

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
JURUSAN KEBIDANAN
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2025
LOLA LEONI SILALAH**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. D DI PMB
ZURRAHMI KOTA PEKANBARU TAHUN 2024**

xi + 118 halaman , 8 tabel , 9 lampiran

ABSTRAK

Dalam upaya percepatan penurunan AKI untuk mencapai target *Sustainable Development Goals* (SDGs) yaitu sebesar 70 per 100.000 kelahiran hidup pada tahun 2030. Salah satu upaya yang dilakukan yaitu dengan menerapkan model asuhan kebidanan yang komprehensif dan berkelanjutan atau *Continuity of Midwifery Care* (CoMC). Asuhan komprehensif ini dilakukan untuk mendeteksi dini dan mencegah komplikasi pada masa kehamilan, persalinan, nifas dan neonatus. Asuhan secara menyeluruh dan berkesinambungan pada Ny. D G2P1A0H1 diberikan di PMB Zurrahmi Kota Pekanbaru dari bulan Oktober 2024 - Desember 2024. Pada masa kehamilan dilakukan sebanyak 3 kali kunjungan, nifas 4 kali kunjungan, neonatus 3 kali kunjungan. Keluhan yang dialami selama trimester 3 oleh Ny. D adalah nyeri pinggang, diberikan asuhan senam hamil dan massage (Pijatan) yang dapat menurunkan nyeri pinggang ibu hamil dan keluhan dapat diatasi. Asuhan persalinan sesuai dengan Asuhan Persalinan Normal (APN), bayi lahir spontan BB: 2400 gram PB: 46 cm, pengeluaran darah $\pm$ 150 cc, kontraksi baik, plasenta lahir lengkap, tanpa ada laserasi jalan lahir. Masa nifas P2A0H2 postpartum normal, dilakukan asuhan teknik menyusui, pijat oksitosin dan perencanaan keluarga berencana, sehingga ASI lancar dan ibu berencana menggunakan metode KB suntik 3 bulan. Pada kunjungan neonatus dilakukan pijat bayi, edukasi ASI Eksklusif dan on-demand, bayi menyusu kuat, ASI lancar serta terjadi peningkatan berat badan bayi sebanyak 700 gram. Hasil asuhan menunjukkan bahwa penerapan CoMC dapat memberikan dampak positif terhadap kesehatan ibu dan bayi. Dengan penerapan CoMC yang sesuai standar, diharapkan bidan dapat berkontribusi dalam menurunkan AKI dan AKB secara signifikan serta meningkatkan kualitas pelayanan kebidanan.

Kata Kunci : Asuhan kebidanan komprehensif, kehamilan, persalinan, nifas, neonatus.

Daftar Bacaan : 68 Referensi (2013-2024)

**MINISTRY OF HEALTH OF REPUBLIC INDONESIA
RIAU HEALTH POLYTECHNIC
DEPARTMENT OF MIDWIFERY
D III MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNE 2025
LOLA LEONI SILALAH**

**COMPREHENSIVE MIDWIFERY CARE FOR MS. D AT PMB
ZURRAHMI PEKANBARU TAHUN 2024**

xi + 118 Pages, 8 Table, 9 Appendices

ABSTRACT

In an effort to accelerate the reduction of MMR to achieve the Sustainable Development Goals (SDGs) target of 70 per 100,000 live births by 2030. One of the efforts being made is by implementing a comprehensive and sustainable midwifery care model or Continuity of Midwifery Care (CoMC). This comprehensive care is carried out to detect early and prevent complications during pregnancy, childbirth, postpartum and neonates. Comprehensive and continuous care for Mrs. D G2P1A0H1 is given at PMB Dince Safrina, Pekanbaru City from October 2024 - December 2024. During pregnancy there are 4 visits, postpartum 4 visits, neonates 3 visits. The complaint experienced during the 3rd trimester by Mrs. D was back pain, she was given prenatal exercise and massage which could reduce the back pain of pregnant women and the complaint could be overcome. Delivery care in accordance with Normal Delivery Care (APN), baby was born spontaneously BB: 2400 grams PB: 46 cm, blood output $\pm$ 150 cc, contractions were good, placenta was delivered complete, without any lacerations in the birth canal. The postpartum period P2A0H2 was normal, breastfeeding technique care, oxytocin massage and family planning were provided, so that breast milk flowed smoothly and the mother planned to use the 3-month injection birth control method. At the neonate visit, baby massage was carried out, education on exclusive and on-demand breastfeeding, the baby was breastfeeding strongly, breast milk was flowing smoothly and there was an increase in the baby's weight by 700 grams. The results of care show that the implementation of CoMC can have a positive impact on maternal and infant health. With the implementation of CoMC according to standards, it is expected that midwives can contribute to significantly reducing MMR and IMR and improving the quality of midwifery services.

Keywords: *Comprehensive Midwifery Care, Pregnancy, Childbirth, Postpartum, Neonates*

References: 68 References (2013-2023)