

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
KEMENKES POLTEKKES RIAU
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR JUNI, 2025
INDAH CANTIKA RITONGA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. I DI PRAKTIK
MANDIRI BIDAN ROSITA KOTA PEKANBARU
± XII, 118 HALAMAN, 6 TABEL, 9 LAMPIRAN**

ABSTRAK

Upaya peningkatan derajat kesehatan ibu dan bayi dapat dilihat dari Angka Kematian Ibu (AKI) dan Angka Kematian Bayi (AKB). Upaya yang diperlukan dalam mencapai derajat kesehatan masyarakat yang optimal dalam penurunan AKI yang dapat dilakukan bidan yaitu diantaranya melakukan asuhan kebidanan dengan model *Continuity of midwifery care (COMC)* dengan pendekatan manajemen kebidanan. Laporan tugas akhir ini bertujuan untuk memberikan asuhan dari masa kehamilan trimester III, persalinan, nifas, dan neonates. pada Ny. I G₃P₂A₀H₁ yang dimulai usia kehamilan 34 minggu di PMB Rosita bulan Februari 2025 sampai April 2025. Kunjungan pada masa kehamilan dilakukan sebanyak 3 kali, pertolongan persalinan, nifas 4 kali dan asuhan neonatus 3 kali. Selama kehamilan ibu mengeluh nyeri perut, penanganan yang dilakukan secara konservatif menunggu aterm dan his alami, pada 40 minggu his alami muncul. Pada saat persalinan terdapat keluhan ketidaknyamanan akibat nyeri kontraksi persalinan dan diberikan asuhan berupa masase punggung hingga proses persalinan berlangsung normal. Bayi lahir spontan, dengan jenis kelamin Laki-laki, BB 3.200 gram, panjang badan 54 cm. Saat kunjungan nifas keluhan yang didapatkan nyeri pada perut, dilakukan asuhan untuk mengurangi rasa nyeri. Setelah melakukan perundingan dengan pasangan keputusan ibu terkait penggunaan Kb, ibu menggunakan KB IUD. Pada kunjungan neonatus untuk membantu menaikkan berat badan bayi dan pijat bayi. Kenaikan berat badan bayi 600 gram, dari berat lahir 3.200gram menjadi 3.800 gram. Diharapkan bidan dapat meningkatkan KIE mengenai kunjungan antenatal serta melakukan asuhan kebidanan secara berkelanjutan dan berkesinambungan sesuai standar asuhan pelayanan kebidanan.

Kata Kunci : *Kehamilan, Persalinan, Nifas, Neonatus dan Komprehensif*

Referensi : 81 Referensi (205-2025)

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STUDY PROGRAM DIII OF MIDWIFERY**

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**COMPREHENSIVE MIDWIFERY CARE IN MRS. I AT PMB
ROSITA PEKANBARU CITY**

± XII, 118 Pages, 6 Tables, 9 Appendices

ABSTRACT

Efforts to improve the health status of mothers and babies can be seen from the Maternal Mortality Rate (MMR) and Infant Mortality Rate (IMR). One of the necessary efforts to achieve an optimal level of public health and reduce MMR is the provision of midwifery care using the Continuity of Midwifery Care (CoMC) model through a midwifery management approach. This final report aims to provide care during the third trimester of pregnancy, labor, postpartum, and neonatal periods for Mrs. I (G3P2A0H1), starting from 34 weeks of gestation at PMB Rosita from February 2025 to April 2025. The antenatal visits were carried out three times, labor assistance was provided, four postpartum visits were conducted, and neonatal care was given three times. During pregnancy, the mother complained of abdominal pain, which was managed conservatively while waiting for term and the onset of natural contractions, which occurred at 40 weeks. During labor, the mother experienced discomfort due to labor contractions and was given back massage care until the delivery process progressed normally. The baby was delivered spontaneously, male, with a birth weight of 3,200 grams and a body length of 54 cm. During the postpartum visits, the main complaint was abdominal pain, for which care was provided to relieve the discomfort. After consulting with her partner, the mother decided to use an IUD as a contraceptive method. During neonatal visits, care was provided to support the baby's weight gain and baby massage was performed. The baby's weight increased by 600 grams, from 3,200 grams at birth to 3,800 grams. It is expected that midwives will enhance health education (IEC) regarding antenatal visits and provide continuous and sustainable midwifery care in accordance with standard midwifery service guidelines.

**Keywords : *Comprehensive Midwifery Care, pregnancy, childbirth
childbirth, neonates***

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