

ABSTRAK

Naya Hafifa Budi (2026). Asuhan Keperawatan Jiwa Pada Klien Skizofrenia Dengan Masalah Risiko Perilaku Kekerasan di Rumah Sakit Jiwa Tampan Provinsi Riau. Karya Tulis Ilmiah Studi Kasus, Program Studi DIII Keperawatan Pekanbaru, Jurusan Keperawatan, Politeknik Kesehatan Kemenkes Riau. Pembimbing (I) Hernitati, S.Pd., S.Kep., M.K.M. Pembimbing (II) Ns. Melly, SST., S.Kep., M.Kes. Penguji (I) Ns. Masnun, SST., S.Kep., M.Biomed. Penguji (II) Ns. Magdalena, SST., S.Kep., M.Kes.

Latar Belakang: Skizofrenia merupakan gangguan jiwa berat yang memengaruhi cara berpikir, perasaan, dan perilaku seseorang. Salah satu masalah keperawatan yang sering ditemukan adalah risiko perilaku kekerasan yang ditandai dengan dimana individu memiliki kecenderungan untuk melakukan tindakan yang dapat membahayakan diri sendiri, orang lain, maupun lingkungan. **Tujuan:** Mendeskripsikan asuhan keperawatan jiwa pada pasien skizofrenia dengan masalah risiko perilaku kekerasan di Rumah Sakit Jiwa Tampan Provinsi Riau. **Metode:** Penelitian menggunakan desain studi kasus deskriptif dengan subjek satu orang pasien. Data dikumpulkan melalui wawancara, observasi, pemeriksaan fisik, dan studi dokumentasi. Asuhan keperawatan dilakukan selama lima hari pada tanggal 10–15 April 2026 di Ruang Mandau 2. **Hasil:** Pengkajian menunjukkan pasien tampak tegang, ekspresi wajah tampak marah, tangan sering mengepal, suara bicara terdengar agak keras, dan badan tampak kaku. Diagnosis keperawatan yang ditegakkan adalah risiko perilaku kekerasan. Intervensi dilakukan melalui strategi pelaksanaan (SP) risiko perilaku kekerasan berupa membina hubungan saling percaya, melatih tarik nafas dalam, melatih memukul bantal, melatih meminta dan menolak dengan baik, spiritual, dan meminum obat secara rutin. Setelah implementasi, pasien menunjukkan lebih kooperatif dan dapat mengontrol perilaku kekerasan. **Kesimpulan:** Strategi pelaksanaan risiko perilaku kekerasan efektif mengontrol perilaku kekerasan dan kemampuan interaksi sosial pasien skizofrenia. **Saran:** Perawat diharapkan dapat terus mempertahankan serta meningkatkan pelayanan keperawatan jiwa.

Kata Kunci: Asuhan Keperawatan Jiwa, Skizofrenia, Risiko Perilaku Kekerasan.

ABSTRACT

Naya Hafifa Budi (2026). *Psychiatric Nursing Care for Schizophrenia Clients with Risk of Violent Behavior at Tampan Mental Hospital, Riau Province. Scientific Paper: Case Study, DIII Nursing Study Program, Pekanbaru, Department of Nursing, Health Polytechnic, Ministry of Health, Riau. Supervisor (I): Hernitati, S.Pd., S.Kep., M.K.M. Supervisor (II): Ns. Melly, SST., S.Kep., M.Kes. Examiner (I): Ns. Masnun, SST., S.Kep., M.Biomed. Examiner (II): Ns. Magdalena, SST., S.Kep., M.Kes.*

Background: Schizophrenia is a severe mental disorder that affects a person's thinking, feelings, and behavior. One frequently encountered nursing problem is the risk of violent behavior, characterized by an individual's tendency to engage in actions that can harm themselves, others, and the environment. **Objective:** To describe psychiatric nursing care for schizophrenia patients with a risk of violent behavior at Tampan Mental Hospital, Riau Province. **Method:** The study used a descriptive case study design with one patient as the subject. Data were collected through interviews, observations, physical examinations, and documentation studies. Nursing care was provided for five days, from April 10–15, 2026, in Mandau Ward 2. **Results:** The assessment revealed a tense appearance, an angry facial expression, frequent fists, a somewhat loud voice, and a stiff body. The established nursing diagnosis was a risk of violent behavior. Interventions were implemented through an implementation strategy (SP) for the risk of violent behavior, including building a trusting relationship, practicing deep breathing, practicing pillow hitting, practicing asking and refusing appropriately, practicing spirituality, and taking medication regularly. After implementation, the patient demonstrated greater cooperation and control of violent behavior. **Conclusion:** The implementation strategy for the risk of violent behavior effectively controlled violent behavior and the social interaction skills of schizophrenia patients. **Recommendation:** Nurses are expected to continue to maintain and improve psychiatric nursing services.

Keywords: Mental Health Nursing Care, Schizophrenia, Risk of Violent Behavior.