

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2025
AFAT IRAWATI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. P DI PMB
SYAMSINAR KOTA PEKANBARU**

xiv, 160 Halaman, 7 Tabel, 10 Lampiran

ABSTRAK

Kesehatan ibu dan anak (KIA) merupakan indikator penting kesejahteraan suatu negara dan menjadi fokus global. Sebagian besar kematian ibu dan bayi, sekitar 95%, sebenarnya dapat dicegah. Namun, Indonesia masih menghadapi tantangan dalam menurunkan angka kematian ibu (AKI) dan bayi (AKB). Salah satu strategi efektif yang digunakan adalah *Continuity of Midwifery Care* (COMC), yaitu pelayanan kebidanan berkesinambungan mulai dari kehamilan, persalinan, nifas, hingga masa neonatal. Studi kasus ini bertujuan memberikan asuhan kebidanan komprehensif dan berkesinambungan kepada Ny. P selama periode Januari–Maret 2025. Asuhan kehamilan dilakukan tiga kali kunjungan, dengan keluhan utama pusing dan nyeri perut bawah yang ditangani secara non-farmakologis. Persalinan berlangsung spontan pada usia kehamilan 39 minggu 4 hari dengan bayi lahir sehat, berat 3300 gram, panjang 49 cm. Asuhan nifas dilakukan empat kali kunjungan, dengan keluhan *after pain* yang ditangani melalui edukasi, pijat oksitosin, dan perawatan payudara. Skrining emosional awal menunjukkan risiko depresi, namun membaik setelah dukungan emosional diberikan. Pada masa neonatus, ditemukan ikterik fisiologis yang ditangani melalui edukasi ASI lebih sering, pijat bayi, dan pemantauan tumbuh kembang. Bayi menunjukkan peningkatan berat badan sebesar 200 gram pada hari ke 26. Diharapkan tenaga Kesehatan dapat mempertahankan dan meningkatkan mutu pelayanan khususnya KIAKB asuhan kebidanan secara komprehensif dan menyeluruh.

Kata kunci : *Asuhan Kebidanan, Komprehensif, Continuity of Midwifery Care, Kehamilan, Persalinan, Nifas, Neonatus.*

Daftar bacaan : 78 referensi (2015-2025)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
D III MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNE 2025
AFAT IRAWATI**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. P AT PMB
SYAMSINAR, PEKANBARU CITY**

xiv, 160 Pages, 7 Tables, 10 Attachments

ABSTRACT

Maternal and child health (MCH) is an important indicator of a country's welfare and is a global focus. Most maternal and infant deaths, around 95%, are actually preventable. However, Indonesia still faces challenges in reducing maternal and infant mortality rates (MMR). One effective strategy used is Continuity of Midwifery Care (COMC), which is continuous midwifery services from pregnancy, childbirth, postpartum, to the neonatal period. This case study aims to provide comprehensive and continuous midwifery care to Mrs. P during the period January–March 2025. Pregnancy care was carried out in three visits, with the main complaints of dizziness and lower abdominal pain which were treated non-pharmacologically. Labor occurred spontaneously at 39 weeks 4 days of gestation with a healthy baby born, weighing 3300 grams, and 49 cm long. Postpartum care was carried out in four visits, with complaints of after pain which were treated through education, oxytocin massage, and breast care. Initial emotional screening showed a risk of depression, but improved after emotional support was provided. In the neonatal period, physiological jaundice was found which was treated through more frequent breastfeeding education, baby massage, and growth and development monitoring. The baby showed an increase in weight of 200 grams on the 26th day. It is hoped that health workers can maintain and improve the quality of services, especially KIAKB midwifery care in a comprehensive and thorough manner.

Keywords: Midwifery Care, Comprehensive, Continuity of Midwifery Care, Pregnancy, Childbirth, Postpartum, Neonate.

Reading list: 78 references (2015-2025)