

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D IV KEBIDANAN**

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**HUBUNGAN PENERAPAN KELUARGA SADAR GIZI (KADARZI)
TERHADAP STATUS GIZI BALITA DI DESA INTAN JAYA
KECAMATAN TAPUNG HULU
KABUPATEN KAMPAR**

vii + 56 Halaman + 11 Tabel + 2 Bagan + 11 Lampiran

ABSTRAK

Masalah gizi di Indonesia masih banyak terjadi terutama pada anak Balita yang merupakan golongan rawan gizi, kekurangan gizi dapat mengakibatkan gagal tumbuh kembang, meningkatkan angka kematian dan kesakitan serta penyakit trauma pada kelompok usia rawan gizi yaitu Balita. Di Kabupaten Kampar dari 25.914 Balita yang ditimbang 2,4% mengalami gizi buruk dan 12,9% mengalami gizi kurang, 21,7% Pendek. Tujuan penelitian ini adalah untuk mengetahui hubungan penerapan keluarga sadar gizi (KADARZI) terhadap status gizi balita di Desa Intan Jaya Kecamatan Tapung Hulu Kabupaten Kampar. Penelitian ini dilakukan bulan Januari-Mei 2020 di Desa Intan Jaya Kecamatan Tapung Hulu Kabupaten Kampar dengan jenis deskriptif analitik dan desain *Cross Sectional*. Populasi pada penelitian ini adalah Balita Usia 24-60 bulan yang ada di Desa Intan Jaya Kecamatan Tapung Hulu Kabupaten Kampar berjumlah 58 Balita. Pengambilan sampel secara *Total Sampling*, dimana jumlah sampel sama dengan jumlah populasi. Hasil uji *Chi Square Test* dengan derajat kepercayaan 95% menunjukkan Ada hubungan yang signifikan antara Penerapan Keluarga Sadar Gizi (KADARZI) Terhadap Status Gizi Balita BB/U dengan $p\text{ value} = 0,001$ ($p\text{ value} < 0.05$) dan nilai OR 1,611, TB/U $p\text{ value} = 0,005$ ($p\text{ value} < 0.05$) dan nilai OR 1,318, BB/TB $p\text{ value} = 0,002$ ($p\text{ value} < 0.05$) dan nilai OR 1,526. Diharapkan bagi tenaga kesehatan yang berada di Desa Intan Jaya Kecamatan Tapung Hulu Kabupaten Kampar agar dapat Mensosialisasikan dan membentuk TIM dalam upaya penerapan keluarga sadar gizi.

Kata Kunci : *Balita, Keluarga Sadar Gizi (KADARZI), Status Gizi Balita*

Daftar Pustaka : *23 Referensi (2007-2019).*

**MINISTER OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLITECHNIC OF KEMENKES RIAU (RIAU HEALTH'S
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**THE CORRELATION OF THE APPLICATION OF NUTRITIONAL
CONSCIOUS FAMILY (KADARZI) TOWARDS TODDLERS
NUTRITION STATUS IN INTAN JAYA VILLAGE, TAPUNG HULU
DISTRICT, KAMPAR REGENCY**

vii + 56 Pages + 11 Tables + 2 Charts + 11 Attachments

ABSTRACT

Nutrition problems are easily found in Indonesia, especially in children under five who are vulnerable to nutrition, malnutrition can impact to growth and development failure, increase mortality and morbidity and trauma in the age-prone nutrition group, namely toddlers. In Kampar Regency out of 25,914 toddlers who were weighed 2.4% were experiencing severe malnutrition and 12.9% were suffering from malnutrition, 21.7% were short. The aimed of this study was to determine the correlation between the application of nutrition conscious families (KADARZI) to the toddlers nutritional status in Intan Jaya Village, Tapung Hulu District, Kampar Regency. This research was conducted from January-May 2020 in Intan Jaya Village, Tapung Hulu District, Kampar Regency with a descriptive analytic type and Cross Sectional design. The population in this study were toddlers who aged 24-60 months in Intan Jaya Village, Tapung Hulu District, Kampar Regency, the totals are 58 toddlers. The data collecting technique was taken by Total Sampling, where the number of samples is equal to the total of population. Chi Square Test results with a degree of confidence of 95% showed that there was a significant correlation between the Application of Nutrition Conscious Families (KADARZI) to the Nutritional Status of Toddlers of BB/U with p value = 0.001 (p value <0.05) and OR 1,611, TB/U p value = 0.005 (p value <0.05) and OR value 1.318, BB/TB p value = 0.002 (p value <0.05) and OR value 1.526. It is expected that health workers in Intan Jaya Village, Tapung Hulu District, Kampar Regency, will be able to conduct socialization and make group as the effort to implement a nutritionally aware family.

Keywords : *Toddler, Nutrition Conscious Family (KADARZI), Toddler Nutrition Status*

Bibliography : 23 References (2007-2019).