

ABSTRAK

Naswa Yolanda Sari (2026). *Asuhan Keperawatan Jiwa Pada Klien Skizofrenia Dengan Masalah Keperawatan Risiko Perilaku Kekerasan Di Rumah Sakit Jiwa Tampan Provinsi Riau*. Karya Tulis Ilmiah Studi Kasus, Program Studi DIII Keperawatan, Jurusan Keperawatan, Politeknik Kesehatan Kemenkes Riau. Pembimbing (I) Ns. Masnun, SST., S.Kep., M.Biomed. (II) Ns. Sari Anggela, M.Kep, Sp.Kep.A.

Risiko perilaku kekerasan merupakan respon maladaptif yang dapat membahayakan diri sendiri, orang lain, maupun lingkungan. Masalah ini sering ditemukan pada pasien gangguan jiwa dan memerlukan penanganan melalui asuhan keperawatan yang tepat. Tujuan karya tulis ilmiah ini adalah menggambarkan asuhan keperawatan jiwa pada Tn. A dengan masalah keperawatan risiko perilaku kekerasan di Rumah Sakit Jiwa Tampan Provinsi Riau. Metode yang digunakan adalah studi kasus deskriptif dengan pendekatan proses keperawatan yang meliputi pengkajian, diagnosis keperawatan, intervensi, implementasi, dan evaluasi. Pengkajian dilakukan pada tanggal 10 April sampai 15 April 2026. Hasil pengkajian menunjukkan bahwa pasien masuk rumah sakit karena memukul warga, mengejar warga menggunakan senjata tajam, sering keluyuran, berbicara sendiri, gelisah, dan mengalami gangguan tidur. Diagnosis keperawatan yang ditegakkan adalah risiko perilaku kekerasan. Implementasi dilakukan menggunakan Strategi Pelaksanaan (SP) 1 sampai SP 5 berupa latihan napas dalam, memukul bantal, komunikasi asertif, kegiatan spiritual, dan kepatuhan minum obat. Hasil evaluasi menunjukkan pasien mampu mengenali penyebab kemarahan, mengontrol emosi, melakukan teknik yang diajarkan, serta tidak menunjukkan perilaku agresif selama perawatan. Kesimpulan studi kasus masalah keperawatan teratasi sebagian menunjukkan bahwa penerapan Strategi Pelaksanaan SP 1–5 efektif meningkatkan kemampuan kontrol diri pasien dan menurunkan risiko perilaku kekerasan. Disarankan kepada keluarga dalam mendukung proses pemulihan pasien di rumah secara optimal dan berkesinambungan.

Kata Kunci : Asuhan Keperawatan Jiwa, Risiko Perilaku Kekerasan, Skizofrenia, Strategi Pelaksanaan

ABSTRACT

Naswa Yolanda Sari (2026). *Psychiatric Nursing Care for a Client with Schizophrenia and Risk for Violent Behavior at Tampan Mental Hospital, Riau Province. Scientific Case Study Report, Diploma III Nursing Program, Department of Nursing, Health Polytechnic of the Ministry of Health Riau*. Supervisor (1) Ns. Masnun, SST., S.Kep., M.Biomed. (II) Ns. Sari Anggela, M.Kep, Sp.Kep.A.

Risk for violent behavior is a maladaptive may endanger the individual, other people, and the surrounding environment. This problem is commonly found among patients with mental disorders and requires appropriate psychiatric nursing care. The purpose of this case study was to describe psychiatric nursing care for Mr. A with the nursing problem of risk for violent behavior at Tampan Mental Hospital, Riau Province. The method used was a descriptive case study applying the nursing process, including assessment, nursing diagnosis, intervention, implementation, and evaluation. The assessment was conducted from April 10 to April 15, 2026. The findings showed that the patient was admitted to the hospital after assaulting residents, chasing people with a sharp weapon, wandering frequently, talking to himself, appearing restless, and experiencing sleep disturbances. The nursing diagnosis established was risk for violent behavior. Nursing interventions were implemented through Implementation Strategies (SP) 1 to SP 5, including deep breathing exercises, pillow-hitting techniques, assertive communication, spiritual activities, and medication adherence. Evaluation results showed that the patient was able to identify anger triggers, control emotions, practice the taught techniques, and did not exhibit aggressive behavior during treatment. The study concluded that the nursing problem was partially resolved.

Keywords: Implementation Strategy, Risk for Violent Behavior, Schizophrenia, Psychiatric Nursing Care