

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2026
NURHAFIZAH**

**ASUHAN KEBIDANAN KOMPREHENSIF NY. L DI TPMB ERMA
SURIANTI KOTA PEKANBARU TAHUN 2026**

xi ± 156 Halaman, 8 Tabel, 11 Lampiran

ABSTRAK

Tingginya Angka Kematian Ibu (AKI) dan Angka Kematian Bayi (AKB) di Indonesia menjadi indikator utama derajat kesehatan masyarakat. AKI mengalami penurunan, namun belum mencapai target SDGs. *Continuity of Midwifery Care* (CoMC) merupakan salah satu model asuhan kebidanan yang komprehensif dan berkesinambungan mulai dari kehamilan, persalinan, nifas dan neonatus. Studi kasus ini bertujuan untuk memberikan asuhan kebidanan secara komprehensif dan berkesinambungan pada Ny. L G₂P₁A₀H₁ dimulai dari kehamilan trimester III, persalinan, nifas dan neonatus di TPMB Erma Surianti, kota Pekanbaru. Asuhan yang diberikan sesuai standar asuhan kebidanan dengan metode SOAP. Pelaksanaan asuhan dimulai dari Desember 2025 - Maret 2026. Pada masa kehamilan trimester III dilakukan 4 kali asuhan, 1 kali asuhan saat persalinan, 4 kali asuhan saat nifas, dan 3 kali asuhan saat neonatus. Pada masa kehamilan masalah yang dialami oleh Ny. L adalah anemia sedang. Asuhan yang diberikan adalah pemberian tablet tambah darah 2x (60 mg), memberikan edukasi nutrisi sehingga masalah tersebut dapat diatasi. Asuhan persalinan dilakukan sesuai standar APN. Bayi lahir spontan, jenis kelamin laki-laki, berat badan 2600 gram, panjang badan 48 cm, dan plasenta lahir lengkap dalam waktu 7 menit. Asuhan pada masa nifas diberikan pijat oksitosin, perawatan payudara, sehingga ASI lancar. Ibu menjadi akseptor KB suntik 3 bulan. Pada kunjungan neonatus dilakukan pijat bayi, diberikan edukasi teknik menyusui yang benar dan bayi mendapatkan ASI saja. Pada hari ke 15 berat badan bayi terjadi peningkatan sebanyak 600 gram. Diharapkan bidan dapat melakukan asuhan kebidanan secara berkesinambungan dan berkelanjutan dimulai dari masa kehamilan, persalinan, nifas, dan neonatus.

Kata Kunci: *Asuhan Kebidanan Komprehensif, kehamilan, bersalin, nifas, neonatus*

Referensi: 69 referensi (2016-2025)

**MINISTRY OF HEALTH REPUBLIC INDONESIA
RIAU MINISTRY OF HEALTH POLYTECHNIC
STUDI PROGRAM DIII MIDWIFERY**

**FINAL PROJECT REPORT, MEI 2026
NURHAFIZAH**

**COMPREHENSIVE MIDWIFERY CARE FOR NY. L AT TPMB ERMA
SURIANTI, PEKANBARU CITY IN 2026**

xi ± 156 Pages, 8 Tables, 11 Appendices

ABSTRACT

The high Maternal Mortality Rate (MMR) and Infant Mortality Rate (IMR) in Indonesia serve as primary indicators of the public health status. Although MMR has decreased, it has not yet achieved the SDGs targets. Continuity of Midwifery Care (CoMC) is a comprehensive and continuous midwifery care model spanning from pregnancy, labor, postpartum, to the neonatal period. This case study aims to provide comprehensive and continuous midwifery care for Mrs. L, a G2P1A0H1 woman, starting from the third trimester of pregnancy, labor, postpartum, and neonate at TPMB Erma Surianti, Pekanbaru. The care provided adhered to midwifery care standards utilizing the SOAP method. The implementation of care took place from December 2025 to March 2026. During the third trimester of pregnancy, 4 care sessions were conducted, followed by 1 session during labor, 4 sessions during the postpartum period, and 3 sessions for the neonate. During pregnancy, the issue experienced by Mrs. L was moderate anemia. The intervention provided included administering iron supplements (2x 60 mg) and offering nutritional education, which successfully resolved the issue. Labor care was performed in accordance with the Normal Labor Care (APN) standards. The baby was born spontaneously, male, weighing 2600 grams, with a body length of 48 cm, and the placenta was delivered complete within 7 minutes. During the postpartum period, oxytocin massage and breast care were provided, resulting in smooth breast milk production. The mother became a 3-month injectable contraceptive acceptor. During neonatal visits, infant massage was performed, education on proper breastfeeding techniques was provided, and the baby received exclusive breastfeeding. On the 15th day, the baby's weight increased by 600 grams. It is expected that midwives can implement continuous and sustainable midwifery care starting from pregnancy, labor, postpartum, through to the neonatal.

Keywords: *Comprehensive midwifery care, pregnancy, childbirth, postpartum, neonates*

References: 69 reference (2016-2025)