

ABSTRAK

Sarah Primawati (2026). Asuhan Keperawatan Pada Klien Gagal Jantung Kongestif Dengan Masalah Keperawatan Penurunan Curah Jantung di RSUD Arifin Achmad Provinsi Riau. Karya Tulis Ilmiah Studi Kasus. Program Studi Diploma III Keperawatan, Poltekkes Kemenkes Riau. Pembimbing (I) Ns. Syafrisar Meri Agritubella, M.Kep. (II) Dr. Ns. Dewi Sartika, M.Kep.

Gagal jantung kongestif (Congestive Heart Failure/CHF) merupakan kondisi ketika jantung tidak mampu memompa darah secara efektif untuk memenuhi kebutuhan oksigen dan nutrisi tubuh. Kondisi ini dapat menyebabkan berbagai masalah kesehatan, salah satunya penurunan curah jantung yang ditandai dengan sesak napas, kelelahan, edema, dan intoleransi aktivitas. Karya tulis ilmiah ini bertujuan untuk mendeskripsikan asuhan keperawatan pada klien gagal jantung kongestif dengan masalah keperawatan penurunan curah jantung di RSUD Arifin Achmad Provinsi Riau. . Karya tulis ilmiah ini menggunakan metode studi kasus dengan pendekatan proses keperawatan yang meliputi pengkajian, diagnosis keperawatan, intervensi, implementasi, dan evaluasi. Subjek penelitian adalah klien dengan diagnosis medis gagal jantung kongestif yang mengalami masalah keperawatan penurunan curah jantung. Pengumpulan data dilakukan melalui wawancara, observasi, pemeriksaan fisik, dan studi dokumentasi. Hasil studi menunjukkan bahwa masalah keperawatan penurunan curah jantung dapat diatasi melalui pemberian asuhan keperawatan yang komprehensif sesuai kebutuhan klien. Tindakan keperawatan yang diberikan meliputi pemantauan status hemodinamik, pemantauan tanda dan gejala penurunan curah jantung, pemberian terapi oksigen, pengaturan posisi, edukasi kesehatan, serta kolaborasi dalam pemberian terapi medis. Evaluasi menunjukkan adanya perbaikan kondisi klien yang ditandai dengan berkurangnya keluhan sesak napas, meningkatnya toleransi aktivitas, dan membaiknya status hemodinamik. Asuhan keperawatan yang tepat dan berkesinambungan berperan penting dalam meningkatkan kondisi kesehatan klien dengan gagal jantung kongestif.

Kata Kunci: Gagal Jantung Kongestif, Penurunan Curah Jantung, Asuhan Keperawatan, Congestive Heart Failure.

ABSTRACT

Sarah Primawati (2026). Nursing Care for Clients with Congestive Heart Failure and Nursing Problem of Decreased Cardiac Output at Arifin Achmad Regional General Hospital, Riau Province. Scientific Paper of Case Study. Diploma III Nursing Study Program, Health Polytechnic of the Ministry of Health Riau. Supervisor (I) Ns. Syafrisar Meri Agritubella, M.Kep. (II) Dr. Ns. Dewi Sartika, M.Kep

Congestive Heart Failure (CHF) is a condition in which the heart is unable to pump blood effectively to meet the body's oxygen and nutritional needs. This condition may lead to various health problems, one of which is decreased cardiac output characterized by dyspnea, fatigue, edema, and activity intolerance. This study aimed to describe nursing care for clients with congestive heart failure experiencing decreased cardiac output at Arifin Achmad Regional General Hospital, Riau Province. This study employed a case study method using the nursing process approach, which included assessment, nursing diagnosis, intervention, implementation, and evaluation. The study subject was a client diagnosed with congestive heart failure who experienced the nursing problem of decreased cardiac output. Data were collected through interviews, observation, physical examination, and documentation review. The results of the study indicated that the nursing problem of decreased cardiac output could be managed through comprehensive nursing care tailored to the client's needs. Nursing interventions included monitoring hemodynamic status, monitoring signs and symptoms of decreased cardiac output, administering oxygen therapy, positioning management, health education, and collaboration in medical treatment. The evaluation showed an improvement in the client's condition, as evidenced by reduced dyspnea, increased activity tolerance, and improved hemodynamic status. Appropriate and continuous nursing care plays an important role in improving the health condition of clients with congestive heart failure.

Keywords: Congestive Heart Failure, Decreased Cardiac Output, Nursing Care, Congestive Heart Failure (CHF).