

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D-III KEBIDANAN**

LAPORAN TUGAS AKHIR, APRIL 2020

EKA PUTRI PRATIWI

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. D DI KLINIK
PRATAMA AFIYAH KOTA PEKANBARU
ix + 151 hal + 8 tabel + 9 lampiran**

ABSTRAK

Asuhan kebidanan komprehensif merupakan suatu upaya pelayanan kebidanan yang diberikan kepada ibu hamil, bersalin, bayi baru lahir, masa nifas dan keluarga berencana untuk upaya mencapai derajat kesehatan yang optimal melalui pencegahan penyakit, peningkatan kesehatan, menjamin keterjangkauan pelayanan kesehatan yang dibutuhkan dan melibatkan klien sebagai mitra dalam perencanaan, pelaksanaan dan evaluasi pelayanan kebidanan. Studi kasus ini bertujuan untuk memberikan asuhan kebidanan yang menyeluruh dan berkesinambungan sejak ibu hamil trimester III, bersalin, nifas, dan neonatus. Asuhan dilakukan di Klinik Pratama Afiyah dan dilanjutkan kunjungan ke rumah Ny. D, dimulai pada bulan November 2019 sampai dengan bulan Januari 2020 dengan kunjungan hamil 3 kali, persalinan 1 kali, nifas 4 kali dan neonatus 3 kali. Pada Ny. D masa kehamilan berlangsung fisiologis meskipun terdapat keluhan ketidaknyamanan dengan nyeri perut bagian bawah dan keluarnya lendir bercampur darah, hal tersebut dapat diatasi dengan memberikan pendidikan kesehatan yang berkelanjutan. Persalinan Ny. D berlangsung pada usia kehamilan 37 minggu dengan kala I fase aktif 13 jam 10 menit, kala II 10 menit, kala III 10 menit, dan kala IV 2 jam. Bayi Ny. D lahir normal dengan jenis kelamin perempuan, berat badan 3200 gram, dan panjang badan 47,5 cm. Pada masa nifas, ibu mengeluh perut mules saat menyusui, nyeri luka jahitan, dan pusing, keluhan tersebut dapat diatasi dengan pendidikan kesehatan dan mengajarkan senam nifas. Selama kunjungan neonatus terdapat keluhan berupa miliaris dan juga berat badan bayi turun pada hari ke-7, hal ini teratasi dengan pendidikan kesehatan dan mengajari ibu pijat bayi. Diharapkan bagi lahan praktik agar bisa lebih meningkatkan mutu pelayanan agar dapat memberikan asuhan yang lebih baik sesuai dengan standar asuhan kebidanan.

Kata Kunci : *Asuhan, kebidanan, komprehensif, hamil, bersalin, nifas, neonatus*

Daftar Bacaan : 52 Referensi (2004-2019)

**MINISTRY OF HEALTH OF THE PUBLIK INDONESIA
HEALTH POLYTECHNIC OF RIAU
STUDY PROGRAM OF D-III MIDWIFERY**

FINAL PROJECT REPORT, APRIL 2020

EKA PUTRI PRATIWI

**COMPREHENSIVE MIDWIFERY CARES FOR MRS. D IN THE
PRATAMA AFIYAH CLINIC PEKANBARU CITY
ix + 151 pages + 8 tables + 9 attachments**

ABSTRACT

Comprehensive midwifery care is an effort to provide midwifery services for women during pregnancy, maternity, newborn baby, puerperium and family who's planning to achieve optimal health. This optimal health is achieved through disease prevention, health promotion, and ensuring the affordability of health services needed. Optimal health is also about involving clients as partners on planning, implementing and evaluating midwifery services. This case study aims to provide a comprehensive midwifery care since the third trimester of pregnancy, maternity, puerperium and neonate periods. The health care was done at the Pratama Afiyah Clinic and a series of visits to Mrs. D's home. It was started on November 2019 until January 2020 with 3 visits during pregnancy, 1 visit during labor, 4 visits during postpartum, and 3 visits during neonatal period. Mrs. D's pregnancy was physiologically normal despite complaints of discomfort such as lower abdominal pain and bloody phlegm, but it was overcame by providing a continuous health education related to the complaints. Her labor took time at week 37 of gestation, stage 1 active phase lasted for 13 hours and 10 minutes, stage 2 lasted for 10 minutes, stage 3 lasted for 10 minutes, and stage 4 lasted for 2 hours. Mrs. D's baby was female and delivered normally, with 3200 grams weight and 47.5 cm length. During the postpartum period, Mrs. D complained of experiencing heartburn while breastfeeding, pain on stitched area, and dizziness. The complaints were handled by providing health education related to the issues and postpartum gym exercise. During the neonate period, there were complaints about emerging of miliaria and weight lost on the baby at the seventh day, but it was handled by providing health education related to the issues and training about baby massage. The practice land is expected to be able to improve the quality of service in order to provide better care in accordance with midwifery care standars.

Keywords : *care, midwifery, comprehensive, pregnant, maternity, postpartum, neonatus*

Reference : 52 references (2004-2009)