

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, 2025
R. DIESA SALSABILA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. S DI PMB
NILA TRISNAWATI KOTA PEKANBARU**

±123 halaman, 5 Tabel, 9 Lampiran

ABSTRAK

Salah satu upaya dalam pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas dan neonatus adalah dengan asuhan kebidanan *Continuity of Midwifery Care* (CoMC). Laporan Tugas Akhir ini bertujuan memberikan asuhan kebidanan yang menyeluruh dan berkesinambungan pada Ny. S dimulai sejak hamil pada bulan November 2024 hingga neonatus pada bulan Februari 2025. Asuhan kehamilan dilakukan sebanyak 3 kali, persalinan 1 kali, nifas 4 kali, dan neonatus 3 kali. Pada kasus Ny. S, selama kehamilan trimester III, ditemukan beberapa keluhan, yaitu seing BAK pada malam hari dan rasa pusing yang hilang timbul yang dapat diatasi dengan memperbanyak konsumsi cairan pada pagi dan siang hari namun dikurangi pada malam hari sebelum tidur, mengurangi konsumsi makanan pemicu tekanan darah tinggi, dan perbanyak istirahat. Persalinan dilakukan secara *seksio sesarea* pada tanggal 05 Januari 2025 di RS PMC Pekanbaru atas indikasi preeklampsia ringan. Bayi lahir langsung menangis dengan jenis kelamin perempuan, berat lahir 2.900 gram dan panjang badan 49 cm. Pada masa nifas didapati keluhan nyeri pada luka *post sc* dan pola istirahat yang sedikit terganggu namun dapat diatasi dengan memberikan pendidikan kesehatan mengenai fisiologi masa nifas, dukungan emosional, dan mobilisasi dini. Bayi diberikan asuhan rutin bayi baru lahir dan pijat bayi untuk membantu mempercepat penambahan berat badan bayi. Pada akhir asuhan usia 27 hari, berat badan bayi mengalami peningkatan sebanyak 900 gr dari berat badan lahir 2900 gram hingga 3800 gram. Diharapkan bidan dapat mempertahankan dan meningkatkan asuhan yang komprehensif dan berkesinambungan sesuai standar pelayanan kebidanan dimulai dari masa hamil, bersalin, nifas dan neonatus.

Kata Kunci : Asuhan Kebidanan Komprehensif, Kehamilan, Persalinan, Nifas, Neonatus

Daftar Bacaan : 61 referensi (2015-2024).

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
DIPLOMA III MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, 2025
R. DIESA SALSABILA**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. S AT NILA
TRISNAWATI MIDWIFERY CLINIC, PEKANBARU CITY**

±123 pages, 5 Tables, 9 Appendices

ABSTRACT

One of the efforts in preventing and managing complications during pregnancy, childbirth, postpartum, and neonates is through Continuity of Midwifery Care (CoMC). This final project report aims to provide comprehensive and continuous midwifery care to Mrs. S, starting from her pregnancy in November 2024 until the neonate period in February 2025. Antenatal care was provided 3 times, childbirth care once, postpartum care 4 times, and neonatal care 3 times. In the case of Mrs. R during the third trimester of pregnancy, several complaints were found, including frequent nighttime urination and intermittent dizziness. These were managed by advising an increase in fluid intake during the morning and afternoon while reducing fluid intake at night before sleeping, limiting consumption of foods that may trigger high blood pressure, and encouraging more rest. Childbirth was performed by cesarean section on January 5, 2025, at PMC Hospital Pekanbaru due to mild preeclampsia. The baby was born crying immediately, female, weighing 2,900 grams with a length of 49 cm. During the postpartum period, complaints of pain at the post-cesarean section wound site and slightly disturbed rest patterns were noted. These were managed through health education regarding the physiology of the postpartum period, emotional support, and early mobilization. The baby received routine newborn care and infant massage to help accelerate weight gain. At the end of care, at 27 days old, the baby's weight increased by 900 grams from the birth weight of 2,900 grams to 3,800 grams. It is hoped that midwives can maintain and improve comprehensive and continuous care according to midwifery service standards starting from pregnancy, childbirth, postpartum, to neonates.

Keywords : Comprehensive Midwifery Care, Pregnancy, Childbirth, Postpartum, Neonate

References : 61 references (2015–2024)