

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2025
JAHRONA JULIANTI SARI SIREGAR**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. Y DI PMB
MURTINAWITA KOTA PEKANBARU**

xi + 117 Halaman + 5 Tabel + 10 Lampiran

ABSTRAK

Keberhasilan Program kesehatan ibu dapat dinilai melalui indikator utama Angka Kematian Ibu. Salah satu upaya percepatan penurunan AKI dilakukan oleh bidan dengan model *Continuity of Midwifery Care*. Asuhan yang diberikan bertujuan untuk mendeteksi dini dan mencegah komplikasi pada masa kehamilan, persalinan, nifas, dan neonates. Asuhan secara menyeluruh dan berkesinambungan pada Ny. Y usia 28 tahun yang dilakukan dari bulan Desember 2024 - Februari 2025 di berikan di PMB Murtinawita kota Pekanbaru di lanjutkan dengan *home visit*. Asuhan masa kehamilan Ny.Y G2POA1HO dilakukan sebanyak 3 kali, asuhan persalinan, asuhan nifas 4 kali, dan asuhan neonatus 3 kali. Keluhan ibu pada masa kehamilan yaitu keputihan berlebih dan nyeri serta kram pada perut bagian bawah, yang diatasi dengan pemberian asuhan berupa pemberian edukasi tentang menjaga *vulva hygiene*, teknik relaksasi ringan, dan jalan kaki secara teratur. Asuhan yang diberikan sesuai kebutuhan dan masalah dapat diatasi. Proses persalinan berlangsung secara *Sectio Caesarea* atas indikasi Ketuban Pecah Dini (KPD). Bayi lahir tanggal 06 Januari 2025, pukul 17.45 WIB, jenis kelamin laki-laki, berat badan 2.800 gram dan panjang badan 49 cm. Pada kunjungan nifas ditemukan masalah nyeri luka post SC dan ASI sedikit. Dilakukan edukasi tentang mobilisasi, teknik menyusui, dan pola nutrisi selama nifas serta asuhan pijat payudara, memberikan konseling KB dan ibu memilih menjadi akseptor KB suntik 3 bulan. Pada neonatus di lakukan perawatan tali pusat dan pijat bayi, terjadi peningkatan berat badan bayi 900 gram selama 26 hari. Diharapkan kepada bidan sebagai tenaga kesehatan tetap mempertahankan pemberian pelayanan kebidanan secara komprehensif dan berkesinambungan terutama asuhan ibu hamil, bersalin, nifas dan neonatus.

Kata Kunci: Asuhan Kebidanan Komprehensif, hamil, bersalin, nifas, neonatus
Referensi : 82 Referensi (2015-2025)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU MINISTRY OF HEALTH POLYTECHNIC
DIII MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNE 2025
JAHRONA JULIANTI SARI SIREGAR**

**COMPREHENSIVE MIDWIFERY CARE IN NY. Y AT PMB
MURTINAWITA PEKANBARU CITY**

x + 117 Pages + 5 Tables + 10 Attachments

ABSTRACT

The success of the maternal health programs can be evaluated through the primary indicator of the Maternal Mortality Ratio (MMR). One of the efforts to accelerate the reduction of MMR is through the Continuity of Midwifery Care model provided by midwives. This comprehensive care aims to enable early detection and prevention of complications during pregnancy, childbirth, the postpartum period, and the neonatal stage. Continuous care was provided to Mrs. Y, 28 years old, from December 2024 to February 2025 at PMB Murtinawita in Pekanbaru, followed by home visits. Antenatal care for Mrs. Y, G2P0A1H0, was carried out three times, followed by intrapartum care, four postpartum visits, and three neonatal visits. During pregnancy, the mother experienced excessive vaginal discharge, abdominal pain, and cramps, which were managed through education on vulvar hygiene, light relaxation techniques, and regular walking. All identified problems were resolved with appropriate care. Labor was conducted via Cesarean Section due to Premature Rupture of Membranes (PROM). The baby was born on January 6, 2025, at 17:45 WIB, male, weighing 2,800 grams and measuring 49 cm in length. During the postpartum period, the mother experienced pain at the surgical site, which was managed through wound care, Edinburgh Postnatal Depression Scale (EPDS) screening, family planning counseling, and the mother chose a 3-month injectable contraceptive. Neonatal care included umbilical cord care and infant massage, resulting in a 900-gram weight gain over 26 days. It is recommended that midwives continue providing comprehensive and continuous midwifery care, particularly for pregnant women, labor, postpartum, and neonates.

Keywords : Comprehensive Midwifery Care, pregnancy, delivery, postpartum, neonate

References: 82 References (2015-2025)