

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2026
SYIFA NAURA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. P DI TEMPAT
PRAKTIK MANDIRI BIDAN (TPMB) ROSITA KOTA PEKANBARU**

xii + 134 Halaman, 4 Tabel, 10 Lampiran

ABSTRAK

Program Kesehatan Ibu dan Anak (KIA) menjadi prioritas utama dalam pembangunan kesehatan di Indonesia. Transformasi layanan primer dilakukan secara promotif dan preventif untuk meningkatkan mutu serta kesinambungan pelayanan. Salah satu upayanya adalah penerapan metode *Continuity of Midwifery Care (CoMC)*. Studi kasus ini bertujuan untuk memberikan Asuhan Kebidanan Komprehensif dari kehamilan trimester III, persalinan, nifas, dan neonatus dengan pendokumentasian SOAP pada Ny. P di PMB Rosita Kota Pekanbaru. Asuhan kebidanan dimulai dari 15 November 2025–15 Januari 2026. Pada masa kehamilan dilakukan sebanyak 3 kali kunjungan, nifas 3 kali kunjungan, dan neonatus 2 kali kunjungan. Asuhan kehamilan pada Ny. P G1P0A0H0 ditemukan keluhan ibu nyeri pinggang. Asuhan yang diberikan yaitu senam hamil, setelah diberikan asuhan senam hamil keluhan nyeri pinggang pada Ny. P dapat teratasi. Pada proses persalinan Ny. P tidak mengalami kemajuan persalinan sehingga dilakukan rujukan dengan indikasi KPD. Saat pemantauan kala 1 dilakukan asuhan pijat oksitosin yang dapat membantu mengurangi nyeri persalinan. Pada masa nifas dilakukan asuhan pijat payudara dan perawatan luka *post SC*, ditemukan hasil pengeluaran ASI lancar dengan pijat payudara. Ny. P berencana menggunakan KB suntik 3 bulan (progestin). Asuhan neonatus yang diberikan adalah perawatan bayi sehari-hari, perawatan tali pusat, dan pijat bayi. Terjadi kenaikan BB pada hari ke-26 sebanyak 600 gram. Diharapkan bagi bidan dapat mempertahankan pelayanan asuhan secara menyeluruh sehingga dapat mendeteksi dan mencegah komplikasi terutama saat masa kehamilan, persalinan, nifas, bayi baru lahir, serta keluarga berencana.

Kata kunci : Asuhan kebidanan, *Continuity of Midwifery Care*, Kehamilan, Persalinan, Nifas, Neonatus

Referensi : 69 Referensi (2015-2025)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU MINISTRY OF HEALTH POLYTECHNIC
DIII MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, MEI 2026
SYIFA NAURA**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. P AT THE
INDEPENDENT MIDWIFE PRACTICE (TPMB) ROSITA IN PEKANBARU
CITY**

xii + 134 Pages, 4 Tables, 10 Attachments

ABSTRACT

The Maternal and Child Health (MCH) Program is a top priority in health development in Indonesia. The transformation of primary healthcare services is carried out through promotive and preventive approaches to improve the quality and continuity of healthcare services. One of these efforts is the implementation of the Continuity of Midwifery Care (CoMC) method. This case study aimed to provide Comprehensive Midwifery Care during the third trimester of pregnancy, childbirth, the postpartum period, and the neonatal period, with SOAP documentation for Mrs. P at PMB Rosita, Pekanbaru City. The midwifery care was conducted from November 15, 2025, to January 15, 2026. During pregnancy, 3 antenatal visits were conducted, followed by 3 postpartum visits and 2 neonatal visits. During pregnancy, Mrs. P (G1P0A0H0) complained of lower back pain. The care provided included pregnancy exercises, and after the intervention, Mrs. P's lower back pain was resolved. During labor, Mrs. P did not experience labor progress; therefore, she was referred with the indication of Premature Rupture of Membranes (PROM). During the monitoring of the first stage of labor, oxytocin massage was provided to help reduce labor pain. During the postpartum period, breast massage and post-caesarean section wound care were provided, and the result showed smooth breast milk production following the breast massage. Mrs. P planned to use the three-month injectable contraceptive (progestin). The neonatal care provided included daily newborn care, umbilical cord care, and infant massage. The infant's body weight increased by 600 grams on the 26th day. It is expected that midwives will continue to provide comprehensive midwifery care in order to detect and prevent complications, especially during pregnancy, childbirth, the postpartum period, the neonatal period, and family planning.

Keywords: Midwifery care, Continuity of Midwifery Care, Pregnancy, Childbirth, Postpartum, Neonate

References: 69 References (2015–2025)