

**KEMENTERIAN KESEHATAN REPUBLIKNINDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU**

**PROGRAM STUDI D III KEBIDANAN
LAPORAN TUGAS AKHIR , JUNI 2025
SOFIA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.E DI PMB ROSITA
PEKANBARU TAHUN 2025**

xi ± 145 Halaman, 8 tabel, 10 Lampiran

ABSTRAK

Upaya pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas, dan neonatus dalam menurunkan angka kematian ibu dan bayi adalah dengan transformasi kesehatan salah satunya transformasi layanan primer dan mengoptimalisasi peran bidan dalam melakukan asuhan kebidanan melalui metode Continuity of Midwifery Care (CoMC). Studi kasus ini bertujuan untuk memberikan asuhan kebidanan pada Ny.E G1P0A0H0 dari masa kehamilan trimester III, persalinan, nifas, dan neonatus dimulai pada November 2024 sampai Februari 2025 di PMB Rosita Kota Pekanbaru dan kunjungan rumah. Kontak pertama dengan dilakukan pada usia kehamilan 32 minggu selanjutnya dilakukan 4 kali kunjungan kehamilan, persalinan, 4 kali pada masa nifas, serta 3 kunjungan neonatus. Selama kehamilan ditemukan keluhan ketidaknyamanan nyeri pinggang dan sering BAK. Asuhan yang diberikan antara lain senam hamil dan masase serta menganjurkan ibu mengurangi minum sebelum tidur agar ketidaknyamanan ibu dapat diatasi. Persalinan berlangsung spontan. Bayi lahir cukup bulan, jenis kelamin perempuan dengan BB 3,300 gram dan PB 49 cm. Selama masa nifas tidak ditemukan masalah dan komplikasi, dilakukan pijat oksitosin, senam nifas dan perawatan payudara. Hasil konseling KB ibu memutuskan menggunakan KB suntik 3 bulan. Asuhan yang diberikan selama masa neonatus adalah asuhan rutin dan ditambah dengan pijat bayi. Pada akhir asuhan, bayi dalam keadaan sehat dan tetap diberikan ASI saja. Bidan diharapkan dapat meningkatkan dan mempertahankan asuhan kebidanan berdasarkan evidence based dengan pendekatan manajemen kebidanan.

Kata Kunci : Asuhan Kebidanan Komprehensif, CoMC, Kehamilan, Persalinan, Nifas, dan Neonatus

Daftar Bacaan : 80 Referensi (2013-2025)

**MINISTRY OF HEALTH OF THE REPUBLIK OF INDONESIA
RIAU HEALTH POLYTECHNIC**

**D III MIDWIFERY STUDY PROGRAM
FINAL PROJECT REPORT, JUNE 2025
SOFIA**

**COMPREHENSIVE MIDWIFERY CARE FOR NY. E AT PMB
ROSITA PEKANBARU IN 2025**

Xi ± 145 Pages, 8 tables, 10 Appendices

ABSTRATK

Efforts to prevent and manage complications in pregnancy, childbirth, postpartum, and neonates in reducing maternal and infant mortality rates are through health transformation, one of which is the transformation of primary services and optimizing the role of midwives in providing midwifery care through the Continuity of Midwifery Care (CoMC) method. This case study aims to provide midwifery care to Mrs. E G1P0A0H0 from the third trimester of pregnancy, childbirth, postpartum, and neonates starting from November 2024 to February 2025 at PMB Rosita Pekanbaru City and home visits. The first contact was made at 32 weeks of pregnancy, followed by 4 visits during pregnancy, childbirth, 4 times during the postpartum period, and 3 neonatal visits. During pregnancy, complaints of discomfort in the lower back and frequent urination were found. The care provided included pregnancy exercises and massage and encouraging the mother to reduce drinking before bed so that the mother's discomfort could be overcome. Labor took place spontaneously. The baby was born full term, female with a weight of 3,300 grams and a height of 49 cm. During the postpartum period, no problems or complications were found, and oxytocin massage, postpartum exercises, and breast care were performed. The mother's family planning counseling resulted in the decision to use a 3-monthly contraceptive injection. Care provided during the neonatal period consisted of routine care supplemented with infant massage. At the end of the care, the baby was healthy and continued to be exclusively breastfed. Midwives are expected to improve and maintain evidence-based midwifery care with a midwifery management approach.

Keywords: Comprehensive Midwifery Care, CoMC, Pregnancy, Childbirth, Postpartum, and Neonate

Reference: 80 Refrence (2013-2025)