

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN KEMENKES RIAU  
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, APRIL 2020**

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**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. RDI KLINIK ARRABIH  
PEKANBARU TAHUN 2020**

**121 Halaman, 5 Tabel, 7 Lampiran**

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**ABSTRAK**

Salah satu upaya dalam pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas dan neonatus adalah dengan asuhan kebidanan yang berkelanjutan dan berkesinambungan. Asuhan kebidanan komprehensif bertujuan untuk mendeteksi secara dini dan komplikasi dan resiko tinggi pada ibu serta mendampingi ibu yang di mulai dari masa hamil trimester III, bersalin, masa nifas, dan neonatus di Klinik Pratama Arrabih dan dilanjutkan kunjungan ke rumah Ny.R dimulai pada bulan Oktober sampai Februari 2020 sebanyak 10 kali kunjungan yaitu masa hamil 3 kali, mendampingi bersalin 1 kali, nifas 3 kali, neonatus 3 kali. Pada masa kehamilan Ny.R G3P2A0H2 mengalami nyeri perut bagian bawah dan sering Buang Air Kecil, dilakukan asuhan dengan memberikan pendidikan kesehatan tentang cara mengatasi keluhan yang dialami dan ketidaknyamanan ibu dapat teratasi. Persalinan normal sesuai dengan APN dan pengurnagan rasa nyeri melakukan masasage endorphindan menghadirkan pendamping. Bayi lahir normal BB 3000 gram dengan laserasi derajat 2. Pada masa nifas Ny.R P3A0H3mengeluh nyeri luka pada jahitannya dan dilakukan asuhan perawatan luka pereineum dan mengajarkan senam nifas, masa nifas tidak ada tanda – tanda infeksi dan ibu askeptor KB Pil. Neonatus normal terjadi penurunan BB fisiologis 1,6%, Melakukan asuhan pijat bayi pada hari kedua puluh delapanterjadi kenaikan BB 15% (normal). Diharapkan bidan dapat memberikan asuhan kebidanan berkelanjutan mulai dari hamil, bersalin, nifas dan neonatus.

Kata kunci : *Asuhan Kebidanan Ibu Hamil, Bersalin, Nifas Dan Neonatus*

Daftar Bacaan : 20 referensi (2002-2016)

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**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA  
HEALTH POLYTECHNIC OF RIAU**

# STUDY PROGRAM OF D III MIDWIFERY

FINAL PROJECT REPORT, APRIL 2020

RIZKA LENA

## COMPREHENSIVE MIDWIFERY CARE FOR MRS. R IN ARRABIH CLINIC OF PEKANBARU IN 2020

121 pages , 5 tables, 7 attachments

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### ABSTRAK

One effort in the prevention and management of complications in pregnancy, childbirth, postpartum and neonates is with ongoing obstetric care (Kemenkes, 2013). Continuous midwifery care aims to detect early complications and high risk for mothers ranging from pregnancy, childbirth, postpartum and neonates.. Midwifery care is carried out at Klinik Pratama Arrabih and continued visits to the house of Mrs. R, starting in October 2019 until February 2020 there were 10 visits, namely 3 times of pregnancy, assisting when giving birth 1 time, postpartum 3 times, neonates 3 times. During pregnancy Mrs.R experienced some discomforts in pregnancy Complaints found are frequent urination at night, this can be overcome by providing health education, doing pregnancy exercises, and giving iron tablets. The birth process of Mrs. R went well with normal delivery care and performed endorphin massage to reduce pain in the first stage. During the postpartum period, mothers complained of pain in their former stitches and the complaints could be resolved by health education and teaching postpartum gymnastics. Mrs. R's baby development is in good condition and babies are only given exclusive breastfeeding, care has been given that is teaching mothers to massage babies. It is expected that midwife in providing ongoing midwifery care (CoMC) always implements midwifery management. In addition, pay attention and improve competence in providing midwifery care in accordance with midwifery service standards.

Keywords : **Midwifery care, pregnancy, labor, postpartum, low birth weigh**

Reference : 20 referensi (2002-2016)