

ABSTRAK

NABILA MAHARANI RAHMADINA. Gambaran Pengetahuan Ibu Hamil tentang Anemia di Wilayah Kerja Puskesmas Kota Pekanbaru 2024. Dibimbing oleh Ibu Irma Susan Paramita, S.Gz, M.Kes.

Prevalensi anemia pada ibu hamil di Indonesia mengalami peningkatan dari 7,69% pada bulan Desember 2023 menjadi 33,33%. Tujuan penelitian ini adalah untuk mengetahui Gambaran Pengetahuan Ibu Hamil tentang Anemia di Wilayah Kerja Puskesmas Kota Pekanbaru. Metode penelitian menggunakan deskriptif data sekunder PPG. Populasi penelitian adalah ibu hamil di wilayah kerja Puskesmas Kota Pekanbaru. Data pengetahuan ibu hamil diperoleh menggunakan kuesioner. Berdasarkan hasil penelitian menunjukkan ibu hamil di Puskesmas Kota Pekanbaru sebanyak 74,53% memiliki pengetahuan baik, dan 25,48% memiliki pengetahuan kurang. Hasil penelitian ini diharapkan dapat menjadi sumber informasi untuk meningkatkan pengetahuan dalam mencegah anemia sedini mungkin pada saat kehamilan dan lebih memperhatikan Kesehatan pada saat kehamilan agar tidak terjadi anemia.

Kata kunci: Pengetahuan Ibu, Anemia.

ABSTRACT

NABILA MAHARANI RAHMADINA. Overview of Pregnant Women's Knowledge about Anemia in the Work Area of Pekanbaru City Health Centers 2024. Supervised by Mrs. Irma Susan Paramita, S.Gz, M.Kes.

The prevalence of anemia in pregnant women in Indonesia has increased from 7.69% in December 2023 to 33.33%. The aim of this study was to determine the description of pregnant women's knowledge about anemia in the working area of the Pekanbaru City Community Health Center. The research method used descriptive secondary data PPG. The study population was pregnant women in the working area of the Pekanbaru City Health Center. Data on pregnant women's knowledge was obtained using a questionnaire. Based on the results of the study, it shows that 74.53% of pregnant women in the Pekanbaru City Health Center have good knowledge, and 25.48% have poor knowledge. The results of this study are expected to be a source of information to increase knowledge in preventing anemia as early as possible during pregnancy and pay more attention to health during pregnancy to prevent anemia.

Keywords: Maternal Knowledge, Anemia