

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN KEMENKES RIAU  
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, APRIL 2020**

**PUTRI ARDIYANTI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.Y DI KLINIK  
PRATAMA TAMAN SARI 2 KOTA PEKANBARU TAHUN 2020**

**X+114 Halaman, 7 Tabel, 10 Lampiran**

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**ABSTRAK**

Salah satu upaya dalam pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas dan neonatus adalah dengan asuhan kebidanan komprehensif atau *Continuity Of Midwifery Care*. Laporan tugas akhir bertujuan memberikan asuhan CoMC dari masa kehamilan, persalinan, nifas, dan neonatus dengan manajemen kebidanan dan pendokumentasian SOAP di Klinik Taman Sari 2 kota Pekanbaru. Asuhan kebidanan yang dilakukan berlangsung dari tanggal 20 Oktober 2019-02 Desember 2019 dengan kunjungan hamil 3 kali, persalinan 1 kali, nifas 3 kali, dan neonatus 3 kali. Pada Ny. Y proses kehamilan berlangsung fisiologis meskipun terdapat beberapa ketidaknyamanan seperti nyeri punggung, kaki sedikit edema, hal tersebut dapat diatasi dengan mengajarkan senam hamil. Proses persalinan berjalan normal di Klinik Pratama Taman Sari 2 pada tanggal 06 November 2019 pukul 22.15 wib, bayi lahir dengan jenis kelamin laki-laki, menangis kuat, bergerak aktif, berat badan 3500 gram, dan panjang 48 cm. Pada masa nifas ibu mengeluh ASI kurang lancar, perut terasa mulas, keluhan tersebut diatasi dengan mengajarkan senam nifas dan cara menyusui. Pada asuhan neonatus ibu mengatakan bayinya sedikit rewel, keluhan tersebut diatasi dengan mengajarkan pijat bayi. Asuhan berkesinambungan ini selain bermanfaat untuk memantau kesehatan ibu dan anak juga bermanfaat untuk meningkatkan kompetensi dalam memberikan asuhan sesuai standar pelayanan, dan setiap bidan diharapkan melaksanakan semua standar pelayanan yang telah ditetapkan oleh permenkes.

***Kata Kunci : Asuhan, Kebidanan, Berkelanjutan***  
**Daftar Bacaan : 44 referensi (2003-2019)**

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA  
HEALTH POLYTECHNIC OF RIAU  
STUDY PROGRAM OF D III MIDWIFERY**

**FINAL PROJECT REPORT, APRIL 2020**

**PUTRI ARDIYANTI**

**COMPREHENSIVE MIDWIFERY CARES FOR MRS. Y IN CLINICAL  
PRATAMA TAMAN SARI 2 PEKANBARU IN 2020**

**X+114 Pages, 7 Tables, 9 Attachments**

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**ABSTRACT**

One of the effort in the prevention and management of complication in pregnancy periode, labor periode, postpartum period and neonates is with comprehensive obstetric care or Continuity of Midwifery Care. The purpose of this final project was to provide ongoing during the pregnancy periode, labor periode, postpartum period, neonatal periode with midwifery management and SOAP documentation in Taman Sari Clinic 2 Pekanbaru City. Midwifery care provided took place from 20 October 2019-02 December 2019 with 3 pregnancy visit, 1 labor visit, 3 postpartum visit, and 3 neonatal visits. Mrs. Y pregnancy process ran well physiologically although there ware several complaints of discomfort such as back pain, slight edema in the legs, but this could be overcome by providing teaching for pregnant exercises. Her labor process normal at Clinic Pratama Taman Sari 2 on November 6, 2019 at 10:15 pm, baby was born with male sex, cries strongly, moved actively, weight 3500 grams, and was 48 cm in body length. During the postpartum period, Mrs. Y complained that milk was not produced well and the stomach ached, the complaints could be overcome with teaching postpartum gym and lactation physiological. In neonatal period, Mrs. Y complained her baby was a fussy, the complaints could be overcome with teaching baby massage. It is expected that midwives are able to provide continuity of midwifery care (CoMC) since, besides being useful for monitoring maternal and child health, it is also useful for to improve midwife's competence in providing care in accordance with service standards, and each midwife is expected to prepare all service standards set by health minister regulations.

**Keywords:** *care, midwifery, continuity*

**Reference:** 44 (2003-2019)

