

ABSTRAK

Dea Madinah Ananta (2026). *Asuhan Keperawatan Jiwa pada Klien Skizofrenia dengan Gangguan Persepsi Sensori: Halusinasi Pendengaran di Rumah Sakit Jiwa Tampan Kota Pekanbaru*. Karya Tulis Ilmiah Studi Kasus, Program Studi Diploma III Keperawatan Pekanbaru, Jurusan Keperawatan, Politeknik Kesehatan Kementerian Kesehatan Riau. Pembimbing (I) Ns. Idayanti, S.Pd., S.Kep., M.Kes. Pembimbing (II) R. Sakhnan, SKM., M.Kes.

Halusinasi pendengaran merupakan gangguan persepsi sensori yang sering dialami pasien skizofrenia. Data di Ruang Mandau 2 Rumah Sakit Jiwa Tampan Kota Pekanbaru menunjukkan bahwa halusinasi dialami oleh 69 klien (45,10%) yang menjalani perawatan. Tujuan studi kasus ini adalah menggambarkan asuhan keperawatan jiwa pada klien skizofrenia dengan gangguan persepsi sensori: halusinasi pendengaran. Metode yang digunakan adalah studi kasus deskriptif dengan pendekatan proses keperawatan yang meliputi pengkajian, diagnosis keperawatan, intervensi, implementasi, dan evaluasi pada satu orang klien. Hasil pengkajian menunjukkan klien sering mendengar suara bisikan, berbicara sendiri, mondar-mandir, dan marah tanpa sebab. Asuhan keperawatan dilakukan pada tanggal 10,11,13,14,15 April 2026 melalui penerapan Strategi Pelaksanaan (SP) 1–4. Hasil evaluasi menunjukkan klien mampu mengenali tanda dan gejala halusinasi, mengontrol halusinasi dengan menghardik, bercakap-cakap dengan orang lain, melakukan aktivitas terjadwal, serta minum obat secara teratur. Kesimpulan studi kasus ini menunjukkan bahwa penerapan Strategi Pelaksanaan efektif membantu klien mengontrol halusinasi pendengaran. Disarankan agar Strategi Pelaksanaan diterapkan secara berkelanjutan untuk mempertahankan kemampuan klien dalam mengontrol halusinasi.

Kata Kunci: Asuhan Keperawatan, Halusinasi Pendengaran, Skizofrenia, Strategi Pelaksanaan, Jiwa

ABSTRACT

Dea Madinah Ananta (2026). Psychiatric Nursing Care for Clients with Schizophrenia and Sensory Perception Disturbance: Auditory Hallucinations at Tampan Mental Hospital Pekanbaru City. Scientific Case Study Paper, Diploma III Nursing Study Program Pekanbaru, Department of Nursing, Health Polytechnic of the Ministry of Health Riau. Supervisor (I) Ns. Idayanti, S.Pd., S.Kep., M.Kes. Supervisor (II) R. Sakhnan, SKM., M.Kes.

Auditory hallucinations are sensory perception disturbances commonly experienced by patients with schizophrenia. Data from Mandau 2 Ward at Tampan Mental Hospital, Pekanbaru City, showed that hallucinations were experienced by 69 clients (45.10%) receiving treatment. This case study aimed to describe psychiatric nursing care for a client with schizophrenia experiencing sensory perception disturbances: auditory hallucinations. The method used was a descriptive case study with a nursing process approach, including assessment, nursing diagnosis, intervention, implementation, and evaluation of one client. Assessment results showed that the client frequently heard whispering voices, talked to himself, wandered around, and became angry without apparent reason. Nursing care was provided on April 10, 11, 13, 14, and 15, 2026 through the implementation of Strategies (SP) 1–4. Evaluation results showed that the client was able to recognize the signs and symptoms of hallucinations, control hallucinations by rebuking them, engage in conversations with others, perform scheduled activities, and take medication regularly. In conclusion, the implementation of the Strategies was effective in helping the client control auditory hallucinations. It is recommended that the Strategies be applied continuously to maintain the client's ability to control hallucinations.

Keywords: Nursing Care, Auditory Hallucinations, Schizophrenia, Implementation Strategy, Mental Health