

ABSTRAK

Asuhan Keperawatan Pada Tn. B Dengan Congestive Heart Failure (CHF) Di Ruang Irna A Pria RSUD Kota Dumai. Anisa Rahayu (2026), Program Studi Diploma III Keperawatan, Jurusan Keperawatan, Politeknik Kesehatan Kemenkes Riau. Pembimbing (I) Ns. Usraleli, M.Kep, Pembimbing (II) Ira Oktaviani, S.Farm., Apt., M.Farm.

Congestive Heart Failure (CHF) merupakan kondisi kronis akibat ketidakmampuan jantung memompa darah secara efektif sehingga menyebabkan berbagai gejala seperti sesak napas, mudah lelah, dan jantung berdebar. **Tujuan** dari karya ilmiah studi kasus ini adalah untuk mendeskripsikan penerapan asuhan keperawatan pada pasien CHF di RSUD Kota Dumai. **Metode** yang digunakan adalah penelitian deskriptif studi kasus dengan pendekatan proses keperawatan yang meliputi pengkajian, diagnosis, intervensi, implementasi, dan evaluasi pada satu orang pasien yaitu Tn. B selama 4×24 jam. **Hasil** pengkajian menunjukkan pasien mengalami sesak napas, jantung berdebar, mudah lelah, serta adanya tanda-tanda gangguan fungsi jantung. Diagnosis keperawatan yang ditegakkan yaitu penurunan curah jantung. Intervensi yang diberikan meliputi pemantauan tanda vital, pemberian terapi oksigen, perawatan jantung, pemantauan status hemodinamik, serta edukasi mengenai kepatuhan pengobatan dan pembatasan aktivitas sesuai kondisi pasien. Hasil evaluasi menunjukkan bahwa penurunan curah jantung teratasi sebagian, ditandai dengan adanya perbaikan kondisi klinis pasien. Asuhan keperawatan yang diberikan membantu mengurangi keluhan yang dialami pasien dan mendukung peningkatan kondisi kesehatan pasien. **Disarankan** agar pasien dan keluarga meningkatkan kepatuhan terhadap pengobatan, menerapkan pola hidup sehat, serta melakukan kontrol rutin untuk mencegah kekambuhan dan komplikasi CHF.

Kata Kunci: *Congestive Heart Failure*, Asuhan Keperawatan dan Penurunan Curah Jantung

ABSTRACT

Nursing Care for Mr. B With Congestive Heart Failure (CHF) in the Male IRNA A Ward of Dumai Regional General Hospital. Anisa Rahayu (2026), Diploma III Nursing Study Program, Department of Nursing, Health Polytechnic of the Ministry of Health Riau. Supervisors (I) Ns. Usraleli, M.Kep, Supervisors (II) Ira Oktaviani, S.Farm., Apt., M.Farm.

Congestive Heart Failure (CHF) is a chronic condition caused by the inability of the heart to pump blood effectively, resulting in symptoms such as shortness of breath, fatigue, and palpitations. **The purpose** of this scientific case study was to describe the implementation of nursing care for a patient with CHF at Dumai Regional General Hospital. **The method** used was a descriptive case study with a nursing process approach, including assessment, nursing diagnosis, intervention, implementation, and evaluation conducted on one patient, Mr. B, over a period of 4×24 hours. **The assessment** results showed that the patient experienced shortness of breath, palpitations, fatigue, and signs of impaired cardiac function. The nursing diagnosis established was decreased cardiac output. The interventions provided included vital sign monitoring, oxygen therapy, cardiac care, hemodynamic status monitoring, and education regarding medication adherence and activity limitation according to the patient's condition. The evaluation results indicated that the decreased cardiac output was partially resolved, as evidenced by improvements in the patient's clinical condition. The nursing care provided helped reduce the patient's complaints and supported the improvement of the patient's health status. Patients and their families are advised to adhere to treatment, maintain a healthy lifestyle, and attend regular follow-up visits to prevent recurrence and complications of CHF.

Keywords: Congestive Heart Failure, Nursing Care and Decreased Cardiac Output,