

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
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**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. M DI TEMPAT
PRAKTIK MANDIRI BIDAN (TPMB) ROSITA KOTA PEKANBARU**

xiii, 119 halaman, 7 tabel, 11 lampiran

ABSTRAK

Salah satu upaya menurunkan Angka Kematian Ibu dan Angka Kematian adalah melalui penerapan *Continuity of Midwifery Care* (CoMC), yaitu asuhan kebidanan yang diberikan secara berkesinambungan mulai dari masa kehamilan, persalinan, nifas, neonatus. Studi kasus ini bertujuan memberikan asuhan kebidanan komprehensif pada Ny. M usia 38 tahun G3P2A0H2 dengan pendokumentasian metode SOAP. Asuhan dilaksanakan pada November 2025–Januari 2026 di TPMB Rosita Kota Pekanbaru, meliputi 3 kali asuhan kehamilan, 4 kali asuhan nifas, dan 3 kali asuhan neonatus. Pada usia kehamilan 36 minggu 4 hari ibu mengalami nyeri pinggang, diberikan asuhan kompres hangat dan masalah teratasi. Pada persalinan ibu datang pada usia kehamilan 38 minggu, Ketuban Pecah pada pembukaan 2 cm dan tidak ada kemajuan persalinan. Dilakukan kolaborasi dengan dokter dan *advice* dokter lakukan rujukan ke rumah sakit untuk tindakan *Sectio Caesarea* (SC). Bayi lahir perempuan dengan berat badan 3.200 gram dan panjang badan 49 cm dalam keadaan baik. Asuhan nifas meliputi edukasi perawatan luka dan nyeri pasca SC, luka kering dan tidak ada tanda- tanda infeksi dihari ke-14, konseling KB, dan ibu calon akseptor KB suntik 3 bulan. Asuhan neonatus meliputi perawatan tali pusat, pijat bayi, dan edukasi ASI eksklusif. Tali pusat puput pada hari ke-6 dan berat badan bayi meningkat 600 gram pada usia ke-28 hari. Disarankan setiap tenaga kesehatan khususnya bidan melalui asuhan kebidanan komprehensif dan berkesinambungan mulai dari hamil, persalinan, nifas, neonatus untuk meningkatkan kesehatan ibu dan bayi.

Kata Kunci : Asuhan Kebidanan Komprehensif, Kehamilan, Persalinan, Nifas dan Neonatus

Daftar Bacaan: 57 Referensi (2015-2025)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
STUDY PROGRAM D III MIDWIFERY**

**FINAL PROJECT REPORT, JUNE 2026
ALMA FEBRIANI**

**COMPREHENSIVE OBSTETRIC CARE AT MRS. M IN THE
INDEPENDENT PRACTICE OF MIDWIVES (TPMB) ROSITA
PEKANBARU CITY**

xiii, 119 pages, 7 tables, 11 appendices

ABSTRACT

One of the efforts to reduce the Maternal Mortality Rate and Mortality Rate is through the implementation of *Continuity of Midwifery Care* (CoMC), which is midwifery care that is provided continuously starting from pregnancy, childbirth, postpartum and neonatal. This case study aims to provide comprehensive obstetric care to Mrs. M at the age of 38 years G3P2A0H2 by documenting the SOAP method. The care was carried out in November 2025-January 2026 at TPMB Rosita Pekanbaru City, including 3 pregnancy care, 4 postpartum care, and 3 neonatal care. At 36 weeks and 4 days of gestation, the mother experienced low back pain, was given warm compress care and the problem was solved. In childbirth, the mother comes at 38 weeks of gestation, the amniotic membrane ruptures at an opening of 2 cm and there is no progress in labor. Collaboration with doctors and *advice* doctors make referrals to hospitals for *Sectio Caesarea* (SC) procedures. The baby was born a girl with a body weight of 3,200 grams and a body length of 49 cm in good condition. Postpartum care includes education on wound and pain care after SC, dry wounds and no signs of infection on the 14th day, family planning counseling, and mothers who are acceptors of injectable birth control for 3 months. Neonatal care includes umbilical cord care, infant massage, and exclusive breastfeeding education. The umbilical cord is pupus on the 6th day and the baby's weight increases by 600 grams at the age of 28 days. It is recommended that every health worker, especially midwives, through comprehensive and continuous midwifery care starting from pregnancy, childbirth, postpartum and neonatus to improve maternal and baby health.

Keywords: Comprehensive Midwifery Care, Pregnancy, Childbirth, Postpartum and Neonatal Care

Reading List: 57 References (2015-2025)