| Alfaro   | 27 | 9.7  | 9.7  | 9.8  | 9.7  | 9.9  | 9.8  | 9.8  | 10.1 | 400   |
| Musa     | 22 | 7.9  | 7.9  | 7.6  | 7.7  | 7.8  | 7.8  | 7.1  | 8.4  | 500   |
| Sulaiman | 33 | 9.8  | 9.8  | 9.9  | 10.0 | 9.7  | 9.8  | 7.4  | 9.5  | -300  |
| Nur      | 23 | 7.5  | 7.0  | 7.1  | 7.2  | 7.1  | 7.2  | 7.5  | 7.6  | 100   |
| Aisyah   | 21 | 8.0  | 7.6  | 7.6  | 7.7  | 7.4  | 7.4  | 8.5  | 8.6  | 600   |
| Muhammad | 19 | 9.2  | 9.5  | 9.5  | 9.5  | 9.7  | 9.8  | 9.6  | 9.5  | 300   |
| Nadira   | 37 | 9.8  | 9.5  | 9.6  | 9.5  | 9.7  | 10.0 | 9.8  | 9.8  | 0     |
| Nafiza   | 23 | 8.4  | 8.7  | 8.4  | 8.7  | 8.5  | 8.7  | 9.2  | 8.7  | 300   |
| Alfiko   | 34 | 10.4 | 10.4 | 10.8 | 10.4 | 10.6 | 10.7 | 11.0 | 10.9 | 500   |
| Raka     | 44 | 10.6 | 9.4  | 10.4 | 10.2 | 10.3 | 10.4 | 10.0 | 10.8 | 200   |
| Raya     | 25 | 8.0  | 7.8  | 7.9  | 7.7  | 7.7  | 7.8  | 7.7  | 8.4  | 400   |
| Haggi    | 17 | 7.3  | 7.3  | 7.2  | 7.3  | 7.7  | 7.7  | 7.1  | 7.3  | 0     |