

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA POLITEKNIK
KESEHATAN RIAU
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, 01 JUNI 2025
SUHAILA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. F DI PMB ROSITA
KOTA PEKANBARU TAHUN 2025**

xiii ± 115 Halaman, 13 Tabel, 10 Lampiran

ABSTRAK

Upaya pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas, dan neonatus dalam menurunkan angka kematian ibu dan bayi adalah dengan transformasi kesehatan salah satunya transformasi layanan primer dan mengoptimalkan peran bidan dalam melakukan asuhan kebidanan melalui metode *Continuity of Midwifery Care (CoMC)*. Studi kasus ini bertujuan untuk memberikan asuhan kebidanan pada Ny.F dari masa kehamilan trimester III, persalinan, nifas, dan neonatus dimulai pada Maret 2025 sampai Mei 2025 di Puskesmas Simpang Tiga Kota Pekanbaru dan kunjungan rumah. Kontak pertama dengan Ny. F G₂P₁A₀H₁ dilakukan pada usia kehamilan 37 minggu dan dilakukan 3 kali kunjungan kehamilan, persalinan, 4 kali pada masa nifas, serta 3 kunjungan neonatus. Selama kehamilan ibu mengeluh gatal pada kemaluan. Asuhan yang diberikan yaitu pendidikan kesehatan mengenai personal hygiene. Persalinan dilakukan dengan spontan di RS Syafira. Bayi lahir cukup bulan, jenis kelamin Laki - Laki dengan BB 3.700 gram dan PB 50 cm. Selama masa nifas tidak ditemukan masalah, dilakukan pijat oksitosin, senam nifas dan perawatan payudara. Hasil konseling KB ibu memutuskan menggunakan suntik KB 3 bulan. Asuhan yang diberikan selama masa neonatus adalah asuhan rutin dan ditambah dengan pijat bayi. Pada usia 18 hari, bayi Ny. F mengalami peningkatan berat badan sebanyak 500 gram dari berat badan lahir 3.700 gram menjadi 4.200 gram. Pada akhir asuhan, bayi dalam keadaan sehat dan tetap diberikan ASI saja. Bidan diharapkan dapat meningkatkan dan mempertahankan asuhan kebidanan sesuai dengan kebutuhan pasien berdasarkan *evidence based* dengan pendekatan manajemen kebidanan.

**Kata Kunci : Asuhan Kebidanan, Komprehensif, Kehamilan, Persalinan, Nifas,
Neonatus, Kontrasepsi suntik KB 3 bulan**

Referensi : 88 Referensi (2014-2024)

**MINISTRY OF HEALTH REPUBLIC OF INDONESIA HEALTH
POLYTECHNIC OF RIAU
STUDY PROGRAM OF D III MIDWIFERY**

**FINAL PROJECT REPORT, JUNY 01, 2025
SUHAILA**

**COMPREHENSIVE MIDWIFERY CARE FOR NY. F AT
PUSKESMAS SIMPANG TIGA PEKANBARU CITY IN 2025**

xiii ± 115 Pages, 13 Tables, 10 Attachments

ABSTRACT

Efforts to prevent and handle complications in pregnancy, childbirth, postpartum, and neonates in reducing maternal and infant mortality rates are through health transformation, one of which is the transformation of primary services and optimizing the role of midwives in providing midwifery care through the Continuity of Midwifery Care (CoMC) method. This case study aims to provide midwifery care to Mrs. F from the third trimester of pregnancy, childbirth, postpartum, and neonates starting in March 2025 to May 2025 at the Simpang Tiga Health Center in Pekanbaru City and home visits. The first contact with Mrs. F G2P1A0H1 was made at 37 weeks of gestation and 3 visits were made during pregnancy, childbirth, 4 times during the postpartum period, and 3 visits to the neonate. During pregnancy, the mother complained of itching in the genitals. The care provided was health education regarding personal hygiene. Delivery was carried out spontaneously at Syafira Hospital. The baby was born full term, male with a weight of 3,700 grams and a height of 50 cm. During the postpartum period, no problems were found, oxytocin massage, postpartum gymnastics and breast care were performed. The results of the mother's family planning counseling decided to use a 3-month birth control injection. The care provided during the neonatal period was routine care and supplemented with baby massage. At the age of 18 days, Mrs. F's baby experienced an increase in weight of 500 grams from a birth weight of 3,700 grams to 4,200 grams. At the end of the care, the baby was healthy and was still given only breast milk. Midwives are expected to improve and maintain midwifery care according to patient needs based on evidence based with a midwifery management approach.

***Keywords: Midwifery Care, Comprehensive, Pregnancy, Childbirth,
Postpartum, Neonates, 3-month contraceptive injection***
References: 88 References (2014-2024)