

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
JURUSAN KEBIDANAN
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2026
SYAFRAHMITA YUNIAR PUTRI**

**ASUHAN KOMPREHENSIF PADA NY. E DI KLINIK TAMAN SARI 4
KOTA PEKANBARU**

xiv± 110 Halaman, 9 Tabel, 9 Lampiran

ABSTRAK

Upaya yang dapat dilakukan untuk menurunkan AKI dan AKB di Indonesia adalah dengan pelayanan yang berkualitas. Studi kasus ini bertujuan untuk melaksanakan asuhan kebidanan secara menyeluruh dan berkesinambungan kepada Ny. E G3P2A0H2 mulai dari masa kehamilan, persalinan, nifas, hingga neonatus di Klinik Pratama Taman Sari 4 Kota Pekanbaru. Asuhan kebidanan dilaksanakan melalui pendekatan manajemen kebidanan. Asuhan dimulai pada usia kehamilan 35 minggu dari Desember 2025 sampai Maret 2026. Asuhan kehamilan dilakukan sebanyak 3 kali, persalinan 1 kali, nifas 4 kali dan neonatus 3 kali. Selama masa kehamilan terdapat masalah yaitu nyeri perut bagian bawah dan sulit tidur pada malam hari, masalah tersebut dilakukan penatalaksanaan yaitu tidur miring ke kiri disanggah menggunakan bantal, kompres air hangat dan senam hamil. Persalinan berlangsung pada usia kehamilan 39 minggu dan pertolongan dilakukan sesuai standar Asuhan Persalinan Normal (APN). Bayi lahir spontan, menangis kuat, pergerakan aktif, jenis kelamin perempuan, berat badan 3.800 gram, panjang badan 50 cm. Inisiasi Menyusui Dini (IMD) berhasil pada menit ke 30. Pada masa nifas diberikan edukasi perawatan luka perineum, mobilisasi dini, teknik menyusui tanda bahaya nifas dan edukasi keluarga berencana. Pada neonatus diberikan asuhan perawatan tali pusat, memandikan bayi, teknik menyusui, pijat bayi dan edukasi mengenai ASI Eksklusif. Diakhir masa asuhan bayi dalam keadaan sehat dan mengalami kenaikan BB pada hari ke 28 sebanyak 1000 gram. Diharapkan kepada tenaga kesehatan untuk meningkatkan kualitas pelayanan kebidanan yang komprehensif sesuai standar kebidanan.

Kata Kunci : ***Asuhan Kebidanan Komprehensif Kehamilan, Persalinan, Nifas, Neonatus***

Referensi : 47 Referensi (2015-2025)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA HEALTH
POLYTECHNIC OF, RIAU
MIDWIFERY DEPARTMENT
DIII MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, MAY 2026
SYAFRAHMITA YUNIAR PUTRI**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. "E" AT THE
CLINIC TAMAN SARI 4 PEKANBARU CITY IN**

xiv± 110 pages , 9 Tables, 9 Appendices

ABSTRACT

Efforts that can be made to reduce maternal and infant mortality rates in Indonesia involve providing quality care. This case study aims to carry out comprehensive and continuous midwifery care for Mrs. E, G3P2A0H2, starting from pregnancy, labor, postpartum, to neonate care at the Taman Sari 4 Primary Clinic in Pekanbaru. Midwifery care is carried out using a midwifery management approach. Care started at 35 weeks of pregnancy from December 2025 to March 2026. Pregnancy care was done 3 times, labor care once, postpartum care 4 times, and neonate care 3 times. During pregnancy, there were issues such as lower abdominal pain and difficulty sleeping at night. These issues were managed by sleeping on the left side with pillows for support, warm water compresses, and prenatal exercises. Labor occurred at 39 weeks of pregnancy, and assistance was provided according to the Normal Delivery Care (APN) standard. The baby was born spontaneously and cried strongly. The baby was active, female, weighing 3,800 grams, with a body length of 50 cm. Early Initiation of Breastfeeding (EIB) was successful at 30 minutes. During the postpartum period, education was given on perineal wound care, early mobilization, breastfeeding techniques, danger signs of postpartum, and family planning. For the newborn, care was provided for the umbilical cord, baby bathing, breastfeeding techniques, infant massage, and education on exclusive breastfeeding. At the end of the care period, the baby was healthy and had gained 1,000 grams by day 28. Health workers are expected to improve the quality of comprehensive midwifery services according to midwifery standards.

Keyword : *Asuhan Kebidanan Komprehensif Kehamilan, Persalinan, Nifas, Neonatus*

References : 47 References (2015-2025)