

ABSTRAK

Asuhan Keperawatan Lansia Stroke Non Hemoragik dengan Gangguan Komunikasi Verbal di Wilayah Kerja UPTD Puskesmas Pekan Heran

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Stroke non-hemoragik adalah stroke yang terjadi akibat penyumbatan pembuluh darah, yang menyebabkan terhentinya aliran darah ke otak sebagian atau seluruhnya. Stroke merupakan gangguan neurologis mendadak akibat terganggunya aliran darah ke otak yang dapat mengakibatkan kecacatan permanen. Kasus stroke non hemoragik di wilayah puskesmas pekan heran terus mengalami peningkatan dari tahun 2025 berjumlah 11 orang dan tahun 2026 berjumlah 12 orang. Masalah keperawatan yang sering ditemukan pada lansia stroke non hemoragik yaitu gangguan berbicara yang dapat menyebabkan lansia kesulitan dalam mengucapkan kata-kata. Tujuan penelitian ini adalah mendeskripsikan asuhan keperawatan lansia stroke non hemoragik dengan gangguan komunikasi verbal di wilayah kerja UPTD Puskesmas pekan heran. Penelitian ini menggunakan metode wawancara, observasi dan dokumentasi yang dimulai melalui proses keperawatan dari pengkajian, diagnosis keperawatan, Intervensi keperawatan, Implementasi keperawatan dan evaluasi keperawatan. Hasil penelitian ini didapatkan setelah dilakukan intervensi keperawatan selama 6 kali kunjungan gangguan komunikasi verbal, namun intervensi keperawatan untuk mengatasi gangguan komunikasi verbal tetap di lanjutkan oleh keluarganya. Saran untuk subjek agar meningkatkan latihan berbicara dengan apa yang sudah di ajarkan sehingga komunikasi dapat mengalami peningkatan yang diinginkan.

Kata Kunci: Asuhan Keperawatan Lansia, Stroke Non Hemoragik, Gangguan Komunikasi Verbal

ABSTRACT

Gerontological Nursing Care for Non-Hemorrhagic Stroke Patients with Impaired Verbal Communication in the Working Area of UPTD Pekan Heran Community Health Center

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Non-hemorrhagic stroke is a type of stroke caused by blockage of a blood vessel, resulting in partial or complete interruption of blood flow to the brain. Stroke is a sudden neurological disorder caused by impaired blood flow to the brain, which can result in permanent disability. The number of non-hemorrhagic stroke cases in the working area of Pekan Heran Community Health Center has continued to increase, from 11 cases in 2025 to 12 cases in 2026. One of the nursing problems frequently found in elderly patients with non-hemorrhagic stroke is impaired speech, which can cause difficulty in articulating words. The purpose of this study was to describe gerontological nursing care for elderly patients with non-hemorrhagic stroke experiencing impaired verbal communication in the working area of UPTD Pekan Heran Community Health Center. This study used interviews, observation, and documentation as data collection methods and was conducted through the nursing process, including assessment, nursing diagnosis, nursing intervention, nursing implementation, and nursing evaluation. The results showed that after nursing interventions were provided during six visits, the patient's impaired verbal communication remained present; however, the nursing interventions to address impaired verbal communication were continued by the family. It is recommended that the subject increase speech exercises by practicing the techniques that have been taught so that communication skills can improve as expected.

Keywords: Gerontological Nursing Care, Non-Hemorrhagic Stroke, Impaired Verbal Communication