

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2025
ATIKAH NUZULYA ARIANI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. U DI PMB LILIS
SUGIANTI PEKANBARU TAHUN 2025**

viii + 108 Halaman, 7 Tabel, 9 Lampiran

ABSTRAK

Salah satu upaya yang dilakukan untuk percepatan penurunan AKI yaitu dengan menerapkan model asuhan kebidanan yang komprehensif dan berkelanjutan atau *Continuity of Midwifery Care* (CoMC). Studi kasus ini bertujuan untuk mendeteksi dini dan mencegah komplikasi pada masa kehamilan, persalinan, nifas dan neonatus. Asuhan secara menyeluruh dan berkesinambungan pada Ny. U G₂P₁A₀H₁ diberikan di PMB Lilis Sugianti Kota Pekanbaru dari bulan Januari 2025-Maret 2025. Pada masa kehamilan dilakukan sebanyak 4 kali kunjungan, nifas 4 kali kunjungan, neonatus 3 kali kunjungan. Keluhan yang dialami selama trimester 3 oleh Ny. U adalah nyeri punggung, diberikan asuhan senam hamil dan keluhan dapat diatasi. Asuhan persalinan sesuai dengan Asuhan Persalinan Normal (APN), bayi lahir spontan BB: 3100 gram PB: 54 cm, pengeluaran darah $\pm$ 200 cc, kontraksi baik, plasenta lahir lengkap, tanpa ada laserasi jalan lahir. Masa nifas P₂A₀H₂ berlangsung normal. Dilakukan asuhan teknik menyusui, pijat oksitosin dan perencanaan keluarga. Ibu berencana menggunakan metode KB Implan. Pada kunjungan neonatus dilakukan pijat bayi, edukasi ASI Eksklusif dan *on-demand*, ASI lancar serta terjadi peningkatan berat badan bayi sebanyak 1000 gram pada hari ke-28. Diharapkan tenaga kesehatan khususnya bidan dapat meningkatkan asuhan kebidanan sesuai standar kebidanan serta meningkatkan kualitas pelayanan kebidanan komprehensif.

Kata Kunci: Asuhan Kebidanan Komprehensif, Hamil, Bersalin, Nifas, Neonatus

Referensi : 57 Referensi (2016-2024)

**MINISTRY OF HEALTH OF REPUBLIC INDONESIA
HEALTH POLYTECHNIC OF RIAU
DIPLOMA MIDWIFERY OF STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNE 2025
ATIKAH NUZULYA ARIANI**

**COMPREHENSIVE MIDWIFERY CARE FOR MS. U AT PMB LILIS
SUGIANTI PEKANBARU TAHUN 2025**

viii + 108 Pages, 7 Table, 9 Appendices

ABSTRACT

One of the efforts being made is by implementing a comprehensive and sustainable midwifery care model or Continuity of Midwifery Care (CoMC). This comprehensive care is carried out to detect early and prevent complications during pregnancy, childbirth, postpartum and neonates. Comprehensive and continuous care for Mrs. U G2P1A0H1 is given at PMB Lilis Sugianti, Pekanbaru City from January 2025 – March 2025. During pregnancy there are 4 visits, postpartum 4 visits, neonates 3 visits. Complaints experienced during the 3rd trimester by Mrs. U is back pain, given pregnancy exercise care and complaints can be resolved. Delivery care in accordance with Normal Delivery Care (APN), baby was born spontaneously BB: 3100 grams PB: 54 cm, blood output $\pm$ 200 cc, contractions were good, placenta was delivered complete, without any lacerations in the birth canal. The P2A0H2 postpartum period is normal, breastfeeding techniques, oxytocin massage and family planning are provided, so that breast milk is smooth and the mother plans to use the natural birth control method of *Implant*. At the neonate visit, baby massage was carried out, education on exclusive and on-demand breastfeeding, the baby was breastfeeding strongly, breast milk was flowing smoothly and there was an increase in the baby's weight by 1000 grams. It is hoped that health workers, especially midwives, can improve midwifery care according to midwifery standards and improve the quality of comprehensive midwifery services.

Keywords: Comprehensive Midwifery Care, Pregnancy, Childbirth, Postpartum, Neonates

References: 57 References (2016-2024)